



Draft Structure for Pilot INWELL Courses

Mapping Inclusion, Well-being, and Affect to Learning
Outcomes, Teaching Methods, and Assessments

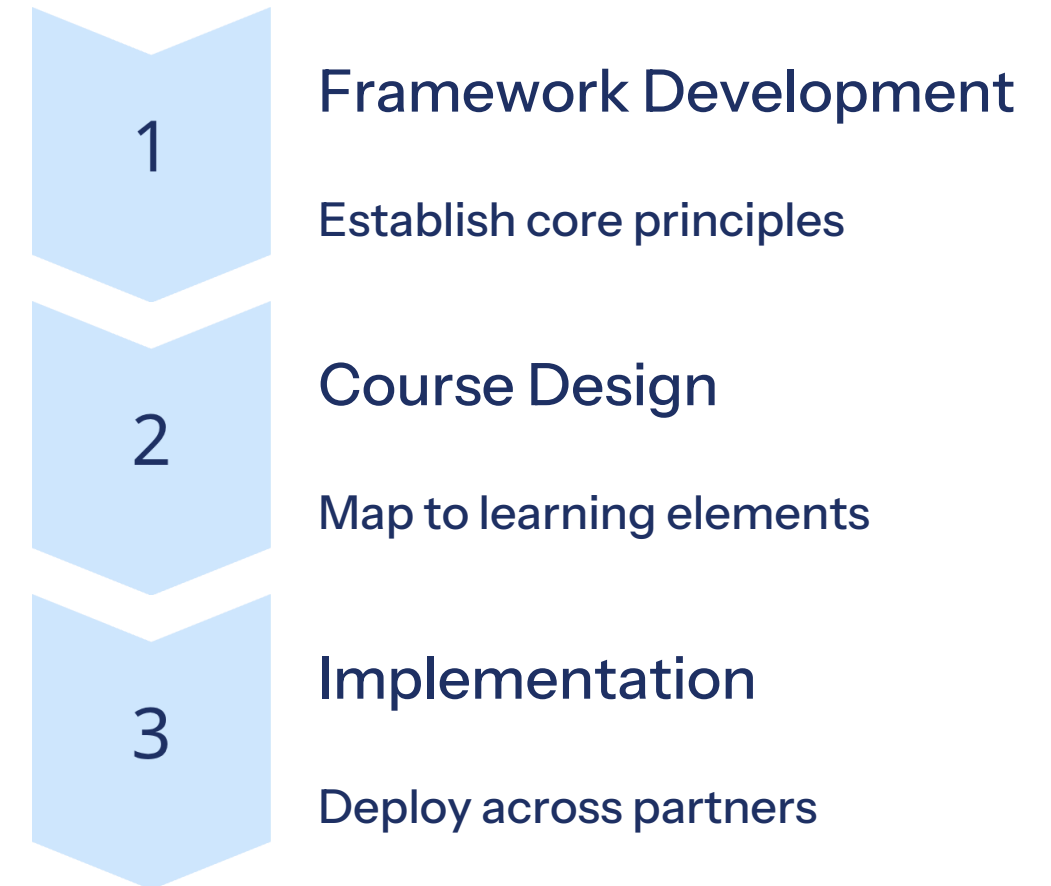


Purpose of the Draft Structure



This framework provides a comprehensive prototype outline designed specifically for the forthcoming CIVIS pilot phase. It systematically maps the three INWELL pillars—Inclusion, Well-being, and Affect—to concrete, actionable course elements that can be implemented across partner universities.

The structure serves as a foundation for both implementation and rigorous evaluation, ensuring consistency while allowing flexibility for institutional contexts. It bridges theoretical frameworks with practical teaching applications.



The INWELL Pillars in Pilot Courses

The INWELL framework is built upon three interconnected pillars that work synergistically to create transformative learning environments. Each pillar addresses critical dimensions of the contemporary higher education experience.

Inclusion

Ensuring equitable participation, access, and representation for all students regardless of background, identity, or circumstance. Creates learning spaces where every voice matters.

