

MASTER / GURU/ QUALIFIED PRIEST AND NAVAGRAHA WORSHIP IN SOUTH AFRICA



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Thank you to: **Saloshna Ramsamy**

For Forever Gracing The Meenakshi
Sundareswara
Koil
With Flowers Of Love.



May you and your family and all those around you be
blest and blest always.



From:

**The Trustees, Chairperson, Priests, Stanigars,
Committee and Devotees of MSK**

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THIS EDITION IS DEDICATED TO :



**MY LOVING FATHER
SRI KASAVELU MAISTRY**



**MY LOVING MOTHER
SMT CHINTAMONEY MAISTRY**



**My Loving Aunty
SMT PUSHPAM RAGOOLOO**



**Meenakshi
Shri Dr Mickey(MUNSAMI) Chetty**



**MEENAKSHI
SMT DR RHIIVANESVARY**



**My loving Sister
SMT PREBASHNEE NAIDOO**

AND

TO ALL OF YOU ESTEEMED PERSONS OF THE PAST AND PRESENT (IN THE CYCLE OF BIRTH AND DEATH) THAT WAS AND ARE ASSOCIATED WITH ME DURING MY KARMIC PRESENCE ON MOTHER EARTH FROM 23/06/1956 IN SOUTH AFRICA AND GLOBALLY.

“I THANK YOU”



The Dancing God

**THE DANCING FOOT,
THE SOUND OF TINKLING BELLS,
THE HYMNS THAT ARE SUNG,
AND THE VARIOUS STEPS.**



**THE FORMS ASSUMED BY
THE LORD AS HE DANCES,
DISCOVERS THESE IN YOUR
HEARTS SO SHALL YOUR
BONDS BE BROKEN.**

MTS PUBLICATIONS

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EDITORIAL



Guru Dr P.K Maistry



The topic regarding Master / Guru / Priests is presented to you for your perusal and understanding, so that you are equipped with the various categories of religious persons in our society and how the impact on our daily life with advantages and disadvantages.

My interest in the field of the Navagraha was born well past 1994, when the Meenakshi Temple opened its doors. At that time, I believed in the procedure initiated at the Temple for planet worship. During 2005, I displayed a special interest in Navagraha Worship and travelled to India and Penang (Malaysia) sponsored by Dr Mickey Chetty to study and understand the practice in the different parts of the globe. In 2016 I presented a draft and again corrected same in Malaysia.

On my return to South Africa, I booked in at the Venda Sun (Limpopo) and spent some 10 days and incorporating the "Understanding of Navagraha Worship" into my book entitled "MEENA" which was manually laid by myself and graphically designed by Ms Janet Karuppen, a student of Theology.

Finally printed by Imprimatic Printers of Johannesburg. The book contains 232 pages and the cost of printing of 1000 books was borne by MC Security and Investigations via Dr Mickey Chetty.

The proceeds from sale of the books was towards the renovation of the Meenakshi Temple, during 2016/2017. I will be honoured when you read and follow and understand the “Worship of Navagraha”, after consulting with a **Trained Astrologist**.

Each person is generally born on a different date/month/year/time within a family, therefore each member of a family might be involved in worshipping a particular Navagraha on different days, according to the planets.

In South Africa families as a whole, irrespective of their birth date, worship the Navagrahas mainly on Saturdays, which is totally incorrect. (Therefore a Trained Astrologist assistance is required) Further, each graha has its own colour of clothing, particular flower and cereal, not bananas for the 9 planets, as commonly seen at temples.

It is not too late to remedy the situation by following the relevant worship details as recorded in our Navagraha Worship in South Africa. Enjoy the reality and worship as per the details provided in this book, including the relevant mantras, and chosen songs for each of the planets, and I can

assure you, that this exercise will decrease your karma past and present in the cycle of birth and death.

At the last moment of this production, it was imperative to incorporate the Meenakshi Coronation and the Meenakshi Sundareswara Thirukalaynam edition in order to highlight this great topic on which MSK is based which includes Songs and prayers for you and the Priest.

GURU DR PRESHOTMAN KASAVELU MAISTRY

President & Life Trustee - Meenakshi Sundareswara Koil

General Secretary – International Movement of Tamil Culture – SA & Global

Registered with Health Professional Council of South Africa



FORWARD :



1994

Meenakshi SMT Dr Bhuvaneshwary Maistry

It is with immense joy and pride that I pen a note to you. From the various publications of the author, i.e. Meena, Sivan Maalai, Skanda Sathi Kavasam, Saiva Siddhantha Notebook, the Priests Graduation Brouchure with Bharat University, (Chennai) the Tamil Teachers Graduation Brouchure (Tamil) and his continuous research into religious material for our benefit is appreciated. The interesting way forward and culminating in a steady path towards the ultimate, in a very subtle way, the author skilfully maps out the foundation for our spiritual upliftment in this earthly existence, in the cycle of birth and death.

The commencement of the physical features of the planets has proven as a stepping stone to the remedial poosai of the various planets and prayers associated with the "Graha" together with the mantras and songs has made our task so much easier in order for us to reduce our karma. The author has demonstrated that after identifying the astrological

planet by a **Trained Astrologist**, thereafter the individual can continue with the prayers by him or herself and then seeking the assistance of a Proficient Priest to complete this once in a life time worship of the Navagrahas.

The Meenakshi Sundareswara Koil of Lenasia South was constructed during July 1994 and its first Kumba Abishegam was held during the same month. The Navagraha Murthees were designed in Mahabalipuram which is a granite village 4 hours away from Chennai. The 9 planets arrived in South Africa and was installed by experienced Priests from Madurai in Tamil Nadu. Again the second Kumba Abishegam was held during Nov 2022 (Including installation of a new set of granite planets). Your worship of the 9 planets here, in this temple, will bring immense joy and fulfilment to all of us.

Hopefully the Remedial Poosai of the Navagraha will reduce the debt of the Karma and assist us to climb the ladder swiftly towards the ultimate Godhead and reduce the number of the cycle of Births and Deaths, and eventually attaining Moksha, at the lotus feet of the Almighty.

MEENAKSHI

SMT DR BHUVANESVARY MAISTRY

The Life Trustee - Meenakshi Sundareswara Koil
Health Professional Council of SA (MBBS)

MESSAGE

MEENAKSHI



Shri Dr Mickey Chetty



Dr P.K Maistry is the General Secretary of the International Movement of Tamil Culture (SA) and is the Global Secretary (IMTC), for the past many years he has shown a great interest in religious studies, his research in Hinduism and in particular Saivism and Saiva Siddhantha philosophy has led him to numerous conferences in South Africa and abroad, wherein he bravely could debate with learned persons in the field of Religion.

Whenever he required assistance in terms of global travel, gathering material for his “works” I bestowed great encouragement upon him in order for him and financed him to achieve his objectives. On one of our trips to Chennai (Tamil Nadu) he was interviewed by the Tamil intergration society of India and after numerous deliberations and debates, Dr P.K Maistry was honoured with the title “Guru”, and it entitles him for discourses and lectures on religious matters in the medium of English.

During one of our IMTC conferences in the town of Mahabalipuram, on the outskirts of Chennai in the Province of Tamil Nadu, Dr P.K Maistry & I toured a renowned granite factory, called Creative Sculptures, whose Director is Sri CT Baskaran. It is here that I spotted the 9 planets which was beautifully carved and ready for sale to another party. Sri Baskaran agreed to hand over the Murthees to me. I then arranged same to be shipped to South Africa and it has been installed in the new Navagraha Temple at the Meenakshi Sundareswara Koil in Lenasia South on 12/11/2022, for your benefit.

I am certain that the “Navagraha Worship” in South Africa will be of tremendous interest to the public and will modify the system of prayers towards the planets in a simple and easy manner. The IMTC of South Africa is proud to be associated with Guru Dr Preshotman Kasavelu Maistry.

MEENAKSHI Dr MUNSAMI (MICKEY) CHETTY:

LIFE TRUSTEE : South African Tamil Federation

: Tamil Federation of Gauteng

: Meenakshi Sundareswara Koil

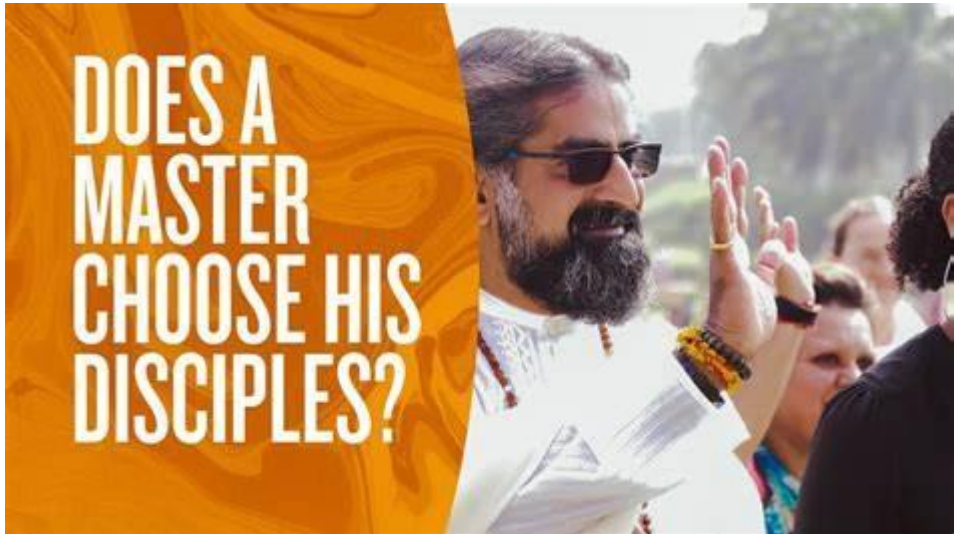
DIRECTOR : MC Security

PRESIDENT : International Movement for Tamil Culture SA

VICE PRESIDENT: International Movement for Tamil Culture Global



PART 1



This Document is based upon a True Guru / Master and thereafter the role of a Qualified Priest in society including his re-numeration. (Temple must be compensated as per their rules).

1 Saivites consider Lord Shiva as the First Guru.

He comes in the form of Dakshinamurthi (the South facing God). He sits under the Banyan tree with 4 disciples and teaches in silence. i.e. showing the index finger and thumb. The index finger refers to the soul and the thumb refers to God. The other fingers are the impurities.

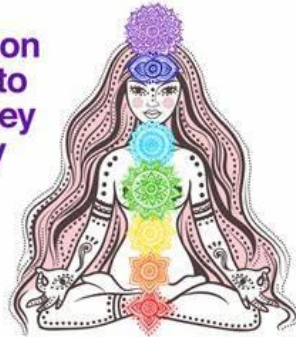


God only speaks through his devotees. The friendship between the True Guru and the disciple is eternal. Have I found God (If no) then practice meditation as taught by Self-Realization Masters who have found **Him** therefore you need the help of a Guru. And with deep effort in yoga meditation will lead you to the Divine God.

GURU / MASTER

The unity of the spirit is demonstrated in great men, those with Self-Realization. The blind cannot lead the blind, only a Master (Guru), one who knows God, may rightly teach others about **Him**. To regain ones divinity, one must have such a Master or Guru. This Spiritual Teacher is a dispeller of darkness. By divine light the title of Guru / Master is conferred only upon those exalted souls who, through their own Self-Realization and oneness with God, are qualified to lead others from the darkness of ignorance to the everlasting

An enlightened person doesn't ask anyone to believe anything. They simply point the way and leave it to the people to realize it for themselves.



A Guru is a living embodiment of scriptural truth. He is an agent of Salvation appointed by God in response to a devotees demand for the release from bondage. “To keep company with the Guru writes Swami Yukteswara in the: “Holy Science” is not only to be in **His** physical presence (as this is sometimes impossible), but mainly to keep him in our hearts and to be one with Him in principle and to atone ourselves with Him.

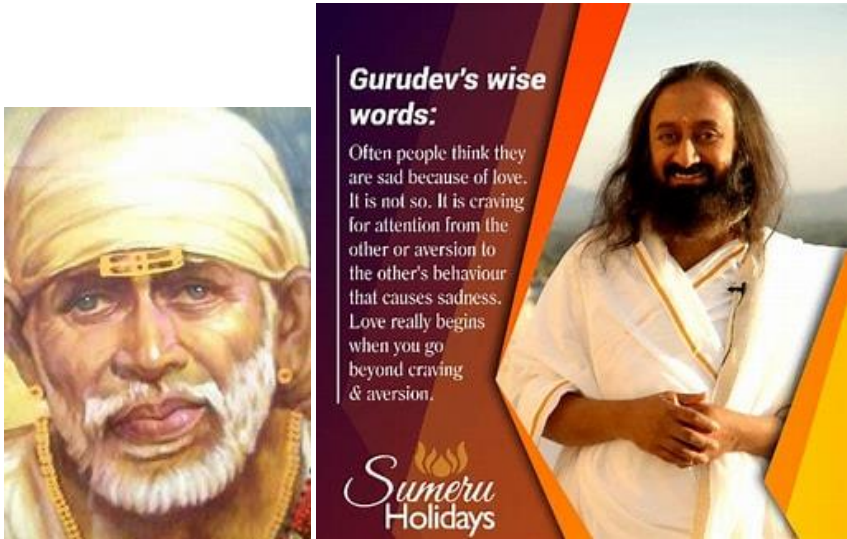
It will be prudent to mention a few of the worlds gifted **enlightened** souls, i.e Bhagawan Krishna, Lord Jesus Christ, Sri Lahari Mahasaya, Sri Yuketswara, Sri Paramhansa Yoganandha, Sri Brahma Subramaniam Swamigal, Sri Shirdi Sai Baba, Mother Mary and other enlightened souls.

- To show the harmony and essential unity of Yoga precepts of Bhagawan Krishna and the teachings of Lord Jesus Christ, is an integral part of Self-Realization Fellowship and Dispensation, eg: “If ye continue in my words, then ye

are my disciples indeed, and ye shall know the truth, and the truth shall make you free". [John 8 : 31-32 Bible].

- "And when I saw Him, I fell at His feet as dead". Thus John though living saw his material form as dead, during Samadhi, He describes in Nirikalpa Samadhi as the Master is in communion with God whilst He is doing his normal activities in life.
- "Him that over cometh will I make a pillar in the Temple of my God, He shall go no more out". [Rev 3:12].
- God only speaks through His devotees. The friendship between the True Guru and the Disciple is eternal.
- Have I found God (if no) then practice meditation as taught by the Self-Realization Masters.
- Who have found Him, therefore you need the help of a Guru, and with deep effort in Yoga Meditation it will lead you to the Divine God.

All is light, All is joy, All is peace, All is Him.



A Guru (He who removes darkness). His duty is to dispel the devotee of ignorance and fill His mind into divinity. A Guru is a Supreme Master. A devotee must seek a Guru for 2 reasons;

- 1.) To get rid of all binding factors
- 2.) To enjoy the perennial bliss of Shiva.

Usually the devotees will consider the enlightened sages as their Gurus. The enlightened sages in turn will regard God as their Master. There may be imposters who pretend to be Gurus.

St. Thirumoolar cautions the devotees against such imposters. One should find out with the grace of Shiva, the True Guru and accept him as his Master.

Thirumandiram is a **Tamil poetic work**, written either in the 6th century CE or post 10th century CE by Tirumular. It is the tenth of the twelve volumes of the Thirumurai, the key texts of Shaiva Siddhanta and the first known Tamil work to use the term).

TheThirumurais are the 12 volumes written by 5 of the 63 Saints, namely viz: Thirungyanasambandhar, Thirunavasakkar (Appar), Mannikavasagar, Sundaramurthi and Sezikkar.

Thelivu guruvin thirumeni kaandal
Thelivu guruvin thirunaamam sepal
Thelivu guruvin thiruvaarththai kettal
Thelivu guruvuru sinthithal thane.

- Enlightenment is to see the holy body of the Guru
- Enlightenment is to chant the name of the Guru
- Enlightenment is to listen to the holy words of the Guru
- Enlightenment is to think of the holy form of the Guru

The Guru has to grade the disciples and then give them initiation. Thus we see the disciple's attitude to see, praise and listen to the words of the Guru and to contemplate on the form of the divine preceptor.

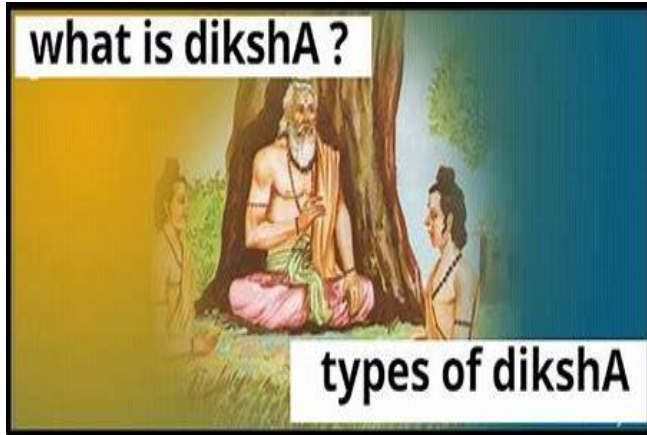
The Guru's first and foremost duty is to initiate the disciple into the divine order.

First the Guru has to find out the qualification of a disciple. He has to note down his eligibility and sustaining nature in spiritual exercises. Then depending on the progresses made by him, the Guru has to give him initiation.

The word “initiation” means “Dikshai” which is of various kinds: Nayana Dikshai, Sparsa Dikshai , Maanasa Dikshai and Vaakku Dikshai.



DIKSHAI



- **Nayana Dikshai**





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In this process the Guru looks at the disciple very deeply and destroys his ignorance. He then initiates him through his grace expressed in the eyes.

The example given for this method is the fish.

The mother fish will lay eggs and the moment it looks at them, the baby fishes will come out.

- **Sparsa Dikshai**

This process refers to touch, the Guru will impart his spiritual powers to the disciple by touch in turn the disciple will get purified.

- **Maanasa Dikshai.**

The Guru will be in a place and the disciple will be far away from him.

The moment the Guru thinks of the disciple in earnest the disciple gets initiated.

- **Vaak Dikshai**

The Guru clarifies all the complicated texts to the disciples. He clears all doubts of the latter. As and when the disciple is qualified the Guru

imparts him divine instruction. He then chants the Deeksha Manthiram into the ears of the disciple secretly.



OTHER FORMS OF DIKSHAI'S

- **Sariya**

This maargam (path) refers to physical service. The devotee has to wake up early in the morning After a bath in the cold water, he has to apply all the Saiva emblems. He has to clean the precincts of the Siva temple, garland the deity and decorate the precincts with various designs. He has to arrange all objects of worship. Purity of heart, mind and soul is necessary for his path.

- **Kiriyai**

This path indicates the divine service in the form of praising the glory of Shiva in temple after temple. Also the saint has to redress the grievances of the people irrespective of cast, colour, race, economic status etc. The devotee has to worship Lord Shiva, love him and shed tears. The followers of this path should always think, praise and render service to Shiva.

- **Yogum**

Yogum means union. Here the human soul unites itself with the Divine Soul.viz God. The human soul has to control all the five sense organs (eyes, ears, nose, tongue, and skin) and channelize them toward Shiva worship, the mind has to think always of Shiva.

The soul has to contemplate for ever on the holy feet of Shiva. As a result of this meditative practice the soul gives up all worldly ties and unites with Shiva.

This path is also known as Sakha maargam. The devotee, who meditates on Shiva always relinquishes passions. His thought, word and speech are meant for Shiva. So he gets the form of Shiva Himself.

The result of this method is Saaruppam.

The devotee slowly and steadily converts his body mind and spirit into the form of Shiva. As a result a kind of friendship, is created. God is regarded as a good friend. Therefore the devotee demands his requirements from God and picks up quarrels with Him. The friendly feeling further develops into communion with Shiva.

Saivite tradition points to St. Sundararmurthi for his path. From this Thevaram songs, and from his life history as stated in the Periyapuram, we understand St.Sundararmurthi's friendly attitude to Shiva. He requests for Shiva to get two brides for his marriage. He also demands for money to help his fellow devotees and so on.

- **Gnaanam**

This path is regarded as the supreme path in the spiritual journey. As a result initiation, the saint serves the Lord and His devotees. The saint concerned reads

and reflects over the sacred literature. He acquires philosophical wisdom.

He turns to be the embodiment of knowledge.

B) Qualified Priests in Temple Life and in our Society.

A South African Hindu Priest is a person who is well versed in the spiritual scriptures and performs all the Abishegam, Alangaram, Archanai and all other prayers and festivals in the temples.

In addition thereto, she/he must be able to perform discourses of the scriptures and narrate on the Agamas of Hinduism. (It is noted that majority of our Priests do not educate our Temple devotees).

The situation in India is completely different to our situation, in terms of the prayers and duties in the Temple, e.g. the Meenakshi Sundareswara Koil of Madurai in Tamil Nadu, the Abishegam and Alangaram occurs 5 x daily by the Junior Priests, but the Archanai is always conducted by the Head Priest, this is due to the large numbers of various categories of Priests in the Mother land.

The mantras are generally said by the Priest (who are mainly Brahmins and who are also vegetarians).

Due to the large temple population the assistants (generally young boys conduct the menial work unlike the Monastrial life and duties. Generally, a Priest is not in communion with

God but has the ability for aspiring to climb the ladder of spirituality, leading to the status of enlightenment (like the enlightened Guru's).

In the cycle of birth and death, the Priest is in a comfortable zone of religiousness, to spread his wings into the higher steps attaining the bliss of the Almighty in His soluble light form.

Thiruvalluvar stated that “through virtuous children a soul is benefitted with such assistance that no evil can touch, nor a reproach get at it, and such is the benefit of begetting a baby apart from the mundane pleasures and prosperities it can bestow upon the parents.

The Officiant (Priest) must necessarily be a person who is made eligible to conduct “Rituals” and hence one bestowed with Sivadheekki called “Siva Baptism” of the requisite stage accordingly. He must have been baptised to the II stage called “Visayda Dheekkai” i.e this is a special baptism so as to be eligible to conduct liturgical rituals. (refers to a formal ritual enacted by those who understand themselves to be participating in an action with the divine). (ie worship on behalf of others).

Sivadheekkai (Saiva – Baptisms) this ritual is carried out for kids in the 7 year age group. Brahmin lads in this stage are used to get vested with the investiture ceremony is connected with educating the lad first by his father as the

“Grihya Soothiram” and Yeekaagni Kaandam (famous works in Sanskrit dealing with the Mandirams and conduct of rituals. The Sivadheekkai is one which is bestowed by a Guru effulgent with the Grace of God to get into the process of emancipation of a soul from the cycle of births and resting it at the Haven of the God.

Those that missed out on this stage, when young, can still bestow themselves with Saivadheekkai by a Kriya Guru at an advanced age.

Dheekkai in Tamil means which is burnt and that which guides us to higher planes of the soul. What is burnt here is the obdurate repository of our viles and virtues conducive for the cycle of births.

What is guidance here is that given by an effulgent Guru in taking the disciple towards beauty.

Some institutions have performed research from the Hindu scriptures viz Rig Veda which is an ancient and ultimate authority which states that the Priest/Officials/Pundits must be remunerated or compensated with gifts, groceries and other “material” rewards as a symbol of gratitude and reverence for the Gods, by the party or the family that commissioned such “Priest” to conduct the prayer.



DAKSHINA – (FEES)

In the religious books i.e Vedas and more particularly in the Rig Veda and corresponding verses the fees or Dakshina of the Priest is summarised hereunder. Dakshina is a Sanskrit word which refers to the Spiritual offering to the Priest by the worshipper who commissioned the Priest to conduct a prayer.

