



Training for Healthcare personnel



Empathic listening training

2 days or
depending on
your needs

The training we offer will enable you to acquire the necessary listening techniques so that your interlocutor feels better heard and better understood.

These techniques improve the fluidity of the relationship and thus allow for a faster resolution.

Active, non-directive listening allows the listener to feel less overwhelmed and powerless in the face of the other person's suffering.

Delivery method :

This training program is based on Rogerian theory of non-directiveness, Colette Portelance's Non-Directive Approach, and Marshall Rosenberg's Non Violent Communication.

It alternates between theoretical lectures, group work, and individual exercises.

Practice Analysis (PA)

2 days or
depending on your needs

Anyone working in the medical field or in a caregiving role should have the opportunity to share their experiences in a safe and trusting environment.

We offer regular meetings to discuss work-related issues. The PA we offer is primarily focused on the caregiver and their experiences.

The PA process helps caregivers identify their experiences with the people they support in order to avoid countertransference.

Group size: Maximum 10 people. 2 hours per quarter.

Individual supervision is also available. Please inquire for details.

3-hour or 1-
day
workshop

Team Building

Find the positive and winning energy you need!

"Useful" laughter is a new approach to management in business.

Discover the tools to energize positivity, awaken motivation and boost good mood.

- *Improve personal and professional performance.*
- *Boost confidence, teamwork, and job satisfaction.*
- *Foster creativity and a sense of humor in the workplace.*
- *Facilitate communication and improve internal and external relationships.*
- *Reduce and alleviate symptoms of stress and anxiety.*
- *Decrease absenteeism and burnout rates.*
- *Enhance customer service and revitalize enthusiasm.*
- *involvement and motivation.*

Prices, conditions and schedules are available on the website: www.atmaformations.com