

# Toddler Classroom- Daily Activities

**DETAILS** 

#### 8:00 am - 8:30 am Arrival

This is a crucial transition period for the young child, children are brought to the door by their parent and they are greeted by the teacher or other adult. They enter the building and hang up their belongings in their cubbies and on hooks in the classroom. They sit on a bench and change their outdoor shoes to indoor shoes. They are asked to wash their hands, and may be encouraged to use the toilet before selecting activities in the classroom.

## 8:00 am -11:00 am Montessori Work Cycle

The child is free to choose work that they have been presented in the classroom. During this time they may be invited to new presentations or repeated presentations on lessons. The child is welcome to observe others at work. The child is given uninterrupted time to repeat and practice with these materials until they are finished or satisfied. Their work choices may include:

**Practical Life:** hand-washing, dressing frames, flower arranging, mopping, sweeping, food preparation, care of the environment, plant care, & care of self: including toileting and dressing,

**Language:** nomenclature cards and language objects, socialization opportunities, Grace and Courtesy lessons modeling & practicing social and practical language

Gross & Fine motor: transferring, pouring, stairs or balance beam, stairs, bead stringing, carrying, cutting, etc.

Sensorial: sorting, stacking, puzzle, colors, classifying, mystery bag, & matching activities

Art/Music: pasting, painting, scissor work, singing, movement, rhythm activities & instrument explorations.

### 10:00 am -10:30 am Group Snack

Snack is a collaborative group effort and social experience. Children help by setting up the table and place settings and with clean up. Independent pouring, and serving and eating is encouraged. We model and teach polite table behaviors. Children help to clean up their places, wash their dishes and cups, and gather when they are finished.

### 10:30 am –10:45 am Morning Gathering

Children assemble at the rug for gathering. They spend this time singing songs, playing rhythm instruments, doing movement activities and or reading a story.

### 10:45 am -11:00 am Toileting

Toileting occurs throughout the work cycle as needed, however prior to going outside, children are encouraged to use the toilet prior to heading outside for outdoor play. Skills of undressing and dressing, hand washing and putting away soiled or dirty clothes are all practiced.

## 11:00 am -11:45 am Walk & Outdoor Play

Children play in the play-yard or at the local park and are encouraged to engage in gross motor activities. There are outdoor toys for them to use and play. On some days the staff will walk the children to a local park to play on the playground equipment. We offer outdoor play regardless of weather (severe weather excluded).

### 12:00 pm Half Day Dismissal

Students who leave at noon as dismissed during this time. They are supported with gathering their things and greeting their adults.

## 12:00 pm -1:00 pm Lunch

Students who stay for the full day program, set up for lunch after toileting and washing hands after outdoor time. They set together at one table and practice table skills and community socialization. Students are supported with set up and clean up. After lunch clean up students are supported with toileting prior to nap.

# 1:15 pm -2:45 pm Rest Period/Nap

After lunch, children set up their nap areas with assigned mats/cots. Those in the full-day program bring their own nap blanket, kept at school during the week. Staff wakes them 15-30 minutes before dismissal after approximately  $1\frac{1}{2}$  - 2 hours of sleep. During the rest period, staff may read a story to the children who are not yet asleep or who have awoken early.

# 3:00 pm Full Day Dismissal

After nap children prepare for dismissal, gather their items.

#### **EXTENDED DAY CARE**

## 3:00 – 3:30 pm EDC: Toileting, Snack

Students who stay for EDC, are offered another group snack after toileting and nap.

## 3:30-4:15 pm EDC: Outdoor walk &/or play

After snack, EDC students walk with the staff to explore the local neighborhood and or to a local park for free play. Nature walks are also an activity which can be offered at this time. Nature walks are opportunities for the children to explore the natural world and lead the route of the walk based on their interests.

## 4:15-5:00 pm EDC: Classroom Activities

This is another period of time where children are offered the chance to independently select activities in the Montessori curriculum. Alongside this, teachers will offer small group lessons and gatherings to sing songs, offer movement, grace and courtesy lessons, and/or read books with the children. Whole group activities or lessons such as specific crafts may also be offered during this time based on the students present.

Independent activities include curricular areas:

- 1. Practical life
- 2. Language
- 3. Sensorial
- 4. Fine & gross motor
- 5. Art & music

#### 5:00 Pm EDC: Dismissal

Children prepare for dismissal, gather items and are dismissed to the parent or guardian who arrives to pick them up.