1 Holy Scriptures says:

- “May the Priests receive the food, the oblation that we bring, so that our prayer may be well-accepted by the God in question”.
- “May the Priest receive their share of our oblations which they have earned, with their holy mantras, with which they have rekindled the flame”.
- “Let the Priests receive from us a share of what is blessed, a share of what is provided”.
- “Let the Priests receive what is due to them, not as a burden, but as a reward”.

Another Holy scripture says:

- “It is a sin to host a prayer without Guru Dakshina to the Priest”.
- “Priests should not demand or impose a fee for a prayer”.

- “The family who engaged the Priest should be generous
- as possible when compensating the Priests”.

Further another scripture says:

- “The family engaging a Priest should not engage such a priest if he is not versed in the sacred scripture and one who demands an unreasonable fee”.
- “Any prayer that contradicts spiritual injunctions and without Dakshina to the Priests is considered to be in the mode of ignorance”.

Finally, another Holy scripture says :

- Dakshina must always be given to the Priest, according to means with faith and devotion, after the performance of the prayer, or else the prayer is rendered meaningless.
- By giving any Dakshina, one is supporting the Priests (who are the uplifters and the teachers of righteousness – Dharma) as well as sustaining their livelihoods.
- Enlightened Priests do not accept money or gifts to uplift your soul.

Thiru Valluvar (A Tamil Saint) stated the following.

1

“Through virtuous children a soul is benefitted with such assistance that no evil can touch, nor a reproach get at it and such is the benefit of begetting a baby apart from the mundane pleasures and properties that it can bring up.

2

Swadheekki(Saiva – Baptisms)-The officiant must necessarily be a person who is made eligible to conduct “Rituals” and hence one bestowed with Swadheekki called Saiva Baptisim of a requisite stage. Accordingly he must be baptised to the II stage called “Visayda Dheekkai i.e this is a special baptisim so as to be eligible to conduct Liturgical Rituals (i.e worship on behalf of others).



Swadheekki (Saiva Baptisims)

This ritual is carried out for kids in the 7 year age group. Brahmin lads in this stage are used to get vested with the investiture ceremony is connected with educating the lad first by his father as the “Grihya Soothram” and Yeekaagni Kaanndam (Famous works in Sanskrit dealing with the Mandirams and the conduct of rituals).

The Swadheekkai is one which is bestowed by a Guru effulgent with the grace of God to get onto the process of emancipation of a soul from the cycle of Births and Death and resting it at the Haven of God. Those that missed out on this stage when young can still bestow themselves with Saiva Dheekkai by a Kriya –Guru and advanced age.

Dheekkai in the Tamil means with which is burnt and that which guides us to higher planes of the Soul. What is burnt here is the obdurate repository of our vilesand virtues conductive for the cycle of Birth. What is guidance here is that given by an effulgent Guru in taking the disciple towards the beautitude (end of life).

The IMTC advises the public not to engage Priests that impose exorbitant or unreasonable tariffs and demand advance EFT payments, this goes against our scriptural injunctions.

Priests must possess the highest moral values, display exemplary behaviour, and follow a pure (Sattiv) lifestyle in

accordance with our Hindu scripture. And also to provide religious and spiritual support of all Hindu Dharma, (Dharma is that which sustains the order in the self (mind), family, society, nation and the world at large.

Dharma is sustained by doing things where the strong don't thrive by suppressing the weak), irrespective of their financial and or/social background.

The IMTC recommends that families or individuals should express their appreciation for the work of the Priests, by giving generously, according to their financial means. The family who

commissions the Priest has the right to demand the language of the mantras i.e. Sanskrit or Tamil.

EXAMPLES OF EXPLOITATION

INTRODUCTION

Our purpose on earth from a unicellular organisation to plant life, then a 2 legged species then a 4 legged animal, then into a human being. The process from origination to human status and is 1million years.

We are the luckiest survivors with the complex brain and body structure that are the tools for locating God and have become emerged in His glory.

Man has forgotten his purpose on earth and continues with his ego, greed and selfishness which is adding to his extended stay on earth and therefore prolonging his oneness with the almighty. Religious persons who

have climbed the ladder to step closer to God tend to use their position in society to enrich themselves with riches and dwell on the weakness of the feminine sect of God's creation.

They will suffer the full might of the Lord when the time is right. Most of the Priests from all the religion grouping are involved in this ungodly Act.

They are taking advantage of their God given position --- he might be their gift in the hereafter. We need to be respectful towards the creator from the devotee and Priests perspective.

Priests are categorised by, Priests by birth, Priests by Education, Priest's self-appointment.

Some Priests disrespectful incidences have come to our attention. Unfortunately no action was taken and no support was instituted due to the fact that the families of the victims were concerned by the embarrassment and their families if they are identified. Their self-respect was the key issue.

We as the IMTC have created an office to deal with the medio-legal aspects of each case and after an investigation (the matter if necessities will be referred to the SAPS). The acts have been continuing for several years and our mothers, sisters and cousins have fallen prey of our women thirsty Priests in our society, further it is sad that our

religious major institutions in South Africa have failed to address these critical issues.

Their concentration is on Dinner dances, Cultural Shows and Eisteddfods, when our brethren are seeking leadership (the IMTC has previously recorded have come to the rescue of some of the victims)The SATF/SAHMS/The Devi Show/Andra Maha Sabha of South Africa must intervene in this Draconian matter as soon as possible.

In order, for you the innocent public, to have an insight into this disgraceful behavioural issues of trusted religion, brotherhood, we will present some cases:

EXAMPLE 1

Some Priests demand an unreasonable tariff for a Navagraha prayer e.g. Eight Thousand Rands was charged and the Priest promised that the wife will conceive a baby, (this happened during April 2022). At this point in time, they are still barren. Therefore we re-iterate that you consult with a Trained Astrologist, (which is rare in South Africa) before allowing these “Priests” to conduct any remedial prayer for the Navagrahas and it is recommended that this important karmic remedial prayer should never be repeated, as we trust God.

EXAMPLE 2

A Priest demanded an EFT of Eleven Thousand Rands for a wedding in a hall during Nov 2022, when there was a difficulty in contacting a Priest due to short

notice, after the original contracted Priest was indisposed.

EXAMPLE 3

A Priest's tariff for a new car prayer was Two Thousand Rands whilst for a used car prayer, he demanded One Thousand Rand. Alarming, it was reported to us that some of these Priests were charging Two Hundred and Fifty Rands per tyre (for a truck), including the spare tyre.

EXAMPLE 4

Unqualified Priests flocked to conduct funerals and charged One Thousand Rand to the bereaved families and thereafter proceeded to conduct elaborate death ceremonies at an alarming rate of Three Thousand Rands, during the Covid -19 era, deserting the Temples, which is the seat of Hinduism and which maintains our social structure and honour, for money.

EXAMPLE 5

A Priest embezzled a widow in Dec 2022 of Sixty Thousand Rands, for a public prayer instituted at his temple. Further he extracted Twenty Thousand Rands from the credit card of this gullible lady to pay his debts and still

took further money from this lady for his gambling activities, (and promised to re-pay same).

She accepted this extortion because he hailed himself as a Disciple of God.

The matter resulted in threatening her life and also ridiculing her with some “obscene pictures”. The matter was being investigated.

EXAMPLE 6

It is further distressing when Priests have corporate employment, earning vast amounts of money, but demand exorbitant fees for prayers conducted for the public.

This is in spite of them signing a “no work clause” which is mandated by agreement.

This will be a fun day for the Receiver of Revenue.

These are a few examples and I am sure that you have an array of stories of your own or of others.

It is unfair that these Priests (not registered) and do not pay their unaccounted dues to the Receiver of Revenue, but the God fearing public must render their dues in order for the South African Economy to survive.

EXAMPLE 7

Sri Das Chatergon

Pundit : Shree DurgaMandhir

Lenasia South

1829

March 2023

The General Secretary
International Movement for
Tamil Culture – S.A

and

Chairperson: Meenakshi Temple
Att: Dr P.K Maistry

COMPLAINT Re: Mahadevan Hariharan Iyar

Dear Sir,

It is with great concern and disappointment that I forward this to you as a complaint which is against my ethics, integrity, morals and values. It has been brought to my attention that a practicing Guru, based under your jurisdiction and control, is supposedly not conducting his prayers as per portfolio. A Guru under the Tamil Federation to perform strictly for the Tamil community, but is encroaching into the Hindi sector. He is without doubt, and glory be to him, a Guru in Sanskriti and I looked up to him as a respected and learned person.

I am very pleased to mention that I do get assistance from Guru Swaminathan of Ishwara Kovil of Lenasia South as he conducted weddings in Tamil and refers the couple to me for registration with Home Affairs. The Guru Mahadevan Iyar in question is accepting and conducting all prayers including weddings, Katha Jhundas and other poojas for the Hindi community.

He was requested by myself whenever we met, that since I am a qualified Hindi Pundit with certificates from SAHMS and Dept. of Home Affairs with Reg no 185 and BD 52374 respectively. (Mr Ashwin Trikamjee can authenticate my qualifications) to please refer Seva requested by the Hindi community members to me. Should he have an overload, I will gladly assist, so that I can put food on my table as well, but alas, all in vain, nothing has materialized .

The matter that concerns me and the community most is that he is a permanent employee of a major corporate Banking Institution and this is tantamount to Conflict of Interest defeating the ends of justice. Double standards, fraud etc. I have worked for corporate companies, been a member of SAPS ect and I know and understand the contract I have worked for corporate companies, been a member of SAPS ect, and I know and understand the contract and terms of employment specifically states that should the individual be found guilty, he/she can be dismissed.

I am now retired and having studied for the benefit of the Shree DurgaMandhir since we had no priests, so that I can represent my community and organization as a resident Priest/Marriage Officer and minister of religion. I am not getting exposure as I am fairly a new person that can assist, especially among the Hindi community and expect honesty, integrity, and morality of the Gurus like the above to do the right thing. Share the workload and don't be greedy. Just as he works to put food on his table, so am I. Why take someone else's piece of bread, live and let live. He wants it all for himself.

Thanks for your assistance in advance.

Pundit DassChategon

Shree DurgaMandhir

Tell: 011 855 8764

CC : South African Tamil Federation

: SAHMS

**A Hindu Priest
cannot ordain himself, but
can be ordained by
a long standing
Recognised Priest.**



PART 2
NAVAGRAHA WORSHIP
IN
SOUTH AFRICA



Compiled by:Guru Sri Dr Preshotman Kasavelu Maistry

NAVAGRAHA WORSHIP



Meditation Performance of Pooja, Chanting of Divine hymns, penance (Viratham or fasting), or prayers give us peace of mind. These religious acts also give us patience and tolerance. In fact, all forms of penance are connected not only with our mind but also with our physique.

Only when the mind is in a good state, the body also will be in good form. Likewise, only when our body is in a proper condition, the mind will be alert.

The procedures adopted during the course of Viratham (penance) strengthens the soul. They also help in decreasing our hardship. When the planets move from one direction to another, it brings about change in certain people's well-being and fortunes for better or worse. By worshipping the planets, we get benefits i.e the deficiency of karma is achieved.

This is known as propitiation (Dhosha Pariharam). Prayers reduce mental tension, and give us mental peace, good health and confidence which is acknowledged by psychologists.

Every person faces certain difficulties in life e.g. financial loss; an insult or disrespect from others, illness, hurdles in marriage proposals, misunderstanding among family members etc... It is during these circumstances that the worship of the Navagraha (planets) is most essential.

A man should always possess unshakable faith and confidence. One who has that kind of confidence will have everything.

One, who lacks it, will achieve very little in life. Suspicion will only lead to destruction.

Each one of us is an individual soul. The Soul will continue to reincarnate in order to experience the consequences of our karma (actions) during our previous births. The Karma brought forward from previous lifetimes is known as Sanchita Karma.

Your re-birth is based on your passed karma. The good fortune that you enjoy or the misfortune that you suffer are our own doings and are not caused by others. The responsibility of determining when, where, how, by whom and for how long you have to suffer the consequences of your karma has been delegated to the Navagrahas (nine planets) by God.

The Navagrahas are enforcers of karma. Each Graha has its own Atithevatha (master) and a Prath-Athidevatha (master's master). When you worship the Grahas and make appropriate offerings, the problems caused by your past karma can be decreased, or totally eliminated. The worship of the Navagrahas includes the worship of the Athidevatha and Prath Athidevatha that is associated with the particular Navagrahas. Worship of the Navagrahas must involve your mind, body and speech.

- Recite the appropriate mantras, as recorded.
- Fast on the appropriate days, as selected.
- Circumbulate the Navagrahas, as suggested.
- Make all the offerings to appease the planets.



As long as the nine sense organs (the physical and the spiritual sense organs) reside in our bodies they control us. We need to worship the Navagrahas. The state Saint

Thirunyaana attained, Sambanthar sang about this in his Kolaru Pathikam, i.e when lord Shiva begins to reside in you, then you too can stop the worship of the Navagrahas.

PHYSICAL SENSE ORGANS
SENSE ORGANS

Body

Eyes

Nose

Ears

SPIRITUAL

Mind

Intelligence

Reasoning power

Ego

The mouth is both a spiritual and physical organ.

- Navagaraha worship will assist you to cross the Samsaara Saagaram i.e the cycle of births and deaths to attain Moksha.
- The worship of the Navagrahas (nine planets) is not a substitute but a means to reduce your Karma says Thirunyaana Sambandhar, and the fact that Thirunyaana Sambandhar lived in the seventh century and sang about the planets, indicates that the Navagaraha worship existed prior to 700 AD. Research: 1300 years ago (to be verified) people worshipped the Navagrahas.

KARMA

According to the law of karma everyone must personally enjoy or suffer the consequences of his or her own actions. The good deeds (dharma) that you perform will be able to enjoy the fruits of your actions.

Karma does not stop upon the death of a person but, will continue in the births thereafter until the effects of your actions (good or bad) are exhausted. The Navagrahas are directed by the almighty to determine the appropriate time and manner in which you will enjoy or suffer the consequences of your actions, either in this life or in previous lives.

Karma determines when and how the child will be born, also who the parents will be and its physical form. Karma will determine the experiences of the child in this lifetime. Karma manipulates your thinking. The Poet/Saint Thiruvalluvar and great Tamil writer Illango Adigal mentions this fact in the Thirukurral and the Silapathikaaram, respectively. Your present birth is for you to experience the consequences of the balance of your karma and the time of your birth will be determined to allow you to fulfill this objective, i.e. the position of the Navagrahas at the time of your birth is sufficient enough to ensure that you will continue to experience your karma in this lifetime.

Therefore it is your karma that determined the position of the Navagrahas at birth. Mistakes (sins) that are committed unknowingly and can be forgiven. You need to appeal to God, perform the necessary Remedial Poojai (prayer to remedy) for the Navagrahas. The worship of the Navagrahas is not life-long, like the worship of God.

TWO TYPES OF NAVAGRAHA WORSHIP

Recitation of the Kolaru Pathikam and other Navagraha slokas must be a part of your daily prayers at home and at the temple. When you face problems caused by the unfavorable positions of the Grahas or to prevent unexpected problems as determined by astrological analysis (By **Trained Astrologists**), use your given intelligence to overcome your karma, example, when everything fails despite your own efforts.

If your astrological chart indicates that you are subject to Naaga Dosha. (Misfortune due to the inauspicious location of Raagu & Ketu).

You need to recite the appropriate mantras, make the appropriate dhanams (offerings) and worship Mother Durga and lord Vinaayga (Ganesha) daily, and you will definitely be able to overcome problems caused by Naaga Dosha.

Fate is the experience that one has to undergo in their life, as a result of karma (good or bad) in our previous lives.

Majority of us are unable to remember our previous life and is therefore, unaware of our fate.

God gave us intelligence to enable us to utilize it to determine our fate and reduce our Karma and therefore, meditate upon God, use Numerology, Palmistry & Astrology.

Saint Thiruvalluvar says in the Thirukural “Yaathenim Neeggiyaan Nothal Thanin Athanin Illan.” It means when you detach yourself from those who you are attached to, you will not be affected by their actions.



ASTROLOGY AS A REFLECTION OF TIME

- Astrology reveals the past and predicts the future. It is part of the Vedas and is based upon the Karmayoga.
- Astrology is a commutative science, any defects in the computation is due to the skills of the astrologer.
- Astrology is an error free science. By knowing the issues of the future, remedial prayers will solve the problems.

- Lord Brahma created us. Lord Brahma's Shakti (power) is Mother Saraswathi who is the goddess of intelligence. We were created by intelligence therefore use your intelligence to think and plan all your activities. However, one should accept whatever the consequences, don't be overwhelmed with success, neither be depressed by failure nor surrender all the results to Him (God). He says your intelligence cannot guarantee your results, He will determine that.
- Use your intelligence to overcome your karma. Your intelligence needs to be guided. He who acts according to the time, place and circumstances will succeed.
This guide is astrology through which you will be able to know your abilities and special talents. Approach a Qualified Astrologist (which are rare in SA) to work out your karma and then perform the necessary poojas as illustrated in this narration.

ASTROLOGY A JOKE IN SOUTHERN AFRICA

Many people reject astrology in South Africa because numerous Astrologists (Priests) do not have the proper qualifications in the field and then tend to predict erroneously, thus abusing this ancient field of study. Some priests tend to make a substantial gain from their false predictions.

If our citizens study astrology, their educational understanding will lead to the decline of these money mongers and will become beneficial to the people of this country, and they (the learned ones) will become beneficial to our populous. The Navagrahas are the law enforcers, ordained by God himself and ensures that we comply with His laws in order to reduce our Karma in the cycle of births and death. Priests must produce their certificate of qualification in Astrology.

MATRIX

| GRAHA | GOVERNS | OPERATES | RELATIONSHIP |
|-----------------|----------------|---------------------|--------------------------|
| Surya | Aathma | Bones/eyes | Father |
| Chandra | Mind | Blood/breath | Mother |
| Sevaai | Energy/power | Blood/marrow | Brother |
| Butha | Intelligence | Skin | Maternal uncle |
| Guru | Spirituality | Flesh | Sons |
| Sukkiran | Emotions | Creative powers | Spouse |
| Sanee | Death/sorrow | Nerves/disease | long-life |
| Raagu | Wisdom/moksha | Marrow/nerves | Paternal Grandparents |
| Ketu | Wisdom/moksha | Digestive system | Maternal Grandparents |

MATRIX

| | | |
|--------------------|---------|-----------------------------------|
| Surya | Sun | Grants us good health. |
| Chandra | Moon | Gives us fame. |
| Sevaai | Mars | Grants us auspiciousness |
| Butha | Mercury | Gives us intelligence. |
| Guru | Jupiter | Gives us status |
| Sukkiran | Venus | Enriches us with power of speech. |
| Saneesvaran | Saturn | Gives us courage. |
| Raagu | | Helps us destroy our enemies. |
| Ketu | . | Grants us good offspring |



ANCESTRAL INVOCATION PRAYER

My uplifted Ancestors, guides, fierce protectors and skilled healers. Please stand with me [say your name], child of [beloved parents names]. Be with me in this moment, and guide me along my road with a cool head and a clear mind.

I am root of your root, soil of your soil,
bone of your bone, and blood of your
blood.

Not deaf to our sincere cries; nor blind
to our honest placations, keep the gifts
of perfect health, wealth, and
prosperity close so that we may honor
and grow your legacy.

I have not forgotten my commitment to
our lineage, and I vow to never forget.
Thank you.

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ASE



HISTORY OF NAVAGRAHAS

Lord Brahma created several desire beings to assist Him in his creation. They included the seven sages known as Sapta Rishis:

- Mareesi - Atthiri – Aangiras – Birugu – Pulasthiyar - Siruthu - Vashistar

The Grahas (Planets) are descendants of the Sapta Rishis. According to the Puranas the original seven Grahas (Planets) descended from five of the Sapta Rishis as follows:

- Surya and Saneer descended from Mareesi
- Chandra and Butha descended from Atthiri.
- Guru descended from Aangiras.
- Sukkira descended from Birugu.
- Sevaai descended from Vashistar.

The Navagrahas were created by Lord Brahma to control the human race, the original grahas are Surya, Chandra, Sevaai, Butha, Guru, Sukkira and Saneer.

The days of the weeks are named after the seven Grahas.



| <u>DAY</u> <u>(ENGLISH)</u> | <u>DAY (SANSKRIT)</u> | <u>(PLANETS)GRAHA</u> |
|--------------------------------|-----------------------|-----------------------|
| Sunday | Baanuvaaram | Surya |
| Monday | Somavaaram | Chandra |
| Tuesday | Poumavaaram | Sevaai |
| Wednesday | Buthavaaram | Butha |
| Thursday | Guruvaaram | Guru |
| Friday | Sukkiraaram | Sukkira |
| Saturday | Saneevaaram | Sanee |

RAAGU AND KETU

During Vedic times, the Devas and Asuras churned the milky ocean to obtain Amirtham. Lord Vishnu (in the form of mohini) began serving Amirtham to the Devas, son of the Asuran King, named Svarbanu, disguised himself as a Deva and came between Surya and Chandra. Although he was beheaded by Lord Vishnu, he did not die because he consumed the Amirtham. The Asura's body became Ketu and his head became Raagu. Therefore Svarbanu is both Raagu and Ketu. These two therefore add to the seven Navagrahas to become nine.

CHANDRA**SURYA****ASURA**

Body



Ketu

Head



Raagu

The Stars and Planets

Stars = Nakshastras – they glow

Planets = Grahas – they do not glow

SURYA AND THE NAKSHASTRAS

(Stars) radiate their own glow; this light that is emitted consists of seven colours which are described as houses. Surya also known as Sapthasuvam [Sapta – 7] [Suvam – Houses]

Surya and the Nakshastras appear to rise in east and set in the west. Grahas move west, but daily they will move back a little towards the east. The movement of the Grahas has an effect on people and ancient scholars have identified the various types of effects.

Grahasaarum:

The word used to describe the period of difficulty in ones life. [also means the movement of the Graha from one raasi (house) to another astrological house, is never stagnant but continuously changing.]

Western scientists have accepted that Navagrahas affects humans, but Rishis have confirmed, years in memorial, that the movement of the Grahas affects humans.

THE MOVEMENT OF THE NAVAGRAHAS

The astrological houses (12 raasis) are as follows:

| | |
|-------------|------------|
| Aries | Mesham |
| Taurus | Rishabam |
| Gemini | Mithunam |
| Leo | Shimam |
| Virgo | Kannil |
| Libra | Thulam |
| Scorpio | Viruchigam |
| Saggitarius | Dhanus |
| Capricorn | Magaram |
| Aquarius | Khumbam |
| Pisces | Meenam |

Each of the astrological (raasis) houses occupies 30 degrees of space = 360 Degrees

Each of the Navagrahas (planets) crosses these 360 degrees at different speeds.

- Suriya** moves clockwise moves 1 degree per day, 1 month through 1 raasi or 12 months through 12 Raasi.
- Chandra** moves clockwise and takes 2 ¼ days through 1 raasi, 27 days through 12 raasis.
- Sevaai** moves clockwise and takes 1 ½ months through 1 raasi, one month through 12 raasis

| | |
|----------------|--|
| Butha | moves clockwise and takes 1 month, through 1 raasi, 1 year through 12 raasis. |
| Guru | moves clockwise and takes 1 year through 1 raasi, 12 years through 12 raasis. |
| Sukkira | moves clockwise and takes 1 month through 1 raasi, 1 year through 12 raasis. |
| Sanee | moves clockwise and takes 2 ½ years through 1 raasi, 30 years through 12 raasis. |
| Raagu | takes 1 ½ years through 1 raasi, 18 years through 12 raasis. |
| Ketu | takes 1 ½ years through 1 raasi, 18 years through 12 raasis. |

Raagu and Ketu takes 1 ½ years to transit 1 Raasi and 18 years to transit all Raais.

