

Unsalted Pistachio Almond Mix

NET WT 6 OZ (170g)

Nutrition Facts

about 5 servings per container

Serving size 1/4 cup (33g)

Amount Per Serving

Calories 220

% Daily Value*

Total Fat 16g 21%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 8g 3%

Dietary Fiber 3g 11%

Total Sugars 1g

Includes 0g Added Sugars 0%

Protein 9g

Vitamin D 0mcg 0%

Calcium 70mg 6%

Iron 1mg 6%

Potassium 282mg 6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ALMONDS, PISTACHIOS.

CONTAINS ALMONDS, PISTACHIOS

MANUFACTURED AND PACKED IN FACILITIES THAT PROCESS OTHER PRODUCTS CONTAINING PEANUTS, TREE NUTS, MILK, WHEAT, SOY AND EGGS.