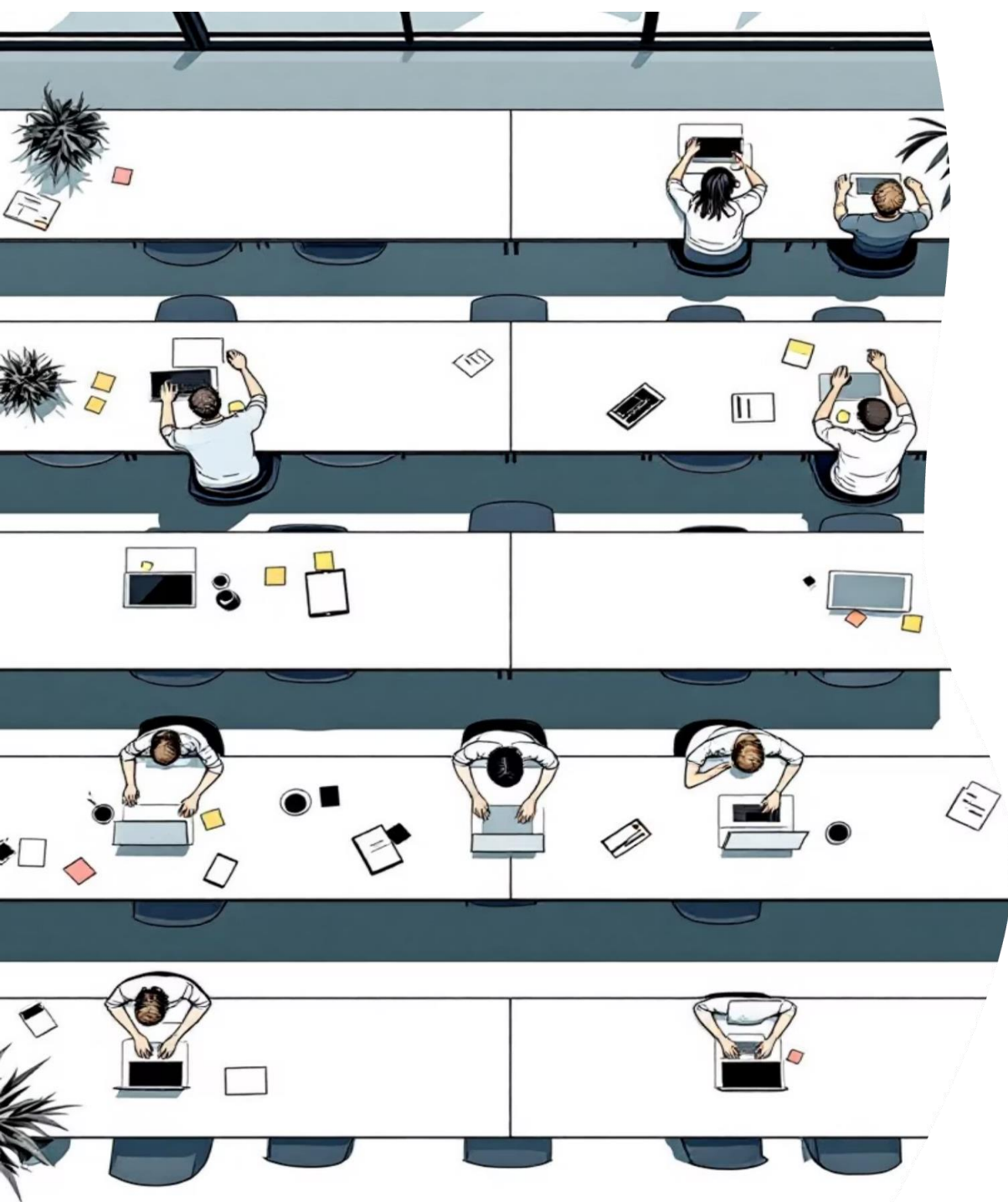


Well-being

Supporting student resilience, mental health, and emotional engagement throughout the learning journey. Addresses both academic and personal dimensions of student success.

Affect

Promoting social and emotional learning within academic settings. Develops students' ability to understand, manage, and express emotions in educational contexts.



Connecting Pillars to Learning Outcomes

Each INWELL pillar translates into specific, measurable learning outcomes that span cognitive, emotional, and social domains. This alignment ensures that course objectives directly support the development of knowledge, skills, and attitudes essential for 21st-century learners.