Raagu and Ketu moves in an anti-clockwise direction.

Raagu and Ketu move out of their current Raasis together and are always separated by six raasis or 18 degrees, eg If Raagu is occupying Aries (Mesham raasi) then Ketu will occupy Libra (Thulam.)

Raagu will move into Meenam (Pices) and Ketu will move into Kanni Raasi (Virgo.)

When a Graha transits a raasi in a few days, its effects (good or bad) will last only for a few days.

The same effects occur when Grahas transit, e.g., Sanee 2 ½ years, Guru 1 ½ years. Therefore the good or bad effects of these Grahas will last for similarly long periods, this is why devotees show great interest and concern to the transits of Sanee and Guru.

Astrological predications in the newspapers are based upon the movements of the Grahas through the astrological houses (raasis). The effect of the Graha depends on the raasi (astrological house) it is currently located in the dasa burthis of a person.

The nature of the Graha depends upon i.e whether it is a benefic Graha, malefic Graha or a neutral Graha.

TO REMEDY:

Conduct the remedial pooja for the malefic Graha during its transit in a particular raasi. E.g lord Guru, transits into the 10th raasi and remains there for one year and therefore the effects good or bad will last one year. The remedial pooja, with thought, words, and deeds will last one year for a minimum of eighteen weeks. Conducting major prayer's on the day of the transit of the Grahas will not be beneficial as eighteen weeks of sacrifice. Our Rihis and Nyaanis have established these truths by their logic and intuitive powers, e.g: There is a sloka about the planet Mars (Sevaai) in our Scriptures:

Raktha Varna Raktha Roopam

Raktha Maalyaam Baratharam

Raktha Kanthanu Lobanam (red with a yellow tinge)

Scientist with the aid of satellite photography have confirmed that planet Mars is a red planet. Scientific truth we accept. Religious truth we question.

THE NAVAGRAHAS RESIDE IN OUR BODIES

The Navagrahas exists in the atmosphere and influences our environment, a scientific truth. The Navagrahas also reside outside our bodies and assist our various organs to function. Surya is the beginning or (the breath), Saneer is the end or (the mind). When a child is born, **Surya** enters as the breath,

Chandra enters as the mind,

Butha enters as the brains,

Guru enters as the intelligence (starts education),

Sukkira enters as the child enjoys life,

Sevaai struggles to sustain the joys,

Saneer comes as death.

This is a scriptural truth and not a scientific truth.

God manifests Himself in the universe and within us as Jivathma; if God is within us then the Navagrahas are also within us.



THE FIVE BASIC ELEMENTS (PANCHABOOTHAS),
SKY, AIR, WATER, FIRE, EARTH,

PANCHBOOTHAS
{5 BASIC ELEMENTS}

UNIVERSE BODY

1. Outerspace
2. Atmosphere
3. Fire
4. Water
5. Earth

Sky
Wind
Fire
water
Earth

HUMAN BODY

Above forehead
 Wings
 Stomach
 Kidneys
 Soles

Our ancient scholars have identified the various parts of the body that each Navagraraha influences.

It is on this basis that astrological calculations are made and the effects of the Navagrahas computed, e.g lord Chandra and lord Sevaai symbolize the blood in our body.

When these two Grahas transit the sixth and eight house, the person will suffer from high blood pressure and when these two Grahas are weak, the person will suffer from low blood pressure.

Lord Chandra manipulates our mental capabilities.

If Lord Chandra is weak in one's birth chart then the person's mental capabilities will be correspondingly weak.

Our religion does not consider anything inanimate, we visualize them as living things the Earth is Mother Booma

Devi and Rain is lord Varuna, Wind is lord Vaayu, Fire is lord Agni, Sun is lord Surya.

Our great Rishis were able to keep the five senses under control. Their yogic powers made them travel the universe astrally i.e mentally not physically. They were able to realize many universal truths. Saint Thirumular proclaimed “what exists in the universe also exists in the human body.”

NB: Religious studies are vast and it is impossible to cover all of its aspects. Here again it is in my opinion that some study must be done with respect to:

1. Journey of the Souls

THE NAVAGRAHAS



CHARACTERISTICS OF THE PLANETS

(NAVAGRAHA)

PLANET 1 (Ondru) –SURIYA-THE SUN



GENERAL

- Leader of Navagrahas, powerful, nothing moves without His blessing.
- It is a centre of attraction in the sky.
- People worship the sun, out of all creations in the Pranava Mantra OM, only the Sun is visible and he makes life possible.
- Lord of all auspiciousness.
- The line from the sun mound on our palms is referred to as the “line of luck”
- Saptami Tithi in the month of Tamil Thai when the sun enters Magara Raasi [Capricorn], 10th house, signifies success.
- Incorporates seven colours and operates seven Shakthis.
- Number seven is a spiritual number, seven days in one week [$5 + 2 = 7$], 52 weeks in one year, there are seven spiritual Rishis [Sapta Rishis], there are seven divine mothers [Sapta Mathirs] and there are seven colours.
- Sun provides light to all other planets.

YANTRA OF THE SUN

- Sun is a moola (original) Graha. Earth is a Nalai (stable) Graha.
- Panchaboothas (Five



elements), the sun represents fire. Lord Surya is Lord Agni.

- Lord Suyra was born at the beginning of Varaaha Kalpa out of the eyes of Viraat Pursha.
- Lord Surya appears as Rig Veda at dawn, Yujar Veda at midday and Saama Veda at dusk. The sun is the essence of Gayatri
- Sun represents lord Shiva, Vishnu, and Brahma [Thirumurthi].
- Worship to this planet is called Surya Namaskaram. (Mantra). One Poet Nayuurakavi got his eyesight back by reciting this mantra. It is said in ancient Tamil literature that whoever prays for the sun will have his wishes fulfilled. In the Silappadikaaram (Kannayi was desolute at her husband's cruel murder by the King).

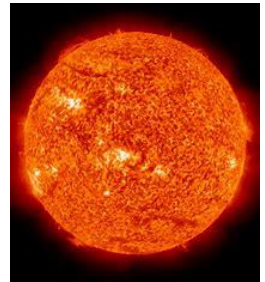
SUMMARY

- Surya represents our soul.
- Grants us fame, skills and speech.
- Gives good relationship to father.
- Governs father's health.
- Governs your relationship with corporate businesses.
- Grants administrative skills.
- Represents Administrators, Judges and Jewellers.

- Influences profits from overseas journeys, medical services.
- One can obtain high office.
- Controls ownership of vehicles.

APPEARANCE

- Red in colour, young round face.
- Holds lotus flower with both hands.
- Wears gold earrings.
- Left half is Mother Prathyushai Devi.
- Right half is Mother Padmini.



PARTS OF BODY GOVERNED BY SURYA

- Right half of the body of male.
Left half of the body of female.
- Controls heart, soul, stomach, bones, blood, skin, eyesight, backbone.

LORD SURYA IN SCIENCE

- Nine planets around the Sun, Earth, Mars, Mercury, Venus, Jupiter, Saturn, Uranus, Neptune, Pluto, Satellites and the moon.
- Emits light.



- Sidereal period – period taken by a Graha to orbit the sun.
- The sun's light is colourless.
- Rays provides us with vitamins.
- Ultra Violet and infrared rays.

VEHICLE OF LORD SURYA

- One chariot and seven horses.

LORD SURYA IN ASTROLOGY

- Direction is East.
- Well placed chart will ensure success.
- Those under the influence of Surya will opt for violence to resolve disputes.
- Sun's Athidevathai (master) is lord Agni.
- Sun is a male Graha, when well placed in male's astrological chart, he will excel in masculine activities and this applies to females as well.
- The sun's house is Leo (Shimmam).
- The Sun will be exalted in Aries and debilitated in Libra.
- Taurus, Capricorn and Pisces are its adversaries.
- Its friends are Chandra, Sevaai and Guru.
- It influences both the houses it occupies and the seventh house from the house it occupies.

LORD SURYA'S SPHERES OF INFLUENCE

Has influence over Father, soul, left eye, migraine, marrow, speech, skills, heat, panchaloga [Au, Ag, Co, Sn, Pb], wheat, milk, pepper, daytime and good morals.

DISEASE CAUSED WHEN SURYA IS WEAK

Weak nerves, bone fracture, fever, chicken pox and eye diseases.

EYE DISEASES

When lord Surya is the lord of the sixth house (Virgo) while second and twelve houses are occupied malefic Grahas, person will suffer with eye disease at an early age.

THE YANTRA TO PROPRIATE THE SUN GOD

The sun yantra is efficacious and fruitful as the Sun Mantras. A devotee should install an idol or image of the Sun-God in front of him. The he should sit in front of the Sun Yantra. It should be worshipped with burning insense, lighted lamps and flowers while the Mantras are being sung.

The Mantras of the Sun-God get fruitified easlily and speedily by the auspicious effect of the Sun Yantra, like the Mantras of the Sun-God. The Sun Yantra is also conductive to wealth, knowledge, fortune and salvation.



SURIYA YANTRA _____

SURIYA YANTRA _____



Meenakshi Sundareswara
Thirukalynam



Thirukkural: God's praise who tell, are free from right and wrong, the twins of dreaming night



PLANET 2 – (Inanndu) CHANDRA

THE MOON



General:

- The moon brightens up the earth at night.
- Cools the earth at night.
- Moon waxes and wanes.
- Moon controls our mind.
- Reflection of the Sun.
- Auspicious to see the third phase of the Moon.
- Inauspicious to see the forth phase of the Moon.

- Those who see a thousand times the third phase celebrate “Satha-abishegam”.

SUMMARY:

- Moon is queen of the Navagrahas.
- Moon creates generous and charitable persons.
- Travel, tourism, ornaments, joyful occasions, flourish due to blessings of the Moon.
- Moon also represents milk and milk products.



APPEARANCE:

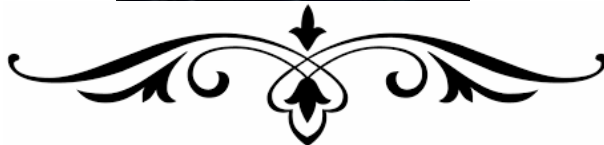
- White in colour, middle aged, round head with a smile.
- Holds a blue water Lilly in two hands and rules twenty-seven Nakshatras (Stars).
- Has two consorts, Shaktis and Leela.

GOVERNS PARTS OF BODY

Chest, right eye of ladies, left eye of men, throat, veins, kidney's, water of the body, mind, flow of blood, brains, lung and stomach.

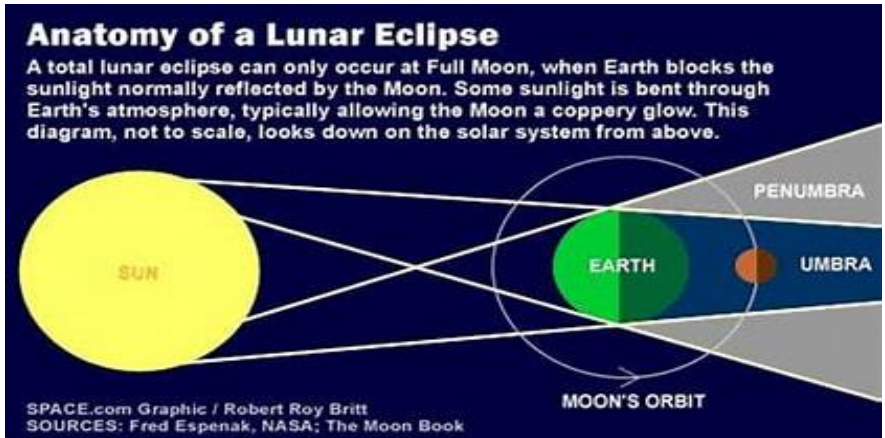
SCIENCE OF LORD CHANDRA

- Lord Chandra is one of thirty- six satellites, but orbits the earth.
- Moon is three hundred and eighty-four thousand kilometers away from Earth.
- Takes 27.322 days to orbit the Earth.
- Mass 0.0123 parts of the earths mass.
- Diameter is 3.476 kilometers per second.



ECLIPSE OF THE MOON

When the Earth's shadow falls on the Moon whilst it orbits the earth.



AMMAVASAI SUN - MOON - EARTH

Eclipse of the Sun occurs during the new Moon, when the Moon is between the Sun and the Earth during new Moon.

POURNAMI MOON - EARTH - SUN

Eclipse of the new Moon, when the Earth is located between the Moon and the Sun, during full Moon.

LORD CHANDRA IN ASTROLOGY

Strength of the moon determines the strength of the person. (Both physical and mental)

- The balance of ones doshas is calculated based on the Nakshatras transited by the moon.
 - Marriage compatibility is calculated based upon the moons position.
 - Appropriate times for the commencement of certain events are calculated based on the moon.
 - The moon is the hub of spirituality (Arul) that is necessary for the Grahas to assist man.
 - The moon is deemed as a female Graha.
 - Moon's direction is North West.
-
- In one's birth chart, when the moon is located in the 4th house from the lagna, this is indicative of a strong personality.
 - A weak moon will cause all types of inauspiciousness.

SPHERES OF INFLUENCE

- Moon is maternal.
- Governs relationships with mothers, their health and maternal relatives.
- Moon rules over intelligence, fixed assets, maturity, wealth emotions, travels, respect and sleep, ownership of vehicles.

- Moon is also a bodily Graha, influences coldness, types of white garments, perfumes, banana trees, salt, silver, milk, curd, butter, rice, lentils, sarees, horses and fish.

DISEASES CAUSED WHEN LORD CHANDRA IS WEAK

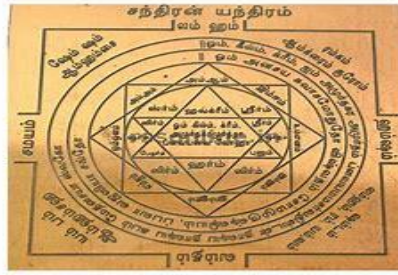
When not well placed in ones birth chart, the person is liable to suffer from lung disease i.e, colds, sinuses, asthma, TB, diseases of the skin, irregular menses and mental disorders, anemia, right eye problems, blood disorders, breast cancer, impotency and sore throat.

THE CHANDRA YANTRA

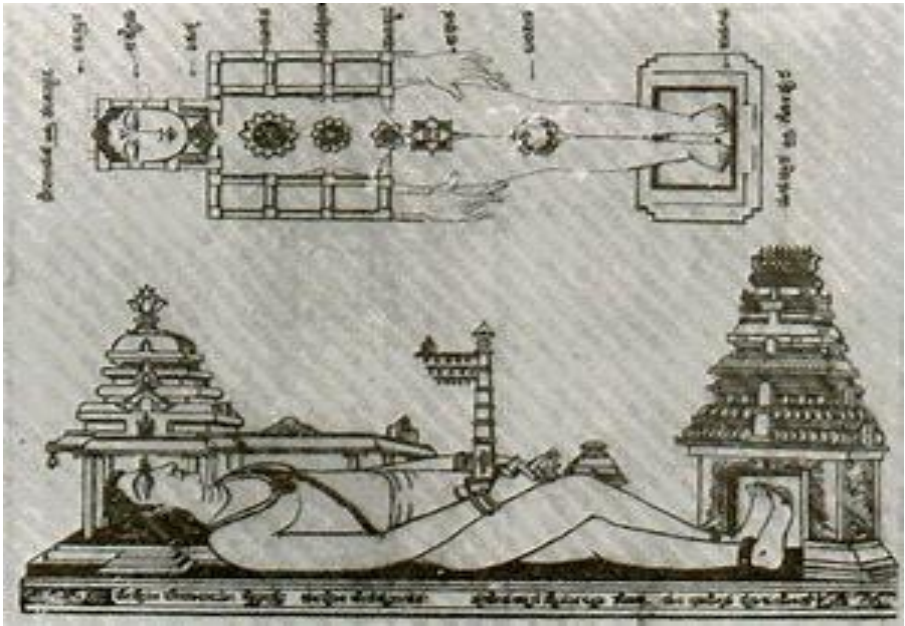
The moon Yantra is as beneficial and efficacious as the moon mantra. It has the capacity to fulfil all the desires of the devotee. If the moon is ill-placed in the horoscope of a person, he should worship Lord Shiva or Bhairava. He should also get the moon Yantra inscribed on a sheet of silver or it should be described on a Bhijapatra in milk saffron before it is possessed.



The devotee who adopts the moon yantra is relieved of all his distress and all his desires get fulfilled. The moon god should be adored and worshipped with the great devotion before this Yantra is adopted.



CHANDRA YANTRA



TEMPLE DESIGN TO THE BODY

THIRUKURRAL : They prosper long who walk His way Who has senses signed away.



PLANET 3 (Mondru) SEVVAAI

MARS



GENERAL:

- Grants us the courage.
- If you have a younger brother, he will help you realize your dreams.
- He is also known as Anggaaran (fire).

SUMMARY:

- Enlightens us about our siblings.
- Signifies brotherhood and gives us healthy bodies.
- One can enjoy ownership of Luxurious homes.
- Bestows education to become a professional.
- Gives skills in cooking.



- Confers marriage and a good life for women.
- Signifies artisans, researchers, sculptures and blood research.

APPEARANCE:

- Red body, red eyes and red hair or crimson.
- Holds a mace and a shield in his hands.
- Wears a sacred thread, a garland and anklets.

GOVERNS PARTS OF THE BODY

Blood, bone marrow, neck, hands, mouth, red blood cells, veins, generative organs of women, the heart and the digestive system.

SCIENCE OF LORD SEVVAAI:

- Fourth planet in the solar system.
- Orbits the sun every 687 days
- Its mass is 0.11 that of the Earth.
- Its diameter is 6.800 kilometers.
- Resolves on its own axis, once every 24.6 hours.
- Reflects 15% of the Suns rays.
- Mars has its own satellite, Demos and Phobas.



OTHER NAMES:

- Mangalakaran, Bumikaram, Sagatharakaran, Kaamaathipathi, and Anggaarakan.

- Lord Vinaayagga first appeared before Anggaarakan on a Tuesday, therefore he is known as Sevaai and Mangalan. Note that if the forth Tithi (chathurthi) during the waning Moon (the pirai) falls on a Tuesday, the day is celebrated as Sangadahara Chaithurthi.

LORD SEVVAAI IN ASTROLOGY:

- Lord Sevaai spends 1 ½ years in each raasi, it takes 18 years through 12 raasi.
- When lord Sevaai is well placed in a persons chart, that person successful will be a property owner [also when supported by lord Guru].
- When associated with other benefic Grahas, will bestow auspiciousness, bless one with good brothers, successful careers, will overcome your enemies.
- When lord Sevaai is weak in ones chart, the person will face all obstacles including problems with brothers.

THE INFLUENCE OF LORD SEVVAAI:

- Governs physical and mental strength.
- Persons enjoying the grace of lord Sevaai will be disciplined, charitable and become leaders.
- Governs bone marrow, anger, gold and copper.

DISEASE CAUSED WHEN SEVVAAI IS WEAK

Can suffer from disease of blood, mental disturbances, cancers, eye disease, high blood pressure, fractures ulcers and premature births.

THE MARS YANTRA

Lord Mars brings about the welfare of his Devotees. But if Mars is ill-placed in the Horoscope of a person, he should possess the Mars Yantra after worshipping Lord Mars. It is conducive to have favourable effects. The Mars Yantra should be written on a Bhojpatra in Red vermilion or it should be carved on a copper Plate. The Mars Yantra confers speedy benefits. The devotees are gifted with prosperity and are rid of all sufferings and debts by virtue of Its efficacy. He who wears his Yantra enjoys the blessings of both Lord Mars and Hanuman.

| | | |
|---|----|----|
| 8 | 3 | 10 |
| 9 | 7 | 5 |
| 4 | 11 | 6 |



**THIRUKURRAL: ANGER IS BAD IN FRONT OF THE POWERFUL.
WORSE IT IS BEFORE THE FEEBLE**



MERCURY

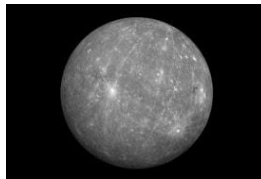


GENERAL:

- He is the king of intelligence and the father of education.
- Son of Lord Chandra [when the mind prays to lord Chandra, the heart will be pure and untainted], when the mind is weak the opposite happens.
- Butha promotes positive and negative tendencies.
- Seat of lord Burtha is shaped like a bow.
- Represents the statues of your maternal uncle, education, peace of mind, rewards.
- Enables plants to convert the sun's rays into chlorophyll.
- Lord Butha loves offerings of green peas.

APPEARANCE:

- Yellow or gold in colour, wears yellow clothes and a garland of yellow flowers, has four hands. In one hand he holds a knife and a book in the other.
- Rides a lion.
- He is the son of Lord Chandra and Rohini.
- Located on the North East of Surya.



GOVERNS:

Brains, tongue, hands and skin.

IN SCIENCE:

- Mercury is the nearest to the sun, [50 million kilometers].
- Earth is 149 million kilometers from the sun.
- Mercury is the smallest planet.
- Orbits the sun every 88 days and faces the sun.
- Diameter is 4.880 kilometers.
- Reflects only 6 % of sunlight.
- Takes 59 days to revolve on it's own axis.

LORD BUTHA IN ASTROLOGY:

- It is a neutral Graha, when well placed, people will excel in Mathematics.
- When lord Butha and lord Saneer are together or when lord Saneer's gaze falls on lord Butha, friends will ruin your life.
- If lord Butha and Saneer [lord of 10th house, Gemini], is in Virgo, the person will attain great fame i.e writer, editor or publisher.
- Lord Butha is a benefic Graha, (when associated with other specific Grahas) or gazed on by other such Grahas.
- If lord Butha associates with malefic Grahas then he becomes malefic.

- To prevent Butha dosha [propriate lord Vishnu].

SPHERES OF INFLUENCE:

- Education, mathematics, medical knowledge and logic.
- Promotes arts and culture and good speeches.
- Governs the veins and nerves.
- He is the lord of green peas, emeralds.
- He rules out our relationship with maternal uncle.



DISEASES CAUSED BY A WEAK BUTHA:

Nervous breakdowns, poisoning, digestive disorders, mouth sores and deafness.

THE YANTRA OF MERCURY

If a devotee is not in a position to chant the Mercury Mantras, he should ensure the Mercury Yantras to be installed in front of our Lord

Mercury's idol. This Yantra should be worshipped properly and regularly. It is as effective and efficacious as the Mantras.

It fulfills all the desires of the devotees by worshipping the Mercury Yantra.

The Mercury Yantra should be drawn on a Bhojapatra in green marks. The auspicious day for this Yantra to be adopted is Wednesday itself. Before it is adopted, Lord Mercury must be adored and worshipped with great devotion.

| | | |
|----|----|----|
| 9 | 4 | 11 |
| 10 | 8 | 6 |
| 5 | 12 | 7 |



**THIRUKURRAL: "A" is the beginning of all alphabets
God is the Origin of the Universe**



PLANET – 5(Aindhu) GURU JUPITER

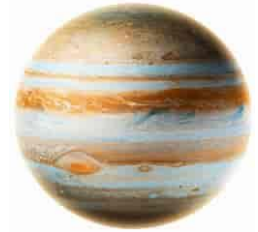


GENERAL:

- Known as Brihaspati and is the Guru of the Devas.
- With his grace even a fool can become intelligent.
- He is also an advisor to the Devas.
- He bestows knowledge in the world and is the source of spiritual knowledge.
- Offer him Kadalai, (the nose) of the Kadalai indicates that the Guru is within us.

APPEARANCE:

- Giant Graha and is north of the sun
- Yellow or gold in colour.
- Carries a mace in his right hand and a water jug in his left hand.
- Wears a Rudraksha Maala (Of Shiva).



GOVERNS PARTS OF THE BODY

Ruler of the brain, liver, liver and ribs.

