

F.A.S.T. Formation Training Record (Version 2.2 NOV 2008)			
Student:		A/C Type:	
		Sortie #	
		Date	
Number of A/C in flight	Student's position in flight		
Mission planning (<i>Flight Leader</i>)			
Briefing			
Start			
Taxi / run up			
Takeoff, departure:			
--Element takeoff			
--Single-ship, interval takeoff			
--Rejoin after takeoff			
Station keeping/lazy eights (<i>up to $\pm 20^\circ$ pitch & up to 45° bank</i>)			
Cross-under			
Echelon turn (<i>up to 45° bank</i>)			
Route position			
Diamond (<i>up to $\pm 20^\circ$ pitch & up to 45° bank</i>)			
Close trail (<i>up to $\pm 20^\circ$ pitch & up to 45° bank</i>)			
Extended trail (<i>up to 90° of bank</i>)			
Lead change			
Pitchout and rejoin			
Under run (<i>overshoot</i>)			
Simulated emergencies/abnormals:			
--Knock it off			
--Break out			
--Lost sight			
Traffic patterns:			
--Overhead 360° traffic patterns			
--Element landing (<i>nose wheel</i>)			
--Element go-around			
Post-flight taxi/shut down			
Communication (<i>radio/visual</i>)			
General lead airmanship (<i>Flight Leader</i>)			
Debriefing			
Instructional ability (<i>Flight Leader</i>)			
Instructor's initials			
D= Instructor Demonstrated X= Student Performed S= Safe P= Proficient			