1

Align Pillars to Objectives

Map each pillar to specific cognitive, emotional, and social learning objectives that reflect institutional priorities and student needs.

2

Define Measurable Outcomes

Establish clear, assessable outcomes for knowledge acquisition, skill development, and attitudinal shifts that students will demonstrate.

3

Ensure Framework Consistency

Maintain alignment with the CIVIS micro-credential framework to guarantee recognition and transferability across partner institutions.



Integrating Pillars into Teaching Methods

Student-Centered Approaches

The pilot courses employ evidence-based teaching methodologies that actively engage students and honor diverse learning styles:

- **Active learning strategies** that position students as co-creators of knowledge
- **Collaborative activities** promoting peer-to-peer learning and community building
- **Culturally responsive pedagogy** acknowledging diverse backgrounds and perspectives
- **Reflection and metacognition** developing self-awareness and critical thinking



Interactive Discussions

Facilitated dialogues and small-group exchanges



Digital Collaboration

Technology-enabled synchronous and asynchronous activities



Experiential Learning

Real-world applications and project-based work

Assessment Aligned with INWELL Pillars



Assessment strategies are carefully designed to evaluate student progress across all three pillars while providing actionable feedback that supports ongoing growth and development.



Formative Assessment

Regular check-ins, quizzes, and informal feedback mechanisms that guide learning in real-time and allow for course corrections.



Summative Evaluation

Projects, presentations, portfolios, and examinations that comprehensively measure achievement of learning outcomes.



Holistic Rubrics

Evaluation criteria specifically designed to assess inclusion practices, well-being support, and affective engagement dimensions.



Peer & Self-Assessment

Structured opportunities for reflection, peer review, and collaborative evaluation that develop metacognitive skills.

Sample Pilot Course Structure

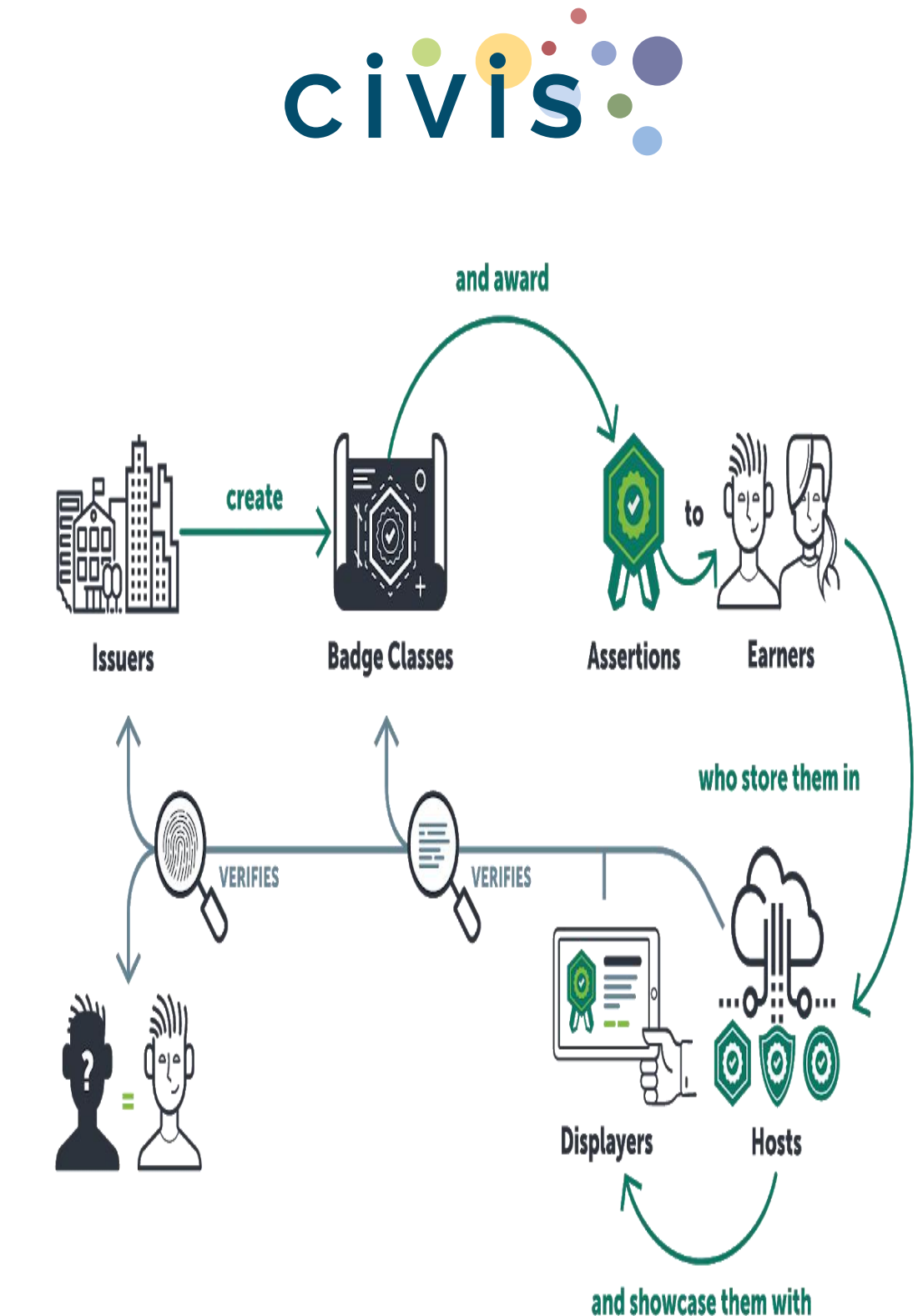
The pilot courses follow a flexible modular design that enables customization while maintaining alignment with the INWELL framework. Each module functions as a self-contained learning unit that can be combined or adapted based on institutional needs and student populations.