IN SCIENCE:

- Largest planet, mass is 318 times of the Earth.
- Jupiter is 778 million kilometers away from the sun.
- Takes 10 hours to revolve on its own axis, and the earth takes 24 hours.
- Possesses 14 satellites.
- He is the son of Sage Anggiras [one of the Sapta Rishis]

IN ASTROLOGY:

- Governs, wealth, intelligence, friendship with the elite, spiritual knowledge and devotion to God.
- If ones Guru Dasa occur in youth, that person will excel in his studies.

- If ones Guru Dasa occurs in middle age then that person will enjoy life.
- If ones Guru Dasa occur in old age, then they will enjoy a peaceful life with their dear ones.
- Guru takes 1 year to move from 1 raasi to another, therefore takes 12 years through all the astrological houses, this movement is called “Guru Peyarachi”
- When Guru is strong the person will have high morals, good and religious children.
- When Guru is weak, the person will have negative characteristics; can be overcome by propitiating lord Daxina Moorthy on Thursdays.

SPHERES OF INFLUENCE:

- Governs spiritual knowledge and divine wisdom.
- He is the patron of devotees of God.
- Bestows physical strength and mental health.
- Creates rulers of nations, allow you to associate with good people.
- Represents Vaidirium [Lapis Lazuli], honey, kadalai and cumin seeds.



DISEASES WHEN THE GURU IS WEAK:

Obesity, diabetes, liver disorders, cancer, paralysis and disorders of other private parts.

THE GURU YANTRA

The Jupiter Yantra is as effective and efficacious as the Jupiter Mantras. It is beneficial to the devotee in whose horoscope Jupiter is ill-placed.

It is readily effective if it is inscribed on a Bhojpatra in turmeric or inscribed on a golden sheet.

The worship of Lord Jupiter is essential prior to the possession of his Yantra. It becomes more useful and fruitful if it is possessed while chanting the Jupiter Mantras. The devotee who happens to possess it is relieved of all his troubles, tribulations and poverty.



**Thirukkural: Listening is the wealth of wealth.
It is the Crown of all Wealth**



PLANET 6 (Aaru)SUKKIRAN

VENUS



GENERAL:

- Lord Sukkiran bestows marital bliss.
- Patron of love [Goddess of love], bestows charm and attractiveness.
- Creates the atmosphere for intimate relationships.
- Responsible for a person becoming a Sanyaasi.
- Lord Sukkiran is the Guru of the Asuras, but does not possess any Asuric qualities.
- Sunrise can only be seen after the breaking of dawn. That represents lord Sukkiran.
- Lord Sukkiran assists us to overcome negative tendencies.
- He provides economic resources.
- To propitiate him, make offerings of Mocchai Kottai and gaze at Sukkiran early in the morning.

APPEARANCE:

- White in colour wears white clothes and a white garland.
- Holds a mace, water pot and a Jabamala.
- He is one eyed.

GOVERNS PARTS OF THE BODY:

Eyes, generative organs, limbs of the body, the womb, production of sperm and ova, blood vessels and veins.

IN SCIENCE:

- Orbits the sun every 225 days.

- It is 225 million kilometers away from the sun.
- Reflects 76% of sunlight.
- Takes 242.6 days to revolve on its own axis.
- Venus has no satellites.
- It orbits between the Sun and Earth.
- Appears as a bright light in the east immediately before the sun rises.
- Sun, Venus and Mercury are friends and never separated more than 90%.
- Lord Sukkiran represents water.

ASTROLOGY:

- Lord Sukkiran is a benefic Graha.
- Bestows all auspicious benefits.
- When well placed in your chart, the person will reach great heights.
- Causes friendship with women, bestows materialism.
- Causes unmarried people to marry for life.
- The lord of the Earth is lord Sevaai who's 1st Lagna is Mesham [Aries], Thulam [Libra] is the 7th after Aries.
- The lord of Thulam is lord Sukkiran, who is the source of all sexuality on Earth.
- If lord Sanee gazes on lord Sukkiran, then there will be no marital bliss.
- If lord Sukkiran and lord Guru occupies the 8th house (the house of marriage) then that person will not enjoy martial bliss.

- If lord Sukkiran associates with malefic Graha (in a persons birth chart) that person will face obstacles in marriage.
- Lord Sukkiran occupies each house for 1 month.
- To avoid problems during Sukkira Dasa propriate Maha Lakshmi on Fridays.

SPHERES OF INFLUENCE:

- Enables us to enjoy luxuries, e.g vehicles, perfumes, homes and clothes (white).
- Gives us marital bliss, dance and poetry.
- Represents mocshai and diamond.
- If Sukkira Dasa occurs in the youth of a girl, she will lead a bright life, if it occurs in the youth of a man, he will enjoy luxuries and auspicious.

DISEASES CAUSED BY WEAK SUKKIRAN:

Poor eye sight, sexually transmitted diseases, kidney disorders, diabetes, hernias, and skin diseases.

THE VENUS YANTRA

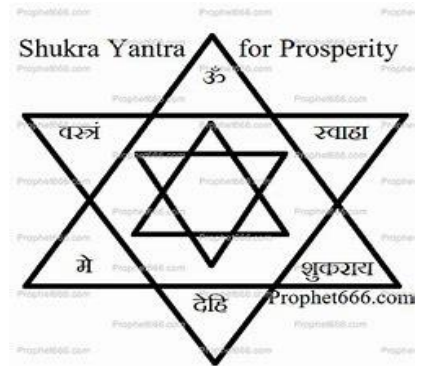
The Venus Yantra as effective as Venus Mantras. The devotee who is not in position to chant the Mantra can get the same effect by worshipping this Yantra. It is also called Teesa-Yantra as the sum of digits from every side is equal to thirty.

If planet Venus is ill-placed, the Teesa-Yantra should be inscribed on a silver plate and it should be placed in the prayer room.

The Venus Yantra destroys all the distresses of the devotees and fulfils all his cherished desires.

A regular worship of this Yantra bestows all worldly pleasures on the devotee by virtue of his devotion.

| | | |
|----|----|----|
| 11 | 6 | 13 |
| 12 | 10 | 8 |
| 7 | 14 | 9 |



Thirukkural : The sea of births they swim alone who clench his feet and cleave to him.



PLANET 7 (Eazhu)SANE

SATURN



GENERAL:

- Lord Saneer is the son of Lord Surya and is the brother of Lord Yama, his mother is Chaya Devi.
- Grants long-life, and has dishonest ways.

**MATERIALS FOR HIS WORSHIP:**

- Karungakuvalai (water lily) flower.
- Sesame seeds.
- Vanni (*Prosopis spicigera*) leaves.
- Incense of Karungaali (*Acacia Sunda*) black ebony wood.
- Offer sesame seeds.

APPEARANCE:

- Lord Saneer is black in colour, has four hands and is lame.
- He is short and has a crow as his vehicle.
- He carries a knife, a trident and a bow.
- Wears blue coloured ornaments.

GOVERNS PARTS OF THE BODY.

Hair, teeth, nerves, skin, and the wrist.

IN SCIENCE:

- Planet Saturn is 1.246 million kilometers from the Sun, almost ten times the distance between the Sun and Earth.
- Takes 29.5 years to orbit the Sun.
- Reflects 50% of sunlight and revolves on its own axis once every 10.6 hours.
- Has 12 Satellites.
- Its diameter is 118, 560 kilometers.
- Mean temperature is 118 degrees, and made up of hydrogen, methane and ammonium.

Note: that in addition to all the planets mentioned, there are three other planets,

i.e **Uranus**– (Lord Indra), **Neptune** – (lord Varuna) – **Pluto** (Lord Yama).

The planet Saturn is located where Surya (brightness) meets Chaaya Devi (darkness). The Sun's rays only reach the surface of this planet.

LORD SHANEE IN ASTROLOGY:

- He is also known as “Kalipurusan”
- He attained the status of a Graha because lord Shiva

granted him the status; therefore he is called 'Eeswaran."

- Malefic Graha shows his powers in the houses he gazes upon rather than transiting.
- Other names: Kaathru (wind) Graha, Bumi Nilai (earthly) Graha, Raviputra (Son of Ravi-sun) Nondi (Lame), Mudavan (lame), Jadaathan, Mantha (Dull)
- Lord Saneer and Lord Surya are lifelong enemies.
- Lord Saneer affects everybody negatively but is very generous to those that propitiate him.
- Represents Lord Sankaranaraayanan.
- Lord Saneer and Lord Magaram (Capricorn) is in Navamsa with Kumba (Pisces), then they will be successful, magnates in iron, printing and bicycle industry.

LORD SANEER'S GAZES:



- He will cast his gaze upon the 3rd, 7th and 10th houses from where he is transiting.
- If he gazes on the house of children, then there will be no children.
- If he gazes on the house of marriage then there will be a delay in marriage.

- Saneer Dasa lasts for 19 years. If Saneer Dasa is the 4th Dasa, death will occur. If Saneer was exalted at the time of birth then death will not occur.
- Lord Saneer is not male or female.

7 ½ YEARS OF LORD SANEER:

- The 7 ½ years of Lord Saneer begins when Lord Saneer transits the 12th house from the house occupied by Lord Chandra.
- Lord Saneer occupies each house for 2 ½ years.
- When lord Saneer occupies the 12th, 1st, or 2nd house in a persons
- birth chart [3 x 2 ½ years = 7 ½ years.] This can be a very difficult period, life threatening diseases or financial constraints.
- Lord Saneer takes 30 years to transit all 12 houses, thus his benefits will be long lasting.

SPHERES OF INFLUENCE:

Long life, steel, oil, black cereals, all things black, blue sapphire, black peas, mustard seeds and sesame seeds.

WHEN LORD SANEER IS WEAK:

Persons will suffer from physical handicaps, mental disorders and poverty.

THE SATURN YANTRA

Just as the Saturn Mantras destroy all the distresses of the devotees, similarly the Saturn Yantra invites the grace of Lord Saturn. It is as efficacious as the Saturn Mantras. The merit which is acquired by chanting the Saturn Mantras twenty three thousand times is easily obtained by a mere possession of the Saturn Mantra.

The Saturn Mantra should be engraved on an iron sheet. Prior to its possession it should be made sacred by chanting the Saturn Mantras. He who possess it is relieved of the evil impact of Saturn for seven and a half years.

| | | |
|----|----|----|
| 12 | 7 | 14 |
| 13 | 11 | 9 |
| 8 | 15 | 10 |



THIRUKKURAL: What does he gain by resorting to ascetic life. When he leads a virtuos family life?



Planet 8 (Ettu)

Raaghu



GENERAL:

- Lord Raaghu can elevate you or degrade you in seconds.
He shares all the characteristics of lord Saneer.
- He blesses widows with joyful lives and enables one to display their abilities.
- He is pleased with offerings of unbroken black peas.

APPEARANCE:

- Body of a snake and head of a deva.
- Four hands that carry a sword and a shield.
- Wears blue or black clothes.
- His vehicle is a ram.
- He is the king of the Asuras and interferes with everybody.

SPHERE OF INFLUENCE:

- Lord of paternal relatives, sorrow, gambling, theft, skin disease, dogs, birds, frauds, vehicles, dislike for religion and causes disgrace.
- Lord Raagu promotes harsh words, unpleasant activities, unpleasant friends and black magic.

WHEN RAAGU IS WEAK:

Coughs, intestinal disorders, boils and stomach ulcers.

RAAGU KAALAM:

Lord Raagu has no Hora strength.

Daily there is a period of time known as Raagu Kaalam, this time is not suitable for auspiciousness. Based on our local time, Raagu kaalam falls on the various days, these

times are calculated based on the sunrise over Gauteng.

| | |
|-----------|----------------|
| Sunday | 16:30 to 18:00 |
| Monday | 07:30 to 09:00 |
| Tuesday | 15:00 to 16:30 |
| Wednesday | 12:00 to 13:30 |
| Thursday | 13:30 to 15:00 |
| Friday | 10:30 to 12:30 |
| Saturday | 9:30 to 10:30 |

Both Raagu Kaalam and Yamakandan last for a period of 1 ½ hours each daily.

Note that those who are born during Lord Raagu's Nakshatras i.e Thiruvaathrai, Sadayam and Swaathi will not be affected by Raagu – Kaalam.

Auspiciousness events can occur when lord Raagu occupies the 1st, 3rd, 5th, 9th, 10th, and 11th house after the persons birth lagna or when lord Raagu occupies the following houses: Aries, Taurus, cancer, Virgo and Capricorn.

Those born in Scorpio raasi or Scorpio Lagna will have no problems.

KULIGAN:

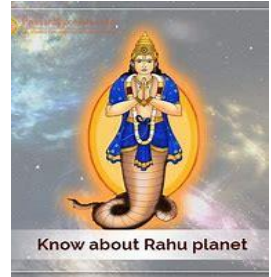
| | |
|-----------|----------------|
| Sunday | 15:00 to 16:30 |
| Monday | 13:30 to 15:00 |
| Tuesday | 12:00 to 13:30 |
| Wednesday | 10:30 to 12:00 |

| | |
|----------|----------------|
| Thursday | 09:00 to 10:30 |
| Friday | 07:30 to 09:00 |
| Saturday | 06:00 to 07:30 |

YAMAKANDAM:

Occurs daily, the times are calculated on the time of sunrise at 6:59 am in Gauteng.

| | |
|-----------|----------------|
| Sunday | 12:00 to 13:30 |
| Monday | 10:30 to 12:00 |
| Tuesday | 09:00 to 10:30 |
| Wednesday | 07:30 to 09:00 |
| Thursday | 06:30 to 07:30 |
| Friday | 15:00 to 16:30 |
| Saturday | 13:30 to 15:00 |



INSITE ON LORD RAAGU:

- Retrogrades, moves anti-clockwise direction.
- He does not experience Vakkaram or Ashtangam
- He is the Lord of sourness and maleness.
- He is tall and represents foreign language.
- Lord Raagu is exalted in Scorpio and debilitated in Taurus.
- Lord Raagu is friends
 - with Lord Butha (Mercury)
 - with Lord Sukkiran (Venus)
 - with Lord Saneer (Saturn)

Lord Raagu is the enemy of Lord Surya and Lord Chandra. With his grace one will travel extensively, be honoured by foreigners and succeed in their careers.

FAILING MARRIAGES:

If the 7th house after the Lagna is occupied by Lord Raagu, Lord Saneer and Sevaai will result in that person becoming single.

PUTRA {CHILDRENS DOSHA}

In the 5th house, that is the (House of Children), is accompanied by Lord Raagu, then that person will face delays in having children.

If Lord Saneer is associated with Lord Raagu in the 5th house, then the problems will be compounded.

In addition during Saneer Dasa or Raagu Dasa one is liable to lose his or her children or face problems or difficulties on account of them.

If proper remedial prayers are conducted the problems will ease.

RAAGHU YANTRA

Along with the chanting of the Raaghu Mantras, this Yantra should also be worn in order to make his glance more auspicious and beneficial.

The Raaghu Yantra must be purified by worshipping Raaghu before wearing it.

| | | |
|----|----|----|
| 13 | 8 | 15 |
| 14 | 12 | 10 |
| 9 | 16 | 11 |



Thirukkural : The rain begats the food we eat ; And forms a food and drink concrete



PLANET 9 - (Onbadhu)

KETU



GENERAL:

- Promotes spirituality and shares all characteristics of lord Sevaai.
- His preferal cereal is “Horse Gram” [Kollu]
- Head of a snake, body of a Deva (Opposite to Raaghu).
- He is multi-coloured wearing garlands of many sweet smelling flowers.
- His vehicle is a pigeon and has a lean body.
- Has two hands, holds a mace in the right hand

and displays the Varatha sign in his left hand.

- He dislikes Lord Suraya and Lord Chandra.

SPHERE OF INFLUENCE:

- Lord of divinity, spirituality, god realization, black magic, high fevers, good relationship with workers, multicoloured birds, doctors and maternal grandfathers.
- He is the Lord of immoral and illegal activities, mortal sins with prostitution, magic spells and charms.

WEAKNESS OF LORD KETU:

The person will suffer from blood deficiencies, sores, deafness and dumbness.

INSITE ON LORD KETU:

- Known as Sempaambu (red snake) and is a neutral Graha.
- Exalted in Scorpio and debilitated in Taurus.
- Retrograde i.e moves in an anticlockwise direction.
- When Lord Ketu is well – placed in the Birth Chart, Person will enjoy luxurious now and hereafter.
- When he is in Kendra, it is auspicious. When he is in 1st, 4th, 7th, 10th house from the Lagna, he will grant beneficial results.

The results will be more pronounced during Ketu Dosa and Ketu Buthi

THE KETU YANTRA

If the Ketu Mantras are chanted after wearing the Ketu Yantra, they become more efficacious and fulfil all desires. A Ketu Yantra is placed at the position of Ketu.



| | | |
|----|----|----|
| 14 | 9 | 16 |
| 15 | 13 | 11 |
| 10 | 17 | 12 |



Thirukkural : Let clouds their visit stay, and death ,
Distresses all the sea-girt earth.



RAAGU AND KETU (SHADOWY PLANETS)



RAAGU

KETU

IN SCIENCE

- They do not physically exist in the sky.
- Chandra lagna is used as the birth lagna in calculating a person's astrological future.
- The moon takes 1 month to orbit the earth, then the Moon is between the Sun and the Earth (Amma Vasai).
- The Moon orbits the Earth, the same direction as the Earth orbits the Sun, they are 5 degrees away.
- The point where the paths of the Sun and Moon meet in the North in Raagu and the point where they meet in the South is Ketu.
- Lord Raagu and Ketu do not have any houses of their own.

IN THE PURANAS:

- After the Amirtham was churned from the ocean, Vishnu took the form of Mohini and distributed the Amirtham to the Devas.
- An Asuran disguised himself as a Deva and consumed the Amirtham and became immortal.
- When informed of this matter by Surya and Chandra, Mohini beheaded the Asuran, and His head became Lord Raagu and the Body became Ketu.
- Due to the fasts they observed, they attained the status of the Grahas (Planets)

IN THE VEDAS:

- Lord Vishnu blessed both lord Raagu & Ketu to be the Graha of the moksha [God realization].
- Lord Vishnu [upset by the betrayal of lord Surya and lord Chandra] allowed them to lose their powers during eclipses.
- To appease lord Raagu worship Mother Durga.
- To appease lord Ketu worship lord Vinaayaga.

IN ASTROLOGY

- Lord Raagu is equal to lord Sanees.
- Sanees Dosha is 9 years.
- Raagu Dosha is 18 years Lord Raagu shares all Lord Sanees malefic characteristics.

- Lord Ketu is similar to lord Sevvaai (shares all the evil tendencies). Ketu Dosh is 7 years.
- Lord Raagu and Ketu are powerful in any house they occupy.
- When lord Raagu & lord Ketu occupy any house transits the 1st 4th 7th or 10th Houses, the person will enjoy Raajayoga. [best fortune].
- In the book of Dr. K. N. Saraswathy “The Sun”, they quote the colours of the planets and clothing as follows:

| | |
|---------|-------------|
| Sun | brown |
| Moon | white |
| Mars | crimson |
| Mercury | gold |
| Jupiter | gold |
| Venus | white/cream |
| Raaghu | black |
| Saturn | black |
| Ketu | dark blue |

NB: There is no Ketu Hora or Ashtavarga



3 TYPES OF DIFFICULTIES

The difficulties that we undergo this life, is as a result of our Karma of our previous life are 3 types.

- Type 1: Caused by Thiruda Karma known as Asaatthiyam. Difficulties we must undergo are due to sins knowingly committed in past life.
- Type 2: Caused by Mathya Karma known as Kashtasaathyam.
- Type 3: Caused by Svalba Karma known as Sulabasaatthiyam. The effects of type 111 cannot only be reduced but totally eradicated in this lifetime: It represents the unexperienced effects of sins committed unknowingly in our previous life. Can be eradicated by our prayers, navagraha poojas, donating cereals and clothing.

N.B

1. We are not blessed with knowing the issues of the past.
2. In this life when we worship the Navagrahas we harness our mind, speech, and our bodies in the worship of the Navagrahas and its Athidevathai through Meditation, Jaba [recitation of Mantras], Pooja, Archanai, Circumbulation, Offerings, Remedial Havan. Perform poojas with your mind, your language and your body and you will receive the desired results.

How to worship with the mind, speech & body.

- MIND** Think of God
 Worship the relevant Navagrahas.
 Plead with sincerity.
 Meditate on the relevant Navagrahas.
 Purify and prepare your mind be single minded.
- SPEECH:** Recite the Navagaraha Mantras, sing hymns of
 God. Recite the Namahas and perform
 Archanai.
- BODY:** Circumambulate the Navagrahas. Physically
 worship God, observe fast on designated days.
 Reduce your needs.
 Observe vegetarianism on designated days and
 make gifts and offerings.

The Power of the Mantras

1. Mantra means “that which protects the reciter” and has always held an honoured place in the worship of God.
2. Mantra means to connect Man & God realized by sages and saints while in deep meditation & bequeathed to us.
3. Mantras are neither written words nor heard sounds.

Two Types:

1. Pirayoga Mantra – used for a specific purpose or during a specified time [i.e in the worship of the navagraha].
2. Jaba Mantras – recited without expecting a reward, done for the love of God, although you will still be rewarded.



GIFTS

1. GIFT OF CEREALS:

Each Navagraha is fond of a particular cereal and on a specific day. Therefore, your prayers should include gifts of the relevant cereals They will certainly produce results.

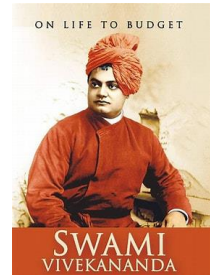
2. ANNADHAANAM – GIFT OF FOOD:

Other than the gift of cereals there are 16 types of gifts. The greatest of all is Annadhanum means offering of food to the needy. Entertaining relatives and friends is not considered Annadhaanam.

3. KALVI DHAANAM GIFT OF EDUCATION OR

4. NYAANA DHANAM – Gift of Spirituality.

Donate educational material; to the poor & needy on auspicious days, also donate clothes or assist people to sponsor their Weddings. By these deeds not only you will be blessed, but also your children and future generations will reap the benefits of your charitable act. When you perform these acts with humility and sincerity, all your Navagraha afflictions will be eradicated and you will enjoy a peaceful and prosperous life.



Swami Vivekananda reflects on the topic of gifts as follows :

“The acts of charity that you perform with sincerity will be returned to you a thousand fold”.

Please bear in mind when you perform pooja to God and remedial pooja for the Navagrahas. Perform charity whenever the opportunity arises. Such acts of charity are important to attain the Grace of God and the patronage of the Navagrahas. Don't ever forget this!

NAVAGARAHHA DOSHAS (Afflictions):

Definition:

Dosha or affliction means a handicap or blemish. It is like an imperfection of the natural state of a material such as unnatural blemishes are called Dosha in Astrology.

1. The defects in our lives that are beyond our senses are called Doshas.
2. It is said that the Navagrahas are millions of miles away from earth, so how can Doshas created by them affect us. It was stated in earlier chapters that the Navagrahas are within our bodies.
3. The Doshas or afflictions are treated by fasting, performing poojas, and conducting Havans.
4. The Doshas or the problems we suffer are the effects of our Karma in this life or previous life.
5. This is a fact demonstrated in the Sastra Doshas (Afflictions) are true eg:

| | | | |
|---------------|------------------|---------------------|---|
| 11 | 12 | L 1 | 2 |
| Raaghu 10 | Raasi House | | 3 |
| 9 | | | 4 |
| Sukkiran 8 | Buthan Guru 7 | Suriya Sevvaai 6 | 5 |

A. Notes

- Birth Chart of 36 year old person.
- Raagu & Kethu are 180 degrees apart.
- All other Grahas are located between them.
- This person is suffering with Dosha is suffering from Kalasarpa Dosha.

