

## TEAM BUILDING EQUINE AWAYDAY

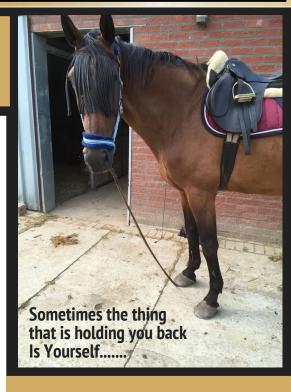
In partnership with our Equine collaborators
we explore group & personal skills in:
Communication - Leadership - Motivation - Co-operation

Engagment between with our equine herd and your colleagues in an unconventional outdoor setting will lead you to:

- Foster self-reliance and mutual confidence
- Enhance personal wellness
- Expand the boundaries of your comfort zone
- Reduce stress and anxiety

Through self-discovery and understanding your role within the team, you'll gain insights into how these dynamics are applied and interpreted.





## Team and Herd Awaydays are available on Fridays: May until October

- All work is carried out on the ground
- No riding is involved
- Dress for the outdoors
- With sturdy covered footwear

Maximum 12 participants

Light refreshment provided Catering by arrangment or bring a packed lunch

## **Workshop Location**

Elliott Polo Ponies Scots Farm Stables Checkendon RG8 0TL Immersive CPD day timing 11.00 am - 4.00 pm

For booking contact

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## TEAM AND HERD

In association with