01 Modular Architecture

Micro-credential courses divided into discrete modules, each 2-4 weeks in duration, allowing for flexible scheduling and stackable credentials.

02 Pillar Integration

Each module explicitly addresses one or more INWELL pillars through targeted content, activities, and assessments with clear mapping documentation.



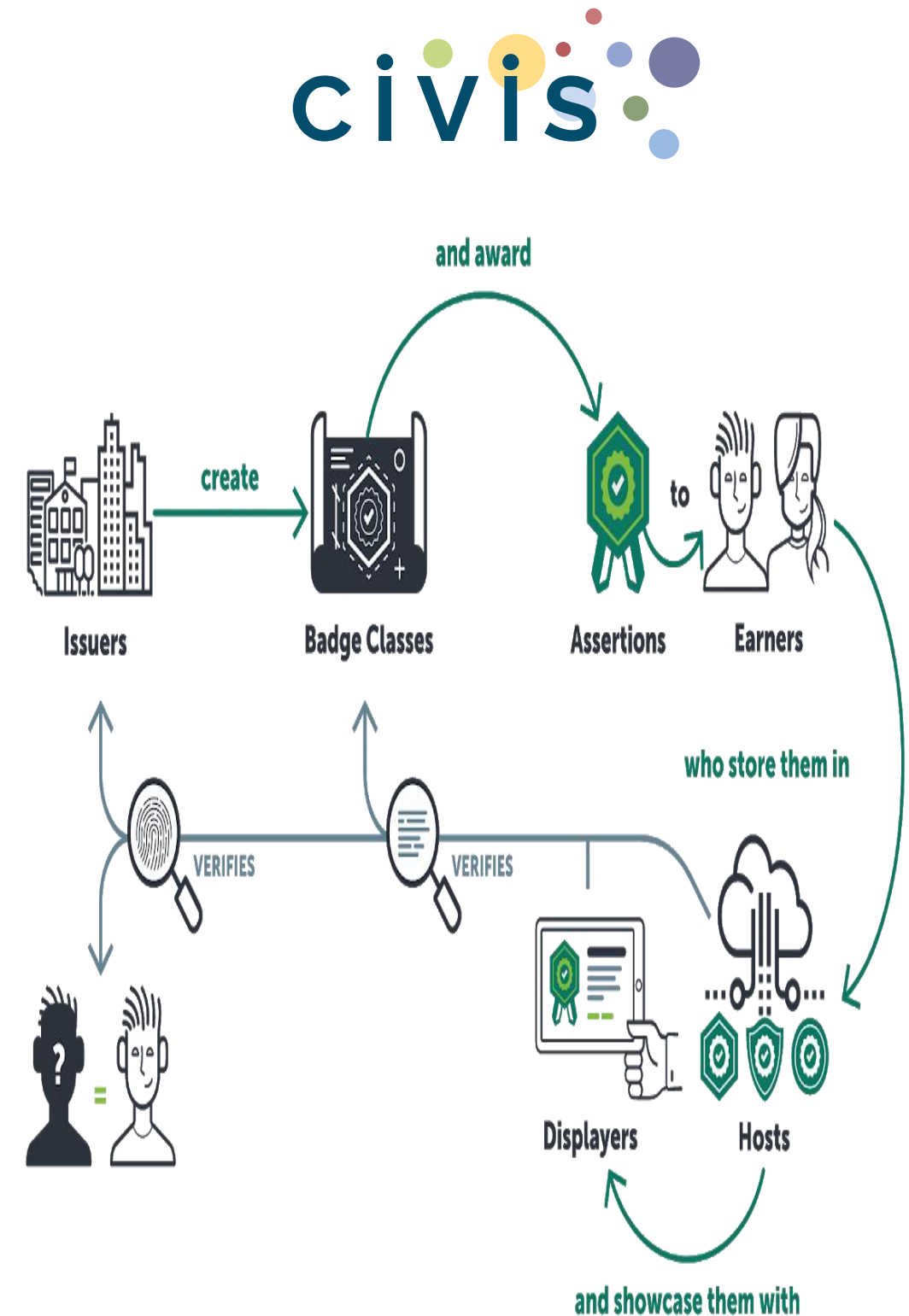
Sample Pilot Course Structure

03 Comprehensive Design

Every module includes clearly defined learning outcomes, evidence-based teaching methodologies, and aligned assessment strategies.

04 Quality Assurance

Built-in evaluation mechanisms ensure consistency across institutions while supporting continuous improvement through feedback cycles.



Planning Pilot Implementation

Coordination & Timeline

Successful implementation requires strategic coordination across CIVIS partner universities with clear milestones and shared responsibilities:

- 1 — **Phase 1: Preparation**
Faculty training, resource development, and platform setup
- 2 — **Phase 2: Pilot Delivery**
Initial course offerings with real-time monitoring and support
- 3 — **Phase 3: Evaluation**
Data collection, feedback analysis, and impact assessment
- 4 — **Phase 4: Refinement**
Iterative improvements based on findings and stakeholder input



Planning Pilot Implementation

Comprehensive tools track implementation fidelity and student outcomes across the three pillars.

Monitoring Framework



Inclusion Metrics

Participation rates, accessibility measures, diverse voice representation



Well-being Indicators

Student satisfaction, stress levels, support service utilization



Affective Engagement

Emotional connection to content, peer relationships, growth mindset

Benefits of the Pilot Draft Structure

This comprehensive framework delivers significant value for students, faculty, and institutions while advancing the broader goals of the CIVIS alliance.

Clear Implementation Blueprint

Provides faculty and administrators with detailed guidance for developing and delivering CIVIS micro-credential pilot courses with confidence and consistency.

Enhanced Student Experience

Creates inclusive, well-being-focused, and emotionally engaging learning environments that support holistic student development and success.

Scalable Quality Assurance

Enables consistent evaluation methodologies and quality standards that facilitate scaling successful innovations across all partner institutions.





Learn More & Connect

Join the INWELL Initiative

We invite faculty, curriculum designers, and institutional leaders to explore how the INWELL framework can transform teaching and learning at your institution. Connect with our team to learn about implementation support, training opportunities, and collaborative research possibilities.

Visit the INWELL website for resources, updates, and community discussions:

<https://www.civis-inwell.com/>

Contact our coordination team for questions about pilot participation, technical assistance, or partnership opportunities.



Explore Resources

Access frameworks, guides, and implementation tools



Connect with Partners

Join the CIVIS university network community



Get in Touch

Reach our coordination team for personalized support
(adania@phed.uoa.gr)