B. EFFECTS

- His talents will not benefit but others will benefit.
- Any project or Business in his name will fail.

- His life will be normalized at the age of 35/36

C. ACTIONS

- This person was aware of the effects of Kaalasarpa Dasha.
- Remedial Pooja was done.
- Transferred the Business to his wifes name.
- Now this person is a Successful Businessman.

6) Hinduism is concerned with every aspect of man's life on this earth, from Birth to Death, to this life. Hereafter (i.e The 16 Graces) some are unable to realize all these graces due to defects in their Birth Chart. Hinduism has prescribed these remedies as a means of overcoming the defects and attaining all the graces due...

The law of Karma, decrees that everybody must face the consequences of his actions, repent and reform himself and begin his journey towards God realization or moksha, you will not suffer from Doshas in your next life.

Kriya Yoga is also considered to be a hastened avenue to become one with the enlightened.



TYPES OF DOSHAS: (AFFLICTIONS)

1. NAAGA DOSHA
2. KAALASARPA DOSHA
3. KALATTHIRA (Matrimonial) DOSHA
4. BAALARISTA DOSHA
5. SEVVAAI DOSHA
6. ABAMIRITTHU DOSHA

1) NAAGA DOSHA:

| | | | |
|-----------------------|-------------|----------------|-------------|
| 10 | 11 | SUKKIRAN 12 | L Ketu 1 |
| 9 | Raasi House | | 2 |
| 8 | | | 3 |
| RAAGU CHANDRA 7 | 6 | 5 | 4 |

DEFINITION : of the 1, 2, 7, 8 Houses after Birth or when 1, 2, 7, 8 Houses after the houses occupied by lord Chandra or Sukkiran are occupied by lord Raagu or Ketu, the malefic grahas, then the person

suffers from Naagadosha.N.B When counting Houses, the House occupied by the relevant graha is House No 1.

EXPLANATION : Ketu in House No 1
 Raagu in House No 7
 Ketu in 2nd House after Sukkiran
 Raagu in 8th House after Sukkiran
 Raagu in same House as Chandra
 Ketu in 7th House after Chandra.

SUFFERINGS

1. See snakes in dreams or real life.
2. Efforts or ventures will fail.
3. Difficulty in raising children.
4. If he enjoys benefic grahas, his problems will ease.
5. Loss of marital bliss.
6. Delay in marriage.
7. Loss of spouse/remarriage.
8. Skin appear scaly.

REMEDY

1. Remedial Pooja to be conducted before marriage, this will prevent even the children suffering from this type of Dosha. Refer to Raaghu and Ketu remedial poosai.

2) KAALASARPA DOSHA

| | | | |
|-----------------------|-----------------|-----------|---|
| SURIYA BUTHA 11 | RAAGU 12 | L 1 | 2 |
| CHANDRA 10 | Raasi House | | 3 |
| SEVVAAI 9 | | | 4 |
| SUKKIRAN 8 | GURU SANEE 7 | KETU 6 | 5 |

DEFINITION : Of a persons Birth Chart, all Grahas are between Raagu & Ketu. (even if lord Chandra is not sandwiched), the person is suffering from this Dosha.

SUFFERING: are caused by Raagu & Ketu

1. If married young, will not enjoy marital bliss.
2. No career development
3. Continous upheavels up to 33.
4. Retardation of benefits from other grahas.

5. Can bring death.

REMEDY:

- Worship lord Raagu & Ketu, Lord Vinaayaga and Mother Durga and Lord Vishnu all your life.
- Follow the remedial Pooja in the particular section.

3) KALATTHIRA (Matrimonial) Dosha:

| | | | |
|------------------|-------------|------------|---------------|
| L 1 SURAYA | 2 | BUTHA 3 | SEVVAAIL 4 |
| CHANDRA 12 | Raasi House | | RAAGU 5 |
| SANEE KETU 11 | | | 6 |
| GURU 10 | 9 | 8 | SUKKIRAN 7 |

EXPLANATION :

- 1.The Lord of the 7th House, Lord Butha is in 3rd House.
- 2.Lord Sukkiran in 7th House is delibitated.
- 3.Lord Sevvaai and Lord Surya are Malefic Grahas and gazing on the 7th House.

DEFINITION: Lord Sukkiran is lord of Matrimoney. When in a Birth Chart, lord Sukkiran is weak, disassociated from lord Suriya in the 7th House after Birth, or is deliberated in the 7th House or If the lord of the 7th house is transiting the 3rd House is a malefic Graha and associated with lord Sukkiran, then the relevant person is afflicted with this Dosha.(Unnatural blemishes in ones birth chart is called Dosha's in Astrology")

- EFFECTS:**
- 1) Delay in marriage
 - 2) Divorce (if marriage taken place early)
 - 3) Spouse can die.

REMEDY:

1. Fast on Fridays - worship lord Sukkiran / Durga /Lakshmi
2. If lord Surya is also involved, worship lord Surya and lord Shiva
3. Also worship the lord of the 7th House who is transiting in the 3rd House.
4. Ladies, to strengthen their marriage worship Mother Meenakshi, receite Maangalya Mantra & apply Kunghum, also to observe Gouri Viratha.
5. Follow the remedial Pooja (Poosai) in the relevant chapter

4) BAALARISTA DOSHA

Definition: Dosha that affects children from Birth to 12 years. The Dosha is calculated by determining the Raasi that Lord Chandra is transiting at the time of Birth.

Duration of the Dosha

Calculated on number of degrees he has moved within the Raasi.

| CHANDRA IN DEGREES IN RAASI | | | DURATION |
|-----------------------------|-----------|----|----------|
| VIRGO | KANNI | 1 | 2 YRS |
| SCORPIO | VIRUCHAGA | 2 | 2 YRS |
| SAGITTARIUS | DHANUS | 2 | 2 YRS |
| SAGITTARIUS | DHANUS | 3 | 3 YRS |
| LIBRA | THULA | 4 | 4 YRS |
| LEO | SHIMMA | 5 | 5 YRS |
| CAPRICORN | MAGARA | 6 | 6 YRS |
| AQUARIUS | KHUMBA | 7 | 7 YRS |
| ARIES | MESHA | 8 | 8 YRS |
| TAURUS | RISHABA | 9 | 9 YRS |
| PISCES | MEENA | 10 | 10 YRS |
| GEMINI | MITHUNA | 11 | 11 YRS |
| CANCER | KADAGA | 12 | 12 YRS |

If Lord Sanne and Lord Sevvaai occupy the same Raasi in a person's chart are occupying is the same i.e their 7th gaze falls on the same House or when Lord Sanee and Lord Sevvaai both affect the House of Life.For eg

| | | | |
|--------------------------------------|--|--------------------------|------------------------------|
| <p>SANEE x</p> <p>2</p> | <p>3</p> | <p>SUKKIRAN</p> <p>4</p> | <p>5</p> |
| <p>L</p> <p>1</p> | <p>Both in the 7th House From each other And In the 7th gaze From each other</p> | | <p>CHANDRA KETU</p> <p>6</p> |
| <p>12</p> | | | <p>7</p> |
| <p>BUTHA LORD GURU</p> <p>11</p> | <p>1</p> | <p>9</p> | <p>SEVVAAI</p> <p>8</p> |

| | | | |
|-----------------------|---|---------------|-------------------|
| CHANDRA BUTHA 6 | 7 | 8 | GURU KETU 9 |
| 5 | Sanee & Sevvaai are in the same house. Both are gazing on the 8 th House. | | 10 |
| 4 | | | SUKKIRAN 11 |
| RAAGU 3 | SANEE SEVVAI | L SURIYA 1 | 12 |

EFFECTS:

1. Children will suffer from various illnesses.
2. Children will appear undernourished.
3. Body always warm.

REMEDY:

1. Lord Chandra, mother Durga and deity of the Birth Nakshatra of the child [consult a trained astrologer] must be worshipped.
2. Follow details of proper “Remedial Pooja”.

5) SEVAAI DOSHA

In a persons birth chart:

1. 2nd, 4th, 7th, 8th, & 12th Houses are auspicious Houses. They represent ones family, happiness & marital bliss, strength of marriage.
2. For women in the eighth House is considered a House of marriage. Thus if lord sevvaai who is malefic graha occupies only one of these Houses, the person is afflicted with Sevvaai Dosha [There are no exceptions].

PERSONS NOT AFFLICTED WITH SEVAAI DOSHA WHEN :

1. Lord Sevaai is ruler of Aries.
2. Lord Sevaai is deliberated in Cancer.
3. Lord Sevaai is ruler of Scorpio.
4. Lord Sevaai is deliberated in Capricorn.
5. Lord Sevaai is ruler of Leo.
6. Lord Sevaai is in 8th House and when your star is Saggitarius, Pisces, Virgo or Capricorn

7. Lord Sevaai occupies the 12th House, when your birth (Lagna) star is Gemini, Taurus, Libra

Persons with reduced Sevaai Dosh.

1. When lord Guru or Lord Saneer is gazed on lord Sevaai or associated with it. N.B When determining if a person is involved with Sevaai Dosh, check where lord Chandra and Lord Sukkiran [at birth] occupied House and this House 1 to calculate the strength of lord Sukkiran. Ideally a man with Sevaai Dosh should not marry a lady with Sevaai Dosh.

REMEDY : [Man or Lady with Sevaai Dosh]

1. Observe fasts and perform appropriate Pooja before Weddings.
2. Follow the chapter on Remedial Pooja (Sevaai).

6) ABAMIRITTHU DOSHA

1. When the lord of lagna is transiting in the 8th House, while lord Surya, lord Chandra and or Raagu & Ketu occupy the lagna, then the life of that person is threatened. Survival up to 30 years will be difficult.
2. If lord Sevaai occupies the 4th House after the lagna(birth), while lord Saneer occupies the 12th House and lord Raagu the 8th House, there is a danger to life at childhood [< 1 yr],

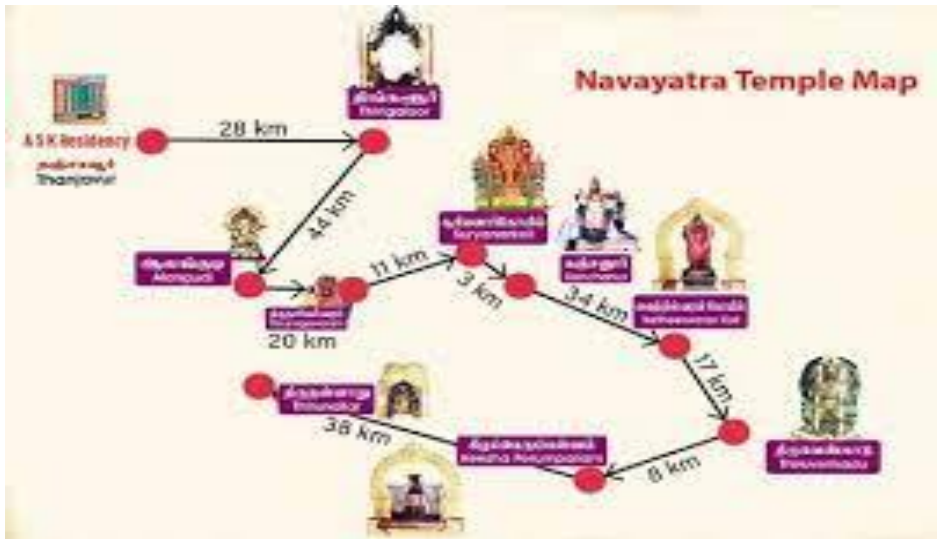
3. Some people may not suffer from any Dosha; others may suffer from more than one Dosha.
4. In this lifetime we are accumulating Karma, not realizing the balances of our Karma in our previous life. Use your intelligence wisely in order to overcome the actions of
 - Mind
 - Speech
 - Body

Repent and surrender to God.

God & the Navagaraha are within your body and your body structure.

Hopefully your problems will fade away, and you will enjoy the bliss of your life in Spiritual and or financial blessing.

| GRAHA | TEMPLE | PRINCIPAL DEITY |
|-------------|-----------------|----------------------|
| Surya | Suriyanaar Koil | Suryanaaraayan |
| Chandra | Thirumalai | Venketachalapathi |
| Sevaai | Palini | Thandayuthabani |
| Butha | Madurai | Sundaeswarar |
| Guru | Thiruchendur | Murugan |
| Sukkira | Sriranggam | Renganaathar |
| Sanee | Thirunallar | Tharpparaneeswara |
| Raaghu/Ketu | Kalahasti | kaalahastheewararrar |



TEMPLE OF SANEESWARAN / SANEE – SATURN

- ◇ It was at the request of King Nala that Lord Shiva consented to a Shrine of Lord Sanee in Thirunallar.
- ◇ The Pathikam [a hymn] that Thirugyanar Sambanthar placed into flames in Madurai to prove superiority of Saivism over Jainism is related to this temple. The palm leaves containing this Pathikam (Hymn) did not burn.
- ◇ The temple is near the town of Kaaraikaal and the temple is now known as Nallaaru [Nala was a king] Aaru means path.

TEMPLES OF LORD CHANDRA

Worship to Lord Chandra existed in Poompugar in Chennai, two thousand years ago.

- ◇ In Thingaloor, there is a temple with a separate altar for Lord Chandra. During Pournami (Full Moon), the ray of the moon falls on the deity.

TEMPLES OF LORD RAAGHU AND KETHU

Located at Thirukaalahastic, enroute from Chennai to Thirupathi. Those that are afflicted with any of the doshas should visit this temple when Ammavaasai (New Moon) Tithi falls on a Monday it is auspicious to worship.

TEMPLES OF LORD KETU

In Tamil Nadu, at the Thirunageswaram Temple it is said that when Abishegam is conducted with milk, the milk changes its colour to blue.



Navagraha Matrix

| GRAHA PLANET | ATHI DEVATHA MASTER | PRATHATH HI DEVATHA Masters master | DEITY DEVATHA A | FRESH FLOWE R | GAR MEN TS CLOT HES | GEM PRECI OUS STON ES | APPROPRIA TE NEIVETHIY AM FOOD OFFERINGS |
|-----------------|-----------------------|------------------------------------|-------------------|-----------------|----------------------|-----------------------|--|
| Surya | Agni | Rudra | Shiva | Red Lotus | Red | Ruby | Sakkarai Pong |
| Chandra | Varuna | Gowri | Parvathi | White Lily | White | Pearl | Payasam/ Milk rice |
| Sevaai | Bumadevi Earth | Guardian deities | Muruga | Shanba gam | Red | Coral | Rice with Dhal |
| Butha | Trivikrama Narayana n | Vishnu | Vishnu | White Kaantha l | Green | Emerald | Milk rice with peas |
| Guru | Indra | Brahma | Dakshina Moorthy | Mullai | Yellow | Yellow Sapphire | Curd Rice |
| Sukkiran | Maha Lakshmi | Indra | Maha Lakshmi | White Lotus | White | Diamond | Venn Ponggal + Ghee |
| Sanee | Yama | Prajaapati | Shiva / venkadesa | Black Kovalai | Black | Blue Sapphire | Sesame Rice + Black gram |
| Raagu | Durgai | Nirutti Thikbalagar | Durgai | Mantharai | Dark Blue | Hessonite | Pepper Rice |
| Ketu | Brahma | Chitra Gupta | Vinaayaga | Red Lily | Multi Colours | Cat's Eyes | Chitra Annam Multi color rice |

Note: The Athi Devatha (It tells you regarding the basic instinct of the planet. The planet sun's Athi Devatha is Agni) and the Prathathai Devatha (Deva is a hindu term for Deity, it is a kind of smaller more focused Devas. It can be male or female) of the Navagrahas is based on the Navagraha Namaskara. (I Bow to the Divinity in You The word Namaskar means "I bow to you.") These are the deities installed in the relevant temples that we offer pooja to.



MATRIX

| GRAHA | CEREALS | SAMITH | DIRE CTIO N | ELEM ENT | RAASI | TEMPLES |
|-----------------|---------------------------|--------------------|----------------------------|---------------------|----------------------------------|---|
| Surya | Wheat | Aerukku | East | Fire | Leo | Suryanaar Koil |
| Chandra | Paddy | Muruku / Purasu | West | Water | Cancer | Thingalur / Thirupati |
| Sevaai | Unbroken Thuvarai | Karungka aali | Sout h | Earth | Aries / Scorpio | Vaitheeswara n Koil / Pal(h)ani |
| Buthan | Green peas | Naayur uvi | Nort h/Eas t | Wind | Gemini Virgo | Madurai Meenakshi / Thiruvenga adu |
| Guru | Chick Peas | Arasu | Nort h | Fire / Pisces | Saggita rius Aalank udi | Thiruchendur |
| Sukkiran | Mochai | Atthi | East | Water | Taurus Libra | Sriranggam/ Kanjapur |
| Sanee | Black Sesame | Vanni | West | Ether | Caprico rn Aquari us | Thirunallar |
| Raagu | Unbroken Black peas | Arugam Grass | Sout h | | | Thirunageswa ram |
| Ketu | Kollu | Darpai | Sout h | | | Keel(h)perum pallam |

Note: It is strictly recommended that the prayer be done on 18 weeks on the particular recommended day.

Due to the situations in the south African way of life, (If it a matter of desperation) then 9 days saltless fast.

Remember that this prayer is never to be repeated.

Thirukkural : Unless the fruitful shower descend, the ploughman's sacred toil must end

PRAYERS



ABISHEGAM

In the ritualistic Hindisim Agamas the Brahmin Society was educated in terms of bathing the murthees several times a day in the Indian situation. Firstly the appointed priest will remove the clothing of the murthee and then pour water thereafter several

ingredients are used, mixed with water forming a sort of cleansing liquid which is poured over the murthee. At the various stages in this ingredient process, a deeparani separates the various steps of this ritualistic bathing process. Ingredients used are manja, gadam pudri powder, honey, lemon, ashes and finally the murthee is scented with a good quality rose water.

Agama means (Sanskrit : receiving knowledge) post Vedic scripture conveying ritual knowledge and considered to have been revealed by a personal divinity. The Agamas (Devanagiri : are a collection of several Tantric literature and scriptures of Hindu schools viz “ That which has come down” and the Agama texts describes cosmology, epistemology, philosophical doctrines, precepts of meditation, four kinds of yoga mantas, temple construction, deity worship and ways to attain six fold desires Agamas were prominent in South India and later became Sanscritized. The three branches of Agama are Shivaism, Vishnavatism, and Shaktisi.

The ashes that has been used and collected and presented to devotees. The murthees are then wiped with a clean cloth and a deeparani is once more offered to the murthee.

At this stage the curtain is now closed and the priest commences with the next stage of this process



being the Alangaram, i.e dressing of the murthee and bedecking the murthee with beautiful jewelry and garlands.

ALANGARAM



Alangaram is the dressing up, beautification and adornment of a Deity murti with clothes, jewels, flowers and pastes. Alangaram can be done at a temple or at a shrine at home. At a temple, both the Moolavar (Larger fixed murthi Deity) and Utsavar (the smaller moveable Deity) murthis are decorated. The purpose of the Alangaram is not only to beautify the Deity, it also "gives life" to the murthi. The benefits for the person performing the Alangaram is that it increases their spritual conciousness through art, focus and attention.

Traditionally the finest silk clothing, precious semi-precious jewels, powders, pastes and flowers are used. There are different types of Alangaram and each is only confined to the creativity of the person performing the Alangaram, within the restrictions of religious practice, so that the adornment is kept true to the form and aspect of the Deity.



What is used for Alangaram?

Flowers or Pushpangi:

Garlands can be made up of various colours and types of flowers and leaves. The garlands should not cover up the Thiru-abaram (holy jewellery). One must use a wooded rod at the back of the garland to ensure there is enough space to see the jewellery on the murthi. Flowers may be used on the head of the murthi as well.

Loose hand/feet Poses or Saathupadi:

Use of jewelled or metal loose moveable hands and feet. This is only used on the Utsavar (moveable) murthis.

Pastes/Powders or Kaapu:

Uses of pastes (Sandana kaapu - sandalwood), powders, vibuthi, oils, gold-leaf or butter (Vennai kaapu) to decorate the face or body of the Deity.

Clothing or Vastram:

There are three types of clothing. Sesha Vastram is the undergarments. This is a piece of cloth that is placed under the Velli Vastram. A longer piece of cloth should be used for the female Deities.



The Velli Vastram is the outer clothing and is beautifully printed, embroidered and coloured. This can be draped or folded in different ways. Silk saris are used for female Deities. Aanga Vastram is the scarf placed on the shoulders of the Deity. It can replace the garland.

Crown/Turban or Keeridam:

The crown which is made of fabric (turban) or metals like gold, silver or copper. This gives the Deity a noble and royal appearance.

Jewellery or Thiru-Abaram:

Thirumaan Kaapu are the jewels used for the forehead. Yajnopavitram is the sacred thread placed around the neck of the murthi.

Thirumaarbu Lakshmi is the symbolic jewellery of marriage such as the thaali. Alangaram is a rewarding form of prayer and meditation. It also aesthetically pleasing and is beautiful to admire. The Thirkalkithaarai is the head band. Thirukaatodam is the jewellery for the chest.

Thirupathakum are jewelled pendants placed on a golden thread or chain.

The use of the above items help create an attractive form of God which form we worship.

It takes many hours of practice and a keen sense of colour, proportion and beauty to succeed at this art-form. One must have a good knowledge of the Deity, the Deities aspects, poses and forms which can be learned from the scriptures, pictures and ancient temples relating to that of the Deity also says he never forget Shiva in good and bad and mentions that Shiva must not forget his aliments.



YEGIAM, YAAGAM, VERLVI, HOR-MAM OR HAVAN



This is often referred to as a 'Fire ceremony'

The main requirements are:

- A steel vessel (called kundalam in Tamil or havan kund in Hindi/Sanscrit)
- 1 wood pack for yegiam (sold in prayer goods shops)
- 1 starter wood pack (chul-li) – about a dozen pieces
- Twigs from a mango tree or other fruit-bearing trees (1 stick per person taking part in the ceremony)
- Tray or clay pot for sticks
- Camphor (2 blocks) 1 box matches
- Ghee (200g) in a container and a spoon with long handle
- Tray with flower petals (at least three petals for each person)
- Saamak-kiri (commonly said as saama-giri) which consists of 108 parts of sacred trees (about one table spoon per person)
- A tray with nava-dhaaniyam (nine grains) – about one tea spoon for each person (you will need nava-

dhaaniyam only if you include portigal for Navagraha). The nine grains are: wheat, (kor-dhumai), rice paddy (nel). 2 kinds of lentils (avari & thuvarai), green gram (pach-chai payirr), sesame, black gram (wulu-tham) and brown gram (kadalai).

- A tray with one of the following: Ganesha picture / Ganersaa statue / Ganersaa cone ('puli-yaarr') made with turmeric topped with one stem of lawn grass with 3 branches (like a trident).
- Priest will continue with the procedure.

BREAKING OF THE COCONUT



- Before the coconut is broken, the brown outer covering of fibre is removed except for a 'tuft' around the eyes of the coconut. This means that the devotee has shed most of his / her bad qualities such as greed and is ready for prayer.
- On breaking the coconut the inner white part of the fruit is seen. The white part symbolises purity. The ritual of breaking the coconut is an external way of

showing that the devotee is praying with a pure heart. It may also mean that the devotee is seeking God's Grace of purity by offering an item of purity.

- It is noted that the tuft of the coconut is broken off after the coconut is cracked open. This signifies that the devotee sheds the last bit of impurity and that the eye of wisdom of the devotee is now open as are the eyes of the coconut.
- It is also noted that some devotees (especially those following the teachings of St Ramalinga & followers of Guru Swamigal,) do not offer coconuts as part of their poosai.

THE LIGHTING OF AGRABATHI - DHOOPAM

The Lighting of Agrabathi is used to disinfect, ward off bad vibrations and create an atmosphere of divine grace. It creates an atmosphere of Holiness and grace and helps us to concentrate on God, our creator. The all-pervading fragrance of agrabathi signifies our all – pervading God. As the agrabathi is burnt to ashes, so should our desires. We are reminded that as the agrabathi spreads its sweet aroma, we too should spread joy and happiness.



THE RINGING OF THE BELL



The ringing of the bell produces what is regarded as an auspicious sound. It produces the sound Aum, the universal name of the Lord. There should be auspiciousness within and without, to gain the vision of the Lord who is all auspicious. The bell helps to drown any inauspicious or irrelevant noises that might disturb or distract the worshippers in their devotional ardour, concentration and inner peace.

THE LIGHTING OF THE CAMPHOR – DHEEPAM

The fragrance of camphor cleanses and purifies the air around the prayer place, or shrine. Its light dispels darkness which is significant of the triumph of good over evil. The lighting of camphor symbolises the melting of ones ego as when the camphor burns no residue remains. The camphor fades after shedding its light. Our essence should parallel this ideology. We should radiate light to all and leave no scar when we depart the earth.



Aarthi

The word Aarti comes from the Rig Veda and has more than one meaning.

Aartis are hymns and stanzas in praise of God, at times seeking His guidance. And, most importantly, the performers surrender themselves to the deity before them.

Aarthi is performed by waving lit wicks before its Deities in a circular motion, in a clockwise direction.

This is symbolic of the notion that our lives revolve around God. This reminds us that as we continue with our daily activities we should focus our thoughts and tasks on God. Placing the hands over the flame is the most appropriate way to end the aarthi session.



“May the light that illuminated the Lord light up my vision, May my vision be divine and my thoughts noble and beautiful.”

- Flower represents Earth
- Water represents the liquidity
- Lamp represents the fire component

- Peacock fan represents the quality of Air
- Yak tail fan represents the subtle row of ether space.
- Incense represents represents a purified state of mind and ones intelligence offered through the adherence to rules of timing and order of offerings.

THUS ONES ENTIRE EXISTENCE AND ALL FACETS OF MATERIAL CREATION IS SYMBOLICALLY OFFERED TO THE LORD VIA THE AARTHI CEREMONY.



The lighting of the ghee lamps are essential for Aarthi in the temple, and singing a devotional Prayer at the end of worship ritual or ceremony.

The Aarthi flame moves around the Deity to symbolize the Divine Aura also to help the devotee to have a clear look at the Deity. At the end, the devotee places their palms over the Aarthi flame to receive the Aarthi blessing Aarthi is accompanied by the singing of songs in praise of the Deity and there is always a sound of

bells, drums, and a mixture of many different instruments.

When Aarthi is performed, the micro-organisms in the flame, bell, incense smell enjoying their harmonious frequency to produce a positive energy. When Aarthi is performed the devotee faces the deity and concentrate on the form of God by looking into the eyes of the deity. The flame of the Aarthi illuminates the Deity so that the devotee can see God.

Aarthi is waved in a circular fashion, in a clockwise manner around the Deity, after every circle (or two or three) when the Aarthi has reached the bottom, the performers wave it backward whilst remaining in the bottom in a clockwise fashion.

1. The Aarthi represents our daily activities which revolve around God, a centre of our life whilst performing Aarthi looking at the Deity reminds the performer to keep God at the centre of all activities and re-enforces the understanding that routine worldly activities are of secondary importance. This would give you strength to overcome grief and keep you humble and mindful of God on happier moments.

2. Aarthie also represents ones self . It sacrifices that one is peripheral to God head or Divinity. This will keep ones ego down in spite of high social and economic ranks.
3. Aarthi serves as a reminder to stay vigilant so that the forces of material pleasures and desires cannot overcome the individual just as the lightened wick provides light to remove darkness i.e the vigilance of an individual can keep away the influence of the material world.



The puja ends with another service called “mantra Pushpam” by reciting vedic hymns. This means the devotee is asking God to forgive

mistakes during the puja. Also being humble by saying that he/she does not want to give it to God. This is an act of complete surrender to the supreme Godhead.

Then Namascara: The worshipper and family bows or prostrates themselves before the image to offer Homage.

The Aartis are simple and yet can be profoundly meaningful. An instance being the popular nine stanza

Aarti for Lord Vishnu — Om Jaye Jagdish Hare. The last stanza, addressed to lord Vishnu, states : Tan man dhan sab hai tera, tera tujhko arpan, kya lage mera (the body, mind or soul and wealth are all yours. What is yours I offer to you, nothing is mine).

Aartis are performed by the doer with cotton wick immersed in oil or ghee (clarified butter) in a deepak placed on a metal plate. The devotee sings or recites the Aarti while rotating this Aarti plate in clockwise direction before the deity. It is believed that the deity's cosmic energy is transferred to the 'Deepak's' flame. That is why when the Aarti ends the devotee and others present sweep their palms over the flame and then their forehead so that they too get a part of the divine cosmic energy.



REMEDIAL PRAYERS OF THE NAVAGRAHA



1. SURIYA GRAHA DOSHA REMEDIAL POOSAI: SUN / PLANET / AFFLICTION / PRAYER TO REMEDY



NB.

You must follow the prayer below only after you have consulted with a **trained astrologist** in order to identify your personal Graha / planet and your particular day of prayer. It is strictly recommended, that the prayers be conducted for 18 weeks in the temple and must be conducted on Sundays as the particular recommended day.

Due to the various situations in our South African way of life, (if it is a matter of desperation the 9 days salt less fast will be acceptable together with the remedial poosai for Suriya).

At the same time this remedial poosai must also be conducted at home for 48 days in the morning or evenings while also performing the remedial prayers at the temple.

Remember that this prayer must never to be repeated in your lifetime, trusting God. Furthermore it is not my intention to be in competition with our revered Priests in South Africa, but this research of the Navagraha and the remedial prayers have been researched in Malaysia and India.

18 WEEKS : SUNDAY

Priest: Milk Abishegam for Lord Shiva and Lord Surya

Prayer list: Red lotus flowers / hibiscus red



¼kg wheat

Betel leaves and areca nuts

Fees as per temple rules

1 Ghee Lamp

Vilva Garland

PROCEDURE AT TEMPLE [18 WEEKS] SUNDAY:

- ◇ Wash your hands, feet and face, circumbulate the temple then worship moola murthies and all the other deities.
- ◇ Go to the altar of lord Shiva, the Athidevathi of lord Surya (or lord Vinaayaga).
- ◇ Offer the ghee lamp to Lord Shiva and the priest will conduct a Vilva Archanai and then place the Vilva garland for Lord Shiva.

- ◇ Circumulate the Navagrahas nine, eighteen or twenty seven times and recite the Surya mantra three times, then the Surya gayathri nine times.
- ◇ An Archanai must be conducted for lord Surya with Vilva leaves.
- ◇ The priest must receive this Dakshina in the form of ¼ kilograms of wheat, beetle leaf and areca nut, flower and fees.
- ◇ Sit in front of lord Shiva and recite the Shiva gayathri mantra and the Tryambaka mantra.
- ◇ On the nineteenth week conduct abishegam for all the Grahas and lord Shiva.
- ◇ Offer food and clothing for all the Navagarahas.
- ◇ Offer food, clothing and the garland Vilva for Lord Shiva.
- ◇ Complete the havan (Yegiam) and offer the priest dakshina [fees].
- ◇ Offer the Temple the prescribed fees.

PROCEDURE AT HOME / 48 DAYS:

- ◇ Pooja for Athidevatha (Master of Surya) for Lord Surya = Shiva.
- ◇ Sankalpam, first – reveal your problems and aspirations to Lord Shiva.
- ◇ Offer incense (Agarabatti), lamp (Deeparani) and camphor.

- ◇ Neivethiam [offering] – beetle leaf, areca nut and fruit or boiled milk.
- ◇ Perform Archanai with red hibiscus flower, reciting the Surya mantra nine times and the Surya gayathri mantra twenty-seven times.
- ◇ Also recite Tryambaka mantra nine times and the Shiva gayathri mantra twenty- seven times and sing two Thevarams.
- ◇ After the havan on the forty-eighth day, wrap the ¼ kilogram wheat in a white cloth; keep under the pillow for three days. Dispose of wheat in running water on the fourth day.
- ◇ If a priest performed a poosai then dakshina [fees] must be given together with areca nut & beetle leave, fruit and a red hibiscus flower.
- ◇ Pay the Temple fees as per their rules

SURIYA MANTRA

**Om Jabaa Kusuma Sankaasham
Kashya Peyam Mahaa Dyuthim
Tamo Arim Sarva Paapagham
Pranto Asmi Divaakaram
Om Kasol Kaaya Surya Murthaye Namaha.**

Meaning: Om, I bow down with devotion to the shining light that is crimson red like the Hibiscus flower, shining onto the earth removing all darkness and eradicating sin. OM, I bow down to lord Surya.

SURYA GAYATHRI

OM Asvath Vajaaya Vidmahe
 Paasa Hastaaya Dimahi
 Thanno: Surya Pranchodhayat
 OM Saha Suryaaya Namaha
 Mama Surya Graha Dosha
 Nirtho Shestu

SHIVA GAYATHRI

OM Thano Mahesaaya Vidmahe
 Vaak Visooththaaya Dimahi
 Thano Shiva Pranchodhayat.

MRYHYUNJAYAAYA (Tryambaka) MANTRA

OM Tryambakam Yajaa Mahe
 Suganthim Bushti Varthanam
 Urvaaruga Miva Bhandanaath
 Mrthyor Muksheeya Maanruthaath
 OM Hreem Namashivaaya
 Raksha Raksha Mrthyunjayaaya Namaha

SURYA STOTRA IN TAMIL

Kaasini Irulani Nekkum Karthiroliyaagi Enggum
 Poosanai Ulagor Pottri Pusippodu Sugatthai Nalgum

**Vasiyealudaiya Thermel Maagri Valamaai Vantra
Desigaa Enaai Ratchippaai Sengkathiravane Pottri.**

Meaning: O! Lord Surya who is the son of Athi Devi who also sanctifies this world, please eliminate all my problems caused by your unfortunate location.

SURIYA SLOKA

**Taniyaamsam Paamsum Tavacarana Pankeruha
Bhavam**

Virinchi: Samcinvan Viracayati Lokaa Navaikalam 1

Vahatyenam Saurih: Kathamapi Sahasrena Sirasaam

Harah: Samksudyainam Bhajati Bhasitod Dhoolana

Vidim. II verse 2

Meaning: Gathering a minute particle of dust from thy Lotus feet, Brahma the creator creates this universe (limitless and mysterious) without any imperfection. The Sustainer, Vishnu as Adishesha somehow supports this universe (made out of dust with His thousand hoods) And Hara, the destroyer, crushing it into powder, rubs the ashes all over his body (at the time of dissolution)



SONGS FOR SHIVA

THIRMURAI – 7

PANN – NATTARAGAM

1 PONNAR MANIYANA PULITH TOLAI

ARAIKKASAITHU

MINNAR SENJADAIMAL MILIR KONRAI

ANINDHAVANA

MANNA MAMANIYA MAZHABADIYUL

MANIKKAMA

ANNA UNNAIYALLAL INI YARAI NINAIKKANA.

Trans: Oh! The one who has golden-like form. The wearer of wreath of Konrai on the braided hair shining like lightening and the one dressed with the skin of the Tiger at His waist! The Lord! The priceless Gem! The Gem glowing at Thiru Mazhabadi! My Mother! Whom else I shall now contemplate?

ARAR MUPPURAMUM ERIYACH SILAI

THOTTAVANAI

VARAR KONGAIYUDAN MAZABADIYUL

MAYAVANAI

SEERAR NAVALARGON AROONRAN URAITHA

THAMIZH

PAROR ATHAVALLAR PRALOGATH THIRUPPARA.

Trans: Nambiarooran, the head of those dwelling at the famous Thiru – Navaloor has composed Tamil verses on the Lord Siva who dwelling in Thiru – Mazhabadi with Umadevi dressed with bodice and who has bent the bow to consume with fire three beautiful fortresses. Those, who are proficient in singing such verses, will dwell pleasantly in Sivaloka



Thirukkural: Destruction it may sometimes pour but only rain can life restore.



2. CHANDRA GRAHA DOSHA REMEDIAL POOSAI MOON / PLANET / AFFLICTION / PRAYER TO REMEDY



NB.

You must follow the prayer below only after you have consulted with a **trained astrologist**, in order to identify your personal Graha / planet and your particular day of prayer. It is strictly recommended that the prayers be conducted for 18 weeks in the temple and must be conducted on Mondays as the particular recommended day.

Due to the various situations in our South African way of life, (if it is a matter of desperation the 9 days salt less fast will be acceptable together with the remedial poosai for Chandra).

At the same time this remedial poosai must also be conducted at home for 48 days in the morning or evenings while also performing the remedial prayers at the temple.

Remember that this prayer is never to be repeated in your lifetime, trusting God. Furthermore it is not my intention to be in competition with our revered priests in South Africa, but this research of the Navagraha and the remedial prayers have been researched in Malaysia and India.

18 WEEKS : MONDAY

Priest: Milk abishegam for goddess Meenakshi and Lord Chandra

Prayer list: White lotus flowers.



½ a kilogram of uncooked rice
 Beetle leaves and areca nuts
 Fees as per Temple rules
 1 ghee lamp
 Garland of white flowers



PROCEDURE AT TEMPLE:

- ◇ Wash your hands, feet and face, circumbulate the temple then worship moola murthies and all the other deities.
- ◇ Offer the ghee lamp to the Goddess Meenakshi and do Archanai.
- ◇ Offer garland of white lotus flowers to Goddess Meenakshi.

- ◇ Circumulate the Navagaraha at least 9 times, reciting the Chandra mantra three times and the Chadra Gayathri three times.
- ◇ Use the flowers for Lord Chandra Archanai and then offer a tray of: ¼ kilogram of rice, beetle leaf and areca nut, fees, a white lotus flower and fruit to the priest.
- ◇ Sit in front of the goddess Meenakshi and recite her gayathri mantras and the Ambal [Meenakshi] mantra.
- ◇ On the nineteenth week conduct abishegam for goddess Meenakshi and all the Grahas. Offer the appropriate materials and food offerings to both Grahas and Goddesses Meenakshi [including garlands]
- ◇ Complete the havan (Yegiam) and offer the priest Dakshina [fees] on a tray with beetle leaf & areca nuts & white lotus flowers.
- ◇ Pay the prescribed fees to the Temple

PROCEDURE AT HOME / 48 DAYS

Having Lord Chandra in mind worship Goddess Meenakshi or Mother Durga:

- ◇ Offer incense (Agarabatti), lamp (Deeparani) and camphor.
- ◇ Offer Neivethiam: areca nut and beetle leaf, fruits or boiled milk.

- ◇ Perform Archanai with white flowers, whilst reciting the Chandra mantra nine times, Chandra gayathri 27 times.
- ◇ Ambal mantra nine times, Ambal gayathri mantra twenty-seven times and also sing songs to Ambal.
- ◇ On the forty-eighth day, after the havan, tie the ¼ kilogram of white rice in a white cloth and keep under the pillow for three days. On the fourth day place it in a river.
- ◇ If a priest is involved, dakshina [fees] must be given.
- ◇ Pay the fees as per the Temple rules.

CHANDRA MANTRA

**OM Dadi Sankha Thusaa Raabham
Ksheero Daarna Sambavam
Namaami Shashinam Somam
Shambor Makut Booshanam
OM Sam Chandraaya Namaha**

Meaning: OM I bow down to the moon, who is creamy white like a container of yogurt and most pleasing, born from the churning of the ocean of milk, the effulgent emblem of devotion which adorns the head of lord Shiva.

CHANDRA GAYATHRI

OM Padmath Vajaaya Vidmahe
 Hema Roobaaya Dimahi
 Thanno: Chandra Prachodhayat
 OM Sam Chandraaya Namaha
 Mama Sarva Chandra Graha Dosha
 Nirtho Shestu.

AMBIKA MANTRA

OM Aim Hreem Sreem
 Aim Kleem Sou
 Lalitha Thirupurasundaryai Namaha
 Or
 Om Hreem Dhum Durgaayai Nama:

AMBIKA GAYATHRI

OM Sathavathanaaya Cha Vidmahe
 Jvaala Maalaaya Cha Dimahi
 Thanno Parasakthi Pranchodhayat

CHANDRA STOTRA IN TAMIL

Alaikadal Athanil Nindru Aandru Vanthuttithapothu
 Kalai Valar Thingalaai Kaduvul Endru Evarum Ehttum
 Silanthual Umaiyaal Paangan Senchadai Piraiyaai Meru
 Malai Valamaanga Vantha Mathiyame Pottri Pottri

Meaning: O! Lord Chandra who is the consort of the Rohini who also consumed amirtham please remove all my problems caused by your unfortunate location.

CHANDRA SLOKA

**Sivah: Saktyaa Yukto Yadi Bhavati Saktah:
Prabhavitum**

**Na Cedevam Devo Na Khalu Kulsalah: Spanditumapi:
1**

**Atastvaam Aaraadhyaam Harihara Virincadibhirapi.
Verse 1**

**Pranantum Stotum Vaa Katham Akarta
Punyah:Prabhavati II Verse1**

Meaning: United with Shakti, Shiva is endowed with the power to create the universe. Otherwise, he is incapable of even movement. Therefore who except those endowed with great merits acquired the past can be fortunate enough to salute or praise thee, Mother Divine, who art the adored of even Hari, Hara and Virinchi?

SONGS FOR CHANDRA

JAYA JAYA SAKTHI

**Jaya Jaya Jaya Sakthi
Om Sri Jaya Jaya Jaya Sakthi
Jaya Jaya Yena Thinum Padip Panithorm**

**Jage Menggum maithyai Thaa (OM SRI...)
 Thriptyum Inbamum Vazvil Thulangger
 Dhevi Yellam Maraiyer Ammammaa
 Bhakthi Perugider Paadi Woorugider
 Panippaai Anbil Ammay (OM SRI...)**

**Kaasinyil Yenggum Vetrumai Poger
 Karuthinil Anbarul Vaai Ammammaa
 Dhesudan Vaazha Kaatadi Kaatchi
 Dhevi Woon Adaikkelamer (OM SRI...)
 Namaskaram Iruvinay Karyththinil
 Gnaalathil Amaithihai Thaa (OM SRI...)**



**Thirukkural: No grassy blade of grass its head will rear, if
 from the cloud no drop appear.**



3. SEVVAAI GRAHA DOSHA REMEDIAL POOSAI:
MARS / PLANETS / AFFLICTIONS / PRAYERS TO
REMEDY



NB.

You must follow the prayer below only after you have consulted with a **trained astrologist** in order to identify your personal Graha / planet and your particular day of prayer. It is strictly recommended that the prayers be conducted for 18 weeks in the temple and must be conducted on Tuesday as the particular recommended day.

Due to the various situations in our South African way of life, (if it is a matter of desperation the 9 days salt less fast will be acceptable together with the remedial poosai for Sevvaai). At the same time this remedial poosai must also be conducted at home for 48 days in the morning or evenings while also performing the remedial prayers at the temple.

Remember that this prayer is never to be repeated in your lifetime, trusting God. Furthermore it is not my intention to be in competition with our revered priests in South Africa, but this research of the Navagraha and the remedial prayers have been researched in Malaysia and India.

18 WEEKS : TUESDAYS

Priest: Milk abishegam for lord Muruga and lord Sevvaai.

Prayer list: Red flowers
 ¼ kilogram Thuvarai Parupu
 Areca nut and Beetle leaf
 Fees
 1 ghee lamp
 Red hibiscus flower garland



PROCEDURE AT TEMPLE:

- ◇ Wash your hands, feet and face, circumbulate the temple then worship moola murthies and all the other deities.
- ◇ Offer ghee to lord Muruga, do the Archanai with red flowers to lord Muruga.
- ◇ Circumbulate the Navagrahas nine, eight or twenty-seven times, reciting the Sevvaai mantra three times and the Sevvaai gayathri three times.
- ◇ Perform Archanai for lord Sevvaai with red flowers.
- ◇ Offer the ¼ kilogram of thuvaram parapu, areca nut and beetle leaf, fees, red hibiscus flower and fruit to the priest.
- ◇ Sit in front of lord Muruga and recite his gayathri mantra and Subramaniya mantra.

- ◇ On the nineteenth week, abishegams for all the Grahas and lord Muruga. Offer the appropriate garments and food for the Navagrahas and lord Muruga [garland for lord Muruga].
- ◇ Complete the havan and offer the priest dakshina [fees].
- ◇ Pay the prescribed fees to the Temple.



PROCEDURE AT HOME: LORD MURUGA: 48 DAYS:

Having lord Sevvaai in mind worship lord Muruga.

- ◇ Offer incense lamp and camphor.
- ◇ Neivethiam: Beetle leaf, nut, fruits or boiled milk.
- ◇ Perform Archanai with white flowers by reciting the Sevvaai mantra nine times and Sevvaai gayathri twenty-seven times, the Subramaniya mantra nine times and the Subramanyi gayathri twenty-seven times.
- ◇ Also sing hymns to lord Muruga.
- ◇ On the forty-eighth day of the havan, tie the $\frac{1}{4}$ kilogram of thuvvara parupu in a red cloth and place under pillow for three days. On the fourth day place in river.

- ◇ If a priest performs the poosai the dakshina [fees] must be given together with red flower, fruit, beetle leaf and areca nut.
- ◇ Pay the prescribed fees to the temple.

SEVVAAI MANTRA

**OM Dharanee Garbha Sambootham
Vidyut Kaanthi Sama Prabham
Kumaaram Shakti Hastham Cha
Mangalam Pranamaamyam Ham
OM Am Anggaarakaaya Namaha.**

Meaning: OM, I bow down to you lord Sevvaai, the auspicious one, who supports the womb of all creation, shines forth with radiance and beauty enhanced by love wields power in his hand. OM, I bow down to lord Sevvvaai.

SEVVAAI GAYATHRI

**OM Veerath Vajaaya Vidmahe
Vigna hasthaaya Dimahi
Thanno: Pouma Pranchodhayat
OM Am Anggaarakaaya Namaha
Mama Sarva Anggaaraga Graha Dosha Nirtho Shosthu.**

SUBRAMANYA MANTRA

**OM Shaam Sheem Shoom Shaim
Shoum Sham Saravanabhavaaya Namaha**

Or
 Om Shaam Kumaaraaya Namaha
 Maam Rashanthu.

GAYATHRI SUBRAMANYA

Om Tat Purushaaya Vidmahe
 Maha Senaaya Dimahi
 Thanno: Shanmuga Pranchodhayat.

SEVVAAI STOTRA IN TAMIL

Vasanal Dhairiyatthodu Mannavar Sabiyal Vaarthi
 Posapala Paraakriramanggal Portthanil Vertri Aanmai
 Nisamundan avara varkku neenium Thanialukkum
 Kusaneen Manganaam Sevvaai Karaikal (h) Pottri Pottri

Meaning: O! Sevvaai you are the son of Buma Devi. You always create and dispel fear in us, you bring and obstruct the rains please remove all my obstacles.

SEVVAAI SLOKA

Kvanat kancheedaamaa karikalabha Kumbha Stananataa
 Parikseena Madhye Parinata Saraccandra Vadanaa 1
 Dhanur Baanaan Paasam Srni mapi Dadhaanaa
 Karatalaih:
 Purastadaastaam Nah: Puramathitur: Aaho Purusikaa 11
 Verse 7

Meaning : May the divine mother Tripurasundari, the pride (Ahanta or I –sense) of Shiva the destroyer of the Three cities, vouchsafe Her presence before us – the mother with Her slender waist girdled with jingling mini bells with Her face resembling autumnal moon and with Her hand supporting a bow, arrows, a noose and a goad!

SONGS FOR SEVVAAI

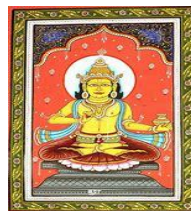
MURUGA MURUGA

Muruga, Muruga Sakthee Vel Muruga
 You are My shining Star
 Kaarthigaya Muruga Vadivel Muruga
 Come to me Lord Muruga
 Muruga, Muruga, Muruga, Muruga
 When I need you Muruga
 You are there Muruga
 To take all my troubles away
 You're my Swami Muruga
 Giving Light Muruga
 Vaa Vaa Vadivela Vaa



4. BUTHAN REMEDIAL POOSAI

MERCURY/ PLANET/AFFLICTION/ PRAYERS TO REMEDY.



NB.

You must follow the prayer below only after you have consulted with a **trained astrologist** in order to identify your personal Graha / planet and your particular day of prayer. It is strictly recommended that the prayers be conducted for 18 weeks in the temple and must be conducted on Wednesday as the particular recommended day.

Due to the various situations in our South African way of life, (if it is a matter of desperation the 9 days salt less fast will be acceptable together with the remedial poosai for Buthan).

At the same time this remedial poosai must also be conducted at home for 48 days in the morning or evenings while also performing the remedial prayers at the temple.

Remember that this prayer is never to be repeated in your lifetime, trusting God. Furthermore it is not my intention to be in competition with our revered priests in South Africa, but this research of the Navagraha and the remedial prayers have been researched in Malaysia and India.

18 weeks / Wednesdays

Priest: Milk Abishegam for lord Vishnu and lord Butha.
Prayer list: Kaanthal [gloriosa superb]



Flowers or Thulsi [*ocymum sanctum*] leaves.

¼ kilograms green peas

Beetle leaves and areca nuts

1 ghee lamp

Garland of Thulsi leaves

Fees to the Priest and Temple

PROCEDURE AT TEMPLE:

- ◇ Wash your hands, feet and face, circumbulate the temple then worship moola murthies and all the other deities.
- ◇ Offer the ghee lamp to lord Vishnu and using the flowers of the Tulsi leaves perform Archanai for lord Vishnu.
- ◇ Offer tulsi leaf to lord Vishnu.
- ◇ Circumbulate the Navagrahas nine, eighteen or twenty-seven times, reciting the Butha mantra three times and the Butha gayathrie mantra three times
- ◇ Perform Archanai for lord Butha with the Tulsi leaves.
- ◇ Offer the ¼ kilogram green peas, fees, fruit, areca nut & beetle leaf and Thulsi leaf to the priest.
- ◇ Sit in front of lord Vishnu and recite his Gayathri Mantra and the Naaraayana Mantra.
- ◇ On the nineteenth week, abishegam for the Navagrahas and lord Vishnu. Offerings of garments and food with garlands and worship them.



- ◇ Complete the havan (Yegiam) and offer the priest dakshina fees on a tray together with flower with fruit, beetle leaf & areca nut.
- ◇ Pay the prescribed fees to the temple.



PROCEDURE AT HOME: 48 DAYS LORD VISHNU:

- ◇ Mentally install lord Butha but worship lord Vishnu.
- ◇ Conduct Sankalpam – reveal your problems to god.
- ◇ Offer incense, lamp and camphor.
- ◇ Neivethanam; beetle leaf, nuts, fruits or boiled milk.
- ◇ Perform Archanai with Thulsi leaves, reciting the Butha Mantra nine times, Butha Gayathri twenty-seven times, the Naraayana Mantra nine times and the Vishnu Gayathri twenty-seven times, also sing hymns to lord Vishnu.
- ◇ On the forty eighth day after the Havan, tie the ¼ kilogram of green peas in a green cloth and place it under a pillow for three days. On the fourth day place it in a river.
- ◇ If a priest performs the poosai the dakshina [fees] must be given together with red flower, fruit, beetle leaf and areca nut.
- ◇ Pay the prescribed fees



BUTHA MANTRA

**OM Priyangu Kalikaa Shyaamam
Roopenaa Pratimam Budham**

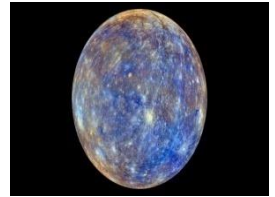
**Soumyam Soumya Guno Petnam
Tam Budham Pranamaamyam Ham
OM Bhum Buthaaya Namah.**

Meaning: OM, I bow down to lord Butha, whose beloved body is dark like the night, the icon of intelligence and whose qualities are most beautiful. OM, I bow down to lord Butha.

BUTHA GAYATHRI

**OM Gajath Vajaaya Vidmahe
Suga Hasthaaya Dimahi
Thanno: Butha Pranchodhayat**

**OM Bhum Buthaaya Namaha
Mama Sarva Butha Graha Dosha
Nirtho Shosthu.**



NAARAYANA MANTRA

OM Klim Namō Bagavathe
 Vaasu Devaaya
 Krishnaaya
 Govindaaya
 Gopi Jana Vallabaaya
 Paraaya Paramapurushaaya
 Paramaathmane Namō Namaha.

**VISHNU GAYATHRI**

OM Naaraayanaaya Vidmahe
 Vasu Devaaya Dimahe
 Thanno: Vishnu Pranchodhayat.

BUTHA STROTA IN TAMIL

Manthana Nool Muthalaavula Marai Pugal (h) Kalvi
 Nyaanam
 Vithamundan Avarakarakku Vinjaikal Arulvon Thingal.
 Suthan Pala Subaassubbbanggal Suganpala Kodukka Vallan
 Buthan Kavi Pudavan Seersal Ponnadi Potrri Potrri

BUTHA SLOKA

Savitreebhir Vaacaam Sasimani Silaabhanga Rucibhir:
 Vasinyaadyaabhi: Tvaam Saha Janani Samcintayati
 Yah:
 Sa Kartaa Kaavyaanaam Bhavati Mahataam Bhangi
 Rucibhir:
 Vacobhir Vaahdevee Vadana Kamalaamoda
 Madhuraih:II

Meaning: O Mother! Those who meditate on Thee in association with Vasini and allied deities – who are all the sources of speech and whose radiance resembles the lustre of freshly cut Chandrakanta gem (moonstone) – can become the authors of poetical works as delightful as those of great one (like Valmiki and Kalidasa) and sweet with the fragrance of the mouth of Saraswathi, the Goddess of poetry and Learning.

SONGS FOR BUTHA
VISHNU SONG

Raam Raam Raam
Ayothiya vaa shri raam dhasaratha
nandhana raam
Jaanaki jeevana raam jeya raam raam
raama



Agila saambavi mokshana raam
Parasu raamanai jeithava raam
Thandhai solmikka mandhiram illai
Endru thai sollaiththa thaadhava raam.

T hirukkural: The earth beneath a barren sky, would offerings for the gods deny



5 GURU GRAHA DOSHA REMEDIAL POOSAI **JUPITER/PLANET/AFFLICTION/ PRAYERS TO REMEDY**



NB.

You must follow the prayer below only after you have consulted with a **trained astrologist** in order to identify your personal Grahas / planet and your particular day of prayer. It is strictly recommended that the prayers be conducted for 18 weeks in the temple and must be conducted on Thursday as the particular recommended day.

Due to the various situations in our South African way of life, (if it is a matter of desperation the 9 days salt less fast will be acceptable together with the remedial poosai for Guru).



At the same time this remedial poosai must also be conducted at home for 48 days in the morning or evenings while also performing the remedial prayers at the temple.

Remember that this prayer is never to be repeated in your lifetime, trusting God. Furthermore it is not my intention to

be in competition with our revered priests in South Africa, but this research of the Navagraha and the remedial prayers have been researched in Malaysia and India.

18 weeks / Thursdays

Priest: Milk abishegam for lord Guru and lord Muruga.

Prayer list: Yellow flowers



¼ kilogram o chick peas

Beetle leaf and areca nut

Ghee lamp

Vilva leaf garland and leaves.

Fees to the Priest and the Temple

PROCEDURE AT TEMPLE:

- ◇ Wash your hands, feet and face, circumbulate the temple then worship moola murthies and all the other deities.
- ◇ Circumbulate the temple then worship all the deities in the temple.
- ◇ Offer the ghee lamp to lord Muruga and with the flowers an Archanai is performed, place the garland for lord Muruga.
- ◇ Circumbulate the Navagrahas nine, eighteen, or twenty-seven times, reciting the Guru Mantra three times and the Guru Gayathri Mantra three times.



- ◇ Use the yellow flowers to perform the Archanai for lord Guru.
- ◇ Offer the ¼ kilogram of chick peas, fees, beetle leaf and areca nut, fruit and yellow flower to the priest.
- ◇ Sit in front of lord Muruga and receive his relevant Gayathri Mantra.
- ◇ On the nineteenth week, abishegam for all the Grahas and lord Muruga. Offering of all the garments, food offerings and garlands of yellow flowers.
- ◇ Complete the havan and offer the priest dakshina [fees] together with yellow flower, beetle leaf & areca nut, fruit.
- ◇ Pay the prescribed Priest and Temple fees

PROCEDURE AT HOME: 48 DAYS LORD MURUGA:

- ◇ Install lord Butha in your mind but pray to lord Muruga.
- ◇ Conduct Sankalpam – reveal your problems to God.
- ◇ Offer incense, lamp and camphor.
- ◇ Perform Archanai with flowers while reciting the Guru Mantra nine times, the Guru Gayathri twenty-seven times, also recite the Muruga Gayathri twenty-seven times and sing some Muruga songs.
- ◇ On the forty-eight day after the Havan, tie the ¼ kilogram of chick peas in yellow material and keep it under your pillow for three days. On the fourth day place it in the river.

- ◇ If a priest performs the poosai the dakshina [fees] must be given together with red flower, fruit, beetle leaf and areca nut.
- ◇ Pay the prescribed Priest and Temple fees

GURU MANTRA

OM Devaa Naancha Rishi
 Naancha
 Gurum kaanchana Sannibham
 Butthi Butham Trilokesham
 Tam Namaami Brihaaspatim
 OM Gurum Guruve Namaha



Meaning: I bow down to lord Guru, the teacher of Gods and Sages, the greatest treasure, the most intelligent of all creation.

OM, I bow down to you lord Guru.

GURU GAYATHRI

**OM Varusbath Vajaaya Vidmahe
 Kruni Hasthaaya Dimahi
 Thanno: Guru Pranchodhayat**

**OM Gurum Guruve Namaha
 Mama Sarva Guru Graha Dosha
 Nirtho Shosthu.**



DAKSHINAMOORTHY GAYATHRI

**OM Hamsa Hamsaaya Vidmahe
 Parama Hamsaaya Dimahe
 Thanno: Dakshinamoorthy Pranchodhayat.**

SUBRAMANYA GAYATHRI

**OM Tat Purushaaya Vidmahe
 Maha Senaaya Dimahe
 Thanno: Dakshinamoorthy Pranchodhayat.
 OM Shaam Kumaaraaya Namaha**

GURU STOTRA IN TAMIL

**Maraimigi Kalainool Valloan Vaanavarkkarasn
 Manthri
 Naraitsori Karpagam Ponnaattinukkathpangaai
 Nalgum
 Niraithanam Karpagam Sivikai Mannil
 Needupogatthai NalgamIraiyanan Guru Vyaal (h) an
 Irumalar Paatham Pottri**

GURU SLOKA

**Avidyaanaam Antadtimira Mihira Dveepa Nagaree.
 Jadanaam Caitanyastabaka magaranda Sruti Jharee 1
 Daridraanaam Cintaamani Gunanikaa Janma
 Jaladhau
 Nimagnaanaam damstraa Muraripu Varaahasya
 Bhavati 1 verse 3**

Meaning: The dust of thy feet is the island city, where from takes the place the luminous sunrise of spiritual illumination driving the over-casting darkness of ignorance in the hearts of the devotees. It forms the cluster of flower buds, from which gushes forth nectare of intelligence, enlivening the dull to become witted. It is a veritable necklace of wish – yielding gems for the poverty stricken. And for those immersed in the ocean of Samsara, it becomes their up-lifter like the tusk of Vishnu (which raised the earth from submergence in Pralaya waters when re-incarnated as the cosmic boar.)

SONG FOR GURU

MURUGA MURUGA

Muruga, Muruga Sakthee Vel Muruga
 You are My shining Star
 Kaarthigaya Muruga Vadivel Muruga
 Come to me Lord Muruga
 Muruga, Muruga, Muruga, Muruga



When I need you Muruga
 You are there Muruga
 To take all my troubles away
 You're my Swami Muruga
 Giving Light Muruga
 Vaa Vaa Vadivela Vaa

Thirukkural: Were heavenabove to fail below nor alms nor penance earth would show



6. SUKKIRA GRAHA DOSHA REMEDIAL POOSAI:
VENUS / PLANET/ AFFLICTION / PRAYER TO
REMEDY



NB.

You must follow the prayer below only after you have consulted with a **trained astrologist** in order to identify your personal Graha / planet and your particular day of prayer. It is strictly recommended that the prayers be conducted for 18 weeks in the temple and must be conducted on Friday as the particular recommended day.

Due to the various situations in our South African way of life, (if it is a matter of desperation the 9 days salt less fast will be acceptable together with the remedial poosai for Sukkiran).

At the same time this remedial poosai must also be conducted at home for 48 days in the morning or evenings while also performing the remedial prayers at the temple.



Remember that this prayer is never to be repeated in your lifetime, trusting God. Furthermore it is not my intention to be in competition with our revered priests in South Africa, but this research of the Navagraha and the remedial prayers have been researched in Malaysia and India.

18 weeks /Fridays

Priest: Milk Abishegam for lord Sukkiran and Goddess Meenakshi or Mahalakshmi.

Prayer list: White flowers / Jasmine
 ¼ kilogram of Butter Beans
 Beetle leaf and areca nut
 1 ghee lamp
 Garland of lotus flowers
 Fees to the Priest and the Temple



PROCEDURE AT THE TEMPLE

- ◇ Wash your hands, feet and face, circumbulate the temple
 then worship moola murthies and all the other deities.
- ◇ Offer ghee lamp to mother Mahalakshmi / goddess Meenakshi and perform Archanai with the white flowers and offer garland.
- ◇ Circumbulate the Navagrahas 9, 18 or 27 times,

- ◇ Recite the Sukkiran Mantra three times and the Sukkira Gayathri 3 times.
- ◇ Use the white flowers to perform Archanai for lord Sevvaai.
- ◇ Offer the ¼ kilogram of Mocchai, fees, beetle leaf /areca nut, white flower & fruit to the priest.
- ◇ Sit in front of Mahalakshmi or Goddess Meenakshi and recite the relevant Gayathri mantra.
- ◇ On the eighteenth week, perform abishegam for all the Grahas and Goddess Meenakshi or Mother Laxmi.
- ◇ Offer the garments, food offerings and white garlands and worship.
- ◇ Complete the havan and offer dakshina [fees] together with beetle leaf, areca nut, fruit & white flower.
- ◇ Pay the prescribed fees to the Priest and temple.

PROCEDURE AT HOME: 48 DAYS: MOTHER MAHALAKSMI:

- ◇ Install lord Sukkiran in your mind and worship Mahalakshmi.
- ◇ Perform sankalpam – reveal your problems to God.
- ◇ Offer incense, lamp and camphor.
- ◇ Neivethiam; beetle leaf and areca nut and fruits and boiled milk.

- ◇ Perform Archanai with white flowers while reciting the Sukkiran nine times and the Sukkiran gayathri 27 times also recite the Mahalakshmi Gayathri twenty-seven times.
- ◇ On the forty-eighth day after the havan, tie the ¼ kilogram of Mocchai in a white cloth and keep it under your pillow for 3 days.
On the fourth day place it in a river.
- ◇ Complete the havan and offer dakshina [fees] together with beetle leaf, areca nut, fruit & white flower.
- ◇ Pay the prescribed fees to the Priest and temple.

SUKKIRAN MANTRA

**OM Hima Kunda Mrinaa Laabham
Daitya Anaam Paramam Gurum
Sarva Shaastra Pravak Taaram
Bhaargavam Pranamaamya Ham
OM Sham Sukraaya Namaha.**



Meaning: OM, I bow down to lord Sukkiran, who is fragrant like crushed sandal and jasmine, the great guru of the demons, expounding all scriptures and the descendant of sage Bhrigu. OM, I bow down to Sukkiran.

SUKKIRAN GAYATHRI

OM Ashvath Vajaaya Vidmahe
 Dhanur Hastthaaya Dimahi
 Thanno: Sukra Pranchodayat.
 OM Sham Sukaaya Namaha
 Mama Sarva Sukra Graha Dosha
 Nirtho Shostu.

**MAHALAKSHMI GAYATHRI**

OM Mahaa Devaicha Vidmahe
 Vishnu Patthinyaich Dimahi
 Thanno: Lakshmi Pranchodhayat.

SUKKIRAN STROTA IN TAMIL

Moorkkavaan Sooran Vaanan Muthalinohr Guruvai
 Vaiyam
 Kaakkavan Mala (h) Pevikaum Kavimagan Kanagam
 Eevon
 Theerkka Vaarnavagal Pottri Seiththavar Thamiye (h)
 uppum
 Paakkavaan Sukraacchaari Paatha Pangayame Pottri

SUKKIRAN SLOKA

Caturbhih: Sreekanthaih: Sivayuvatibhih: Pancabhirapi
 Prabhinnaabhih: Sambho: Navabhirapi
 Moolaprakrtbhih:
 Catus Catvarimsad vasudala Kalasra Trivalaya:
 Triekhaabhih: Saardham Tavasarana Konaah:
 Parinataah: 11 Verse 11

Meaning: The four Sri-Kantas (Shiva chakaas) and the five Shiva yuvatis (Shati chakras) are the nine Prakritis or basic manifestations, and these are apart from Sambhu (the Bindu or small circle in the centre.) Then there are two Lotuses, one of petals and another of sixteen, besides three surrounding circles and three lines. This forms Thy mansion with forty-four Konas (triangles).



SONG FOR SUKKIRAN
AADHI LAKSHMI DHEVIKKU

**Aadhi Lakshmi dhevikku azhagaa vilakkettri
Panjuchithiri pottu pasum neythani ootti
Kungumathil bottitu
Kola manjchil thaanumittu
Poomalai soodi vaiththu
Poojpom unnai thirumagale**



**Thiruvilakkai ettri vaithom
Thirumagale
Kulamvilanga engal veetil koluvirukka varuga
Alaimagale varuga aishvariyum tharuga
Alaimagale varuga aishvariyum tharuga
Vaasailile maakolum veetinile Lakshmi garam
Netrtriyile thirusoornam nenjchinile Lakshmi garam**

**Ammaa nee aariththaal agilmellam inbamayam
 Ashtamaai siththi udan logamellam shemamayam
 Alaimagale varuga asihvariyaum tharuga
 Thiruvilakkai**

**Mavilaiyum thoranamum mangalaththin adaiyaalam
 Oothuvathi erivathanaal ullaththilum oru vaasam
 Ammaa nee arul purinthaal agilamelaam alangkaaram
 Andraadum paadiduvom ashtalakshmi thirunaaman
 Andraadum paadiduvom ashtalakshmi thirunaaman**

**Sangu chakrathaari namaskaaram
 Sagala varam tharuvai namaskaram
 Pathma deepa dhevi namaskaaram
 Bhathar thamai kaappaai namaskaaram**

**THIRUKKURAL: No Enemy can bring any ruin to him
 Who has friends to rebuke him**



7 SANEE GRAHA DOSHA REMEDIAL POOSAI:
SATURN/ PLANET/ AFFLICTION / PRAYER TO REMEDY



NB.

You must follow the prayer below only after you have consulted with a **trained astrologist**, in order to identify your personal Graha / planet and your particular day of prayer. It is strictly recommended that the prayers be conducted for 18 weeks in the temple and must be conducted on Saturday as the particular recommended day.

Due to the various situations in our South African way of life, (if it is a matter of desperation the 9 days salt less fast will be acceptable together with the remedial poosai for Saneer). At the same time this remedial poosai must also be conducted at home for 48 days in the morning or evenings while also performing the remedial prayers at the temple.

Remember that this prayer is never to be repeated in your lifetime, trusting God. Furthermore it is not my intention to be in competition with our revered priests in South Africa,

but this research of the Navagraha and the remedial prayers have been researched in Malaysia and India.

18 WEEKS : SATURDAYS

Priest: Milk abishegam for lord Saneer and lord Shiva.

Prayer list: Blue bell flowers or any blue flowers

¼ kilogram of sesame seeds

Beetle leaves and areca nuts

1 ghee lamp

Garland of Vilva leaves for lord Shiva

Pay the prescribed fees to the Priest



PROCEDURE AT TEMPLE:

- ◇ Wash your hands, feet and face, circumbulate the temple then worship moola murthies and all the other deities.
- ◇ Offer the ghee lamp to lord Shiva and perform Archanai with the Vilva leaves and offer the garland of Vilva leaves to lord Shiva.
- ◇ Circumbulate the Navagrahas nine, eighteen, or twenty-seven times reciting the Saneer mantra three times and then the Saneer Gayathri three times.
- ◇ Perform an Archanai with the blue flowers for lord Saneer.



- ◇ Offer the ¼ kilogram of sesame seeds, fees, beetle leaf and areca nut, blue flower and fruit to the priest.
- ◇ Sit in front of lord Shiva and recite the relevant Gayathri Mantra.
- ◇ On the nineteenth week perform Abishegam for all the Grahas and lord Shiva, including providing the garments, food, offering, garlands and worship the Grahas and lord Shiva.
- ◇ Complete the havan and offer the priest Dakshina fees on a tray together with beetle leaf, areca nut, fruit, and blue flower.
- ◇ Pay the prescribed fees to the Priest and temple.



PROCEDURE AT HOME: 48 DAYS: LORD SHIVA:

- ◇ Install lord Saneer in your mind and pray to lord Shiva.
- ◇ Perform Sankalpam- reveal your problems to God.
- ◇ Offer incense lamp and camphor.
- ◇ Perform Archanai for lord Shiva using the blue flowers and reciting the Saneer Mantra nine times and the Saneer Gayathri Mantra twenty-seven- times, also sing thevarams.

After 48 days and after the havan, tie the ¼ kilogram of sesame seeds in a black cloth and keep it under

your pillow for three days. On the fourth day place it in the river.

- ◇ If the priest has performed the poosai the dakshina [fees] must be paid on a tray together with beetle leaf, areca nut, fruit & blue flower.
- ◇ Pay the prescribed fees to the Priest and Temple.

SANEE MANTRA

**OM Neelaanchana
Samaabhaasam
Ravi Puthram Yama Agrajam
Chaayaa Maartaanda Shambuutham
Tam Namaami Shanishacharaayan
OM Sham Shanaaishcharaaya Namaha.**



Meaning: I bow down to lord Saneer who is blue like a storm cloud, the son of the sun and brother of Yama who can cast his shadow even over the sun. OM I bow down to Saneeswaraya.

SANEE GAYATHRI

**OM Kaakath Vajaaya Vidmahe
Kadka Hasthaaya Dimahi
Thanno: Mantthap
Pranchodhayat
OM Sham Shanaaishcharaaya**



**Namaha
Mama Sarva Shaneesvara Graha Dosha
Nirtho Shosthu.**

MRTHYUNJAAYA (Tryyambaka) MANTRA

**OM Tryambakam Yajaa Mahe
Suganthim Bushti Varthanam
Urvaaruga Miva Bhandanaath.
Mrythor Muksheeya Maamruthaath
OM Hreem namashivaaya
Raksha Raksha Mrythunjayaaya Namaha.**

SANEE STOTRA IN TAMIL

**Munivaar Thevarodu Moorthigal Muthalingogal
Manithargal Sagala Vall (h) vu Magimaiyallathundo
Kanival Devism Neeeye Karthirseye Kaagam Aerum
Saneeyare Unai Thittipen Thamiyanorkarul Seivaaye**

Meaning: O! Son of Surya, you have an extended body and large eyes. You are a devotee who moves slowly. O Sanees who possess a clear mind please remove my problems.

SANEE SLOKA

**Jagatsoote Dhaarta Harir Avati Rudrah: Ksapayate
Tiraskurvannetat Svamapi Vapuree Sastirayati
Sadaa Poorvah: Sarvam Tatidam Anurhnaati Ca Siva:
Tavaajnyaam Alambya Ksana Calitayor:
Bhroolatikayoh: 11 Verse 24**

Meaning: Brahma brings forth the universe; Hari (Vishnu) sustains and protects it; Rudra destroys it; and Isa (Mahesvara) absorbs all these deities (including the universe involution) into himself and disappears into Sadasiva (the ultimate category). Then when it is time for a new cycle of creation to begin) Sadasiva, on receiving a mandate from Thee by a movement of Thy creeper-like brows, blesses (i.e manifests and restores) them into activity (as before in the previous cycle).



SONG FOR SANEE
PARASIVA VANNAKAM

- 1) ANBENUM PIDIYUL AGAPPADUM MALAIYA
ANBENUM KUDILPUGAM ARASA
NABENUM VALAIKKUL PADU PARAMPORULA
ANBENUM KARATHAMAR AMUDHA
ANBENUM KADATHTHUL ADANGIDIM KADALA
ANBENUM ANUVUL AMAINDHA PAROLIYA
ANBURUVAM PARA SIVAMA

- 2) ARUTPERUM SODHI AGAVAL
ARUTPERUM JODHI ARUPTPERUM JODHI
ARUTSIVA NERISAR ARUTPERU NILAVAZH

**ARUTSIVA PADHIYAM ARUTPERUM JODHI
AGAMA MUDIMAL ARANA MUDIMAL
AGANINRU ONGIYA ARUTPERUM JODHI**

**Thirukkural: No merit can be held so high, as theirs who
sense and self deny.**



8 RAAGHU GRAHA DOSHA REMEDIAL POOSAI:
HEAD OF AN ASURAN PLANET/ AFFLICTION/ PRAYER
TO REMEDY



NB.

You must follow the prayer below only after you have consulted with a **trained astrologist** in order to identify your particular Graha / planet and your particular day of prayer. It is strictly recommended that the prayers be conducted for 18 weeks in the temple and must be conducted on Saturday as the particular recommended day.

Due to the various situations in our South African way of life, (if it is a matter of desperation the 9 days salt less fast will be acceptable together with the remedial poosai for Raaghava). At the same time this remedial poosai must also be conducted at home for 48 days in the morning or evenings while also performing the remedial prayers at the temple.

Remember that this prayer is never to be repeated in your lifetime, trusting God. Furthermore it is not my intention to

be in competition with our revered priests in South Africa, but this research of the Navagraha and the remedial prayers have been researched in Malaysia and India.

18 WEEKS : SATURDAY

Priest: Milk abishegam for Raagu, Meenakshi or Mother Durga

**Prayer list: Mandarai flowers (Orchid and Jasmine)
¼ kilogram of unbroken peas
Beetle leaf and areca nut
1 ghee lamp**



Garland of limes or a jasmine garland for goddess Meenakshi.

Pay the prescribed fees to the Priest and Temple.

PROCEDURE AT THE TEMPLE:

- ◇ Wash your hands, feet and face, circumbulate the temple then worship moola murthies and all the other deities.
- ◇ Offer the ghee lamp to goddess Meenakshi or Mother Durga perform the Archanai with the Orchid flowers (garland).
- ◇ Circumbulate the Navagrahas nine,



eighteen or 27 times. Recite the Raagu mantra three times and the Raaghu gayathri three times.

- ◇ Perform an Archanai for lord Raaghu using the Orchid flowers.
- ◇ Offer the ¼ kilogram of unbroken black peas, the dakshina (fees) beetle leaf and areca nut, Orchid flower/fruit to the priest.
- ◇ Sit in front of the Goddess Meenakshi or mother Durga and recite the relevant gayathri mantra.
- ◇ On the nineteenth week, abishegam for Goddess Meenakshi and all the Grahas, offer the various garments, food offering and the garlands and worship.
- ◇ Complete the havan (Ye-Giam) and offer the priest fees on a tray with beetle leaf, areca nut, Orchid flower and fruit.
- ◇ Pay the prescribed fees to the Priest and Temple.

PROCEDURE AT HOME: 48 DAYS / GODDESS MEENAKSHIOR MOTHER DURGA

- ◇ Install lord Raagu in your mind and pray for Goddess Meenakshi or Mother Durga.
- ◇ Perform Sankalpam – reveal your problems to God
- ◇ Offer incense, lamp and camphor.
- ◇ Perform Archanai with the flowers, reciting the Raagu mantra nine times and the Raagu Gayathri Mantra twenty- seven times also recite the Durga Gayathri

twenty-seven times, sing one Thevaram and some hymns of Durga.

- ◇ After forty-eight days, after the havan, tie the ¼ kilogram of unbroken black peas in a blue cloth and keep under your pillow for three days. On the fourth day place in river.
- ◇ After the havan (Yegiam) and offer the priest Dakshina fees on a tray with beetle leaf, areca nut, Orchid flower and fruit.
- ◇ Pay the prescribed fees to the Priest and Temple.



RAAGHU MANTRA

**OM Arddra Kaayam Mahaa Veeryam
Chandra Aditya Vimardanam
Simhikaa Garbha Sambuutham**

**Tam Rahum Pranamaamya Ham
OM Ram Raagave Namaha**

Meaning: I bow to lord Raagu the great warrior, who divides the sun and moon in half, born from the womb of Simhikaa. OM I bow down to lord Raagu.



RAAGU GAYATHRI

**OM Brahma Putraaya Vidmahe
Shaimhi Keyaaya Dimahi
Thanno: Raagu Pranchodhayat.**

**OM Ram Raagave Namaha
Mama Sarva Raagu Graha Dosha
Nirtho Shosthu**

DURGA GAYATRI

**OM Kaathyaayanaaya Vidmahe
Kanyakumaari Dimahi
Thanno: Durgi Pranchodhayat.**

RAAGU STOTRA IN TAMIL

**Vaakuser Nedumaal Munnam Vaanavarkku Amuthamaai
Pogumak kalaai Yundrum Punarppinaal Sirame Attrup
Paagu Mol (h) iyaal Pagaan Parankaiyil Meendum Pettra
Raaguve Unnai Thuttipen ratchippaaye.**

Meaning: O! Raagu who has a big head, a large mouth, protruding teeth and an upward facing body and without a physical body. Please remove my problems.

RAAGU SLOKA

Virinncih: Panncatvam Vrajati Hariraapnothi Viratim 1
Vinaasam Kinaasa: Bhajatidhanodo Yaati Nidhanam 11
Vitandree Mahendree Vitatirapi Sammeelita Drsa 1
Mahaa Samhaara Sminviharati Satitvapati Rasau 11

Meaning: Virinchi (Brahma) is reduced into elements: Hari (Vishnu) retires into passivity: Kinasa (Yama, God of death) Himself dies: Kubera the God of wealth meets with his end; and Indra with all his followers closes his eyes in destruction. When such, Sati (Chaste Consort of Shiva), is the state of all beings at the time of total dissolution (Mahasamhara) of the universe, Thy husband Sadasiva alone is sporting.

SONG FOR RAAGU

AMMAA THAAYE KARUMAAREE

Amma thaaye karumaaree

Arul tharavendum magamaayee

Om gananaadhin thaaye neeye amma

Vel konda muruganin ammai ammaa

Sathiyum sivanum neeye ammaa

Indha ulagathai kaake nee varuvaai ammaa

Amma thaaye

Veppa maram un vaasal ammaa

Maareeye nee yengal thaayammaa

Mannelam un thiruneer ammaa

Engal kanneerai thudaika nee varuvaai ammaa

Amma thaaye

Ayiram kan konda thaayammaa

Agilaththai aalvandhu thaaye ammaa

Uyir vaazha ulagaththil thaaye amma

Engal manadhaara vanangugindrom thaaye ammaa

Thirukkural: To con ascetic glory here is to count the dead upon the sphere.



9 KETU GRAHA DOSHA REMEDIAL POOSAI:
HEAD OF A SNAKE/PLANET/ AFFLICTION/PRAYERS TO



REMEDY

NB.

You must follow the prayer below only after you have consulted with a **trained astrologist**, in order to identify your personal Graha / planet and your particular day of prayer. It is strictly recommended that the prayers be conducted for 18 weeks in the temple and must be conducted on Tuesday as the particular recommended day.

Due to the various situations in our South African way of life, (if it is a matter of desperation the 9 days salt less fast will be acceptable together with the remedial poosai for Ketu).

At the same time this remedial poosai must also be conducted at home for 48 days in the morning or evenings while also performing the remedial prayers at the temple.

Remember that this prayer is never to be repeated in your lifetime, trusting God. Furthermore it is not my intention to

be in competition with our revered priests in South Africa, but this research of the Navagraha and the remedial prayers have been researched in Malaysia and India.

18 WEEKS : TUESDAYS

Priest: Milk Abishegam for lord Ketu and lord Vinaayaga.

Prayer list: Red lily flowers

¼ kilogram of horse gram

Beetle leaves and areca nuts

1 ghee lamp

A garland of Arumugam grass for

Lord Vinaayaga or a garland of Vilva leaves for Shiva.

Pay the prescribed fees to the Priest and Temple.



PROCEDURE AT TEMPLE:

- ◇ Wash your hands, feet and face, circumbulate the temple then worship moola murthies and all the other deities.
- ◇ Offer ghee lamp to lord Vinaayaga and perform Archanai with the flowers also offer the garland of Arugam grass.
- ◇ Circumbulate the Navagrahas nine, eighteen or 27 times reciting the Ketu mantra three times and the ketu gayathri mantra three times.



- ◇ Perform Archanai for lord Ketu with red flowers.
- ◇ Offer the ¼ kilogram of horse gram, fees, beetle leaves and nuts, flowers and fruit to the priest.
- ◇ Sit in front of lord Vinayaga and recite his Gayathri Mantra.
- ◇ On the nineteenth week perform Abishegam for all the Grahas and lord Vinaayagar, including all the garments, food offerings and red garlands and worship.
- ◇ After the havan (Ye-Giam) and offer the priest dakshina fees on a tray with beetle leaf, areca nut, Orchid flower and fruit.
- ◇ Pay the prescribed fees to the Priest and Temple.

PROCEDURE AT HOME: 48 DAYS: LORD VINAAYAGA:

- ◇ Install lord Ketu in your mind and worship lord Vinaayaga (the Athidevathi of Ketu).
- ◇ Neivethiam; beetle leaf and nut and fruit or boiled milk.
- ◇ Perform Archanai with flowers, reciting the Ketu Mantra nine times, the Ketu Gayatri twenty-seven times and the Vinaayaga Gayathri twenty-seven times.
- ◇ Also sing Theveram and hymns related to Vinaayagar.



- ◇ On the forty-eighth day after the Havan, tie the $\frac{1}{4}$ kilogram of horse gram with a multi coloured cloth and keep it under your pillow for three days. On the fourth day place in the river.
- ◇ After the havan (Yegiam) and offer the priest dakshina fees on a tray with beetle leaf, areca nut, Orchid flower and fruit.
- ◇ Pay the prescribed fees to the Priest and Temple.



KETU MANTRA

**OM Palaasha Pushpa Sankaasham
Thaarakaa Graha Mastakam
Raudram Raudraatmaham Ghoram
Tam Ketu Pranamaamya Ham
OM Kam Kethave Namaha.**

Meaning: I bow to Ketu, who is red like a hibiscus flower, who makes star-eyed constellation to set, terrible and awesome to behold. OM I bow to ketu.

KETU GAYATRI

OM Jaimini Kethraaya Vidmahe

**Thumra Varnaaya Dimahi
Thanno: Ketu Pranchodhayat**

**OM Kam Kethave Namaha
Mama Sarva Ketu Graha Dosha
Nirtho Shosthu.**



VINAAYAGA GAYATRI

**OM tat Purushaaya Vidmahe
Vakra Thundaaya Dimahi
Thanno: Thanthi Pranchodhaya.**

KETU STOTRA IN TAMIL

**Maathuser Nedumal Munaal maagiri Valame Pontu
Kothugal Yaavum Theerkkurvarul Patham Pottri
Theethugal Yaavum Theerkkum Shivankaiyil Sirame
Pettra
Ketuve Unnai Thutthippen Keertthiyai
Ratchippaaye.**

KETU SLOKA

**Tvadanyah: Paanibhyaam Abhayavardo
Daivatagana:
Tvamekaa Naivaasi Prakatita Varaabhitya Bhinaya 1
Bhyaat Traatum Daatum Phalamapi Ca Vaannchaa
Samadhikam
Saranye Lokanaam Tava HI Caranaaveva Nipunau 11
Verse 4**

Meaning: All deities other than Thee bestow boons and give shelter from fear by the pose of their hands. Thou alone art not given to such external demonstration of giving boons and shelter. For, O Refuge of all, Thy very feet (without any demonstration) are themselves inherently capable of sheltering devotees from great fear of Samahara and of giving them much more than what they pray for.



SONG FOR KETU
INBA VINAAYAGANE

Inba Vinaayagane
Yezhil malar paatham paninthenne
Inba Vinaayagane
Anbavar solaiyil amarnthidum arase
Aathaaram neeye aandarul vaaye
Inba Vinaayagane
Idhaiye malar thanin ninaythidom kaniye
Yendrum ullaavum anbe iniye
Nithamum un arul pugazh ninainthida vendum
Nenjum vanjum neenggida vendum
Inba Vinaayagane



Thirukkural: No lusture can with theirs compare, who know the right and virtue wear.



**10. NAAGA DOSHA REMEDIAL POOSAI:
SNAKE/AFFLICTION/PRAYERS TO REMEDY**



NB.

You must follow the prayer below only after you have consulted with a **trained astrologist**, in order to identify your personal Graha / planet and your particular day of prayer. It is strictly recommended that the prayers be conducted for 18 weeks in the temple and must be conducted on 18 Tuesdays for lord Ketu and 18 Saturdays for Lord Raaghu as the particular recommended days.

Due to the various situations in our South African way of life, (if it is a matter of desperation the 9 days salt less fast will be acceptable together with the remedial poosai for Naaga Dosh) – i.e Raaghu Dosh and Ketu Dosh.

At the same time this remedial poosai must also be conducted at home for 48 days in the morning or evenings while also performing the remedial prayers at the temple.

Remember that this prayer is never to be repeated in your lifetime, trusting God Furthermore it is not my intention to be in competition with our revered priests in South Africa, but this research of the Navagraha and the remedial prayers have been researched in Malaysia and India.

PROCEDURE AT TEMPLE:

- ◇ Here both Raagu dosha and Ketu dosha are included. The remedial poosai must be conducted for both Raagu and Ketu. [Please refer to the relevant section].
- ◇ Whilst these poosais are being performed, visit a temple with a snake hill on Fridays and perform a milk abishegam.
- ◇ On the nineteenth week, abishegam for Raaghu and Ketu and lord Vinaayaga and mother Durga. Also offerings of garments, food and placement of garlands (as per the requirements for Raaghu & Ketu).
- ◇ When you have completed all of the above, then a single havan can be done.
- ◇ As regarding to the fees for the priest & the temple refer to this section for Raaghu & Ketu.



PROCEDURE AT HOME: 48 DAYS:

Prayer list: 1 kilogram of unbroken black peas,
 1 kilogram of horse gram,
 Abishegam podi,
 Milk, curd
 Sandal Powder and rose water
 Red cloth and multi coloured cloth.

- ◇ Acquire a granite statue of two snakes intertwining each other and place on a tray facing south.
- ◇ Begin the poosai on a Saturday and Tuesday.
- ◇ Place the black peas and horse gram on the tray.
- ◇ Do Abishegam for the statue with five materials [abisegham podi, milk, curd, sandal powder and rose water].
- ◇ Dress the statue with both the red and the multi coloured cloths.
- ◇ Place a sandal and kungum pottu.
- ◇ Place the statue in the centre of the tray with mixture of flowers.
- ◇ Place an oil lamp in front of tray [light the lamp]
- ◇ Offer incense, lamp and camphor.
- ◇ Use a mixture of the flowers to perform the Archanai whilst reciting the Raagu Mantras nine times, the Raagu Gayatri Mantras 27 times and the Ketu Gayatri Mantras twenty-seven times.
- ◇ Neivethium; beetle leaf & areca nut and fruit or boiled milk.
- ◇ After forty-eight days (after the havan) take a portion of black peas and a portion of kollu and wrap in a cloth, place under pillow for three days.
- ◇ On the fourth day place in running water, also dispose of the statue in the sea/river.

- ◇ Offer some form of clothing to nine Sumanggalis and obtain their blessings.
- ◇ After the havan (Yegiam) and offer the priest dakshina fees on a tray with beetle leaf, areca nut, Orchid flower and fruit.
- ◇ Pay the prescribed fees to the Temple



11. REMEDIAL POOSAI FOR SARPA DOSHA



NB.

You must follow the prayer below only after you have consulted with a **trained astrologist**, in order to identify your personal Graha / planet and your particular day of prayer. It is strictly recommended that the prayers be conducted for 18 weeks in the temple and must be conducted on 18 Tuesdays for lord Ketu and 18 Saturdays for Lord Raaghava as the particular recommended days.

Due to the various situations in our South African way of life, (if it is a matter of desperation the 9 days salt less fast will be acceptable together with the remedial poosai for Saarpa Dosh)- i.e Raaghava Dosh and Ketu Dosh. At the same time this remedial poosai must also be conducted at home for 48 days in the morning or evenings while also performing the remedial prayers at the temple.

Remember that this prayer is never to be repeated in your lifetime, trusting God. Furthermore it is not my intention to be in competition with our revered priests in South Africa, but this research of the Navagraha and the remedial prayers have been researched in Malaysia and India.



**Includes both Raagu Dosha and Ketu Dosha:
PROCEDURE AT TEMPLE:**

- ◇ Tuesdays for Ketu and Saturdays for Raagu
- ◇ Follow the Raaghu and Ketu Remedial Poosai
- ◇ After the eighteenth week, perform abishegam for Lord Raagu and Ketu and lord Vinaayaga and Mother Durga with garments, food offerings, garlands, and priest fees.
- ◇ Pay the prescribed fees to the Temple



PROCEDURE AT HOME: 48 DAYS / LORD VISHNU

- ◇ Purchase a yantra of lord Vishnu's feet.
- ◇ If there is no Vishnu temple, take the Yantra to an Ambal or Durga temple, place it at the feet of the deity and perform abishegam for the deity.

- ◇ Perform Sahasranaama Archanai (1008 Namahas) performed for the deity.
- ◇ The Yantra must be placed in your prayer room.
- ◇ Worship the feet of Vishnu (Yantra) for forty-eight days.
- ◇ Offer incense, lamp and camphor.
- ◇ Nievathiam; beetle leaves and nuts and fruit.
- ◇ Perform Archanai with Thulsi leaves whilst reciting Raagu and Ketu mantras three times and the Raagu and Ketu Gayathri Mantra nine times, also recite “Kanagarusiraa” sloka eighteen times below: After the forty-eight days perform Archanai for lord Vishnu and offer Tulsi garland, garments and food offerings and priest fees, including temple fees.
- ◇ Present new clothes to a couple and feed the poor in your home.
- ◇ Forever worship the feet of lord Vishnu with Tulsi leaves, reciting the Mantra below :



KANAGARUSIRAA MANTRA

Sri Ranganaatha Dhivyamani

Paathukaapyaam Namaha:

Kanagarusiraa Kaavyaakyaathaa Sanaiccharano

Sithaa

Ichirithakurubuthaa Baashvathrooba Dvijaathipa

Sevithaa

Vithithavibavaa Nithyam Vishno: Pathe

Manipaathuke

Thvamsi Mathathee Vichveshaam no:

Subaakrahamandalee



12. REMEDIAL POOSAI FOR KALATHIRA DOSHA:



NB.

You must follow the prayer below only after you have consulted with a **trained astrologist**, in order to identify your personal Graha / planet and your particular day of prayer. It is strictly recommended that the prayers be conducted for 18 weeks in the temple and must be conducted on 18 Fridays for lord Sukkiran and 18 Wednesdays for Lord Guru and 18 Saturdays for Lord Surya as the particular recommended days.

Due to the various situations in our South African way of life, (if it is a matter of desperation the 9 days salt less fast will be acceptable together with the remedial poosai for Kaalithira Dosha) – i.e Lord Guru and Lord Sukkiran.

At the same time this remedial poosai must also be conducted at home for 48 days in the morning or evenings while also performing the remedial prayers at the temple.

Remember that this prayer is never to be repeated in your lifetime trusting God. Furthermore it is not my intention to be in competition with our revered priests in South Africa, but this research of the Navagraha and the remedial prayers have been researched in Malaysia and India.

Kalathira Doshā occurs when Lord Sukkiran occupies the seventh house in the birth chart or when lord Guru occupies the seventh house or when lord Surya transits the first house and gazes at the seventh house or when lord Surya occupies the seventh house.

- ◇ First check the cause of the Kalathira Doshā; it may be a prayer for lord Sukkiran, lord Guru or lord Surya. (Refer) – follow the procedures & prayers for the respected planets.
- ◇ In addition thereto, it is also good to perform a poosai for the eighteen armed manifestations of mother Durga Lakshmi.
- ◇ Place an OM sign on glass daily. Place sandalwood and kungum, where the Om sign begins and proceed through the drawing for the forty-eight days.
- ◇ Perform Sankalpam; reveal your problems to god.
- ◇ Offer incense, lamp and camphor.
- ◇ Neivathiam; beetle leaves and nuts and fruit and fees to the priest Offer the prescribed fees to the Temple.



◇ Recite the two mantras given below:

DURGA LAKSHMI MANTRA

**OM Aim Hreem
Kleem Dhum Durgaa
Lakshmi Deveem Saranam
Aham Prabathye**

MANGALYA BHAKIYA MANTRA

**(Mantra to strengthen marriage)
OM Mangale Maangalye
Mangalaathaare Mangalapathe
Mangalaartham Mangalesi
Mama Maanggalyam.**

PROCEDURE AT HOME 48 DAYS :

- Perform a poosai for mother Durga Lakshmi
- Offer Vadai and Payasam as Neveithiam.
- Offer Sarees, turmeric pieces of Kungum to poor married women (Sumangalis).
- Continue to recite the two mantras (above) daily.
- The Priest & Temple are to be re-munerated.

**Thirukkural : The small the parts of ease pursue The great
achieve things rare do**



13. REMEDIAL POOSAI FOR BAALARISTA DOSHA



NB.

You must follow the prayer below only after you have consulted with a trained astrologist, in order to identify your personal Graha / planet and your particular day of prayer. It is strictly recommended that the prayers be conducted for 18 weeks in the temple and must be conducted for 48 days at home according to the Graha detected. Due to the various situations in our South African way of life, (if it is a matter of desperation the 9 days salt less fast will be acceptable together with the remedial poosai for the recommended Graha.

At the same time this remedial poosai must also be conducted at home for 48 days in the morning or evenings while also performing the remedial prayers at the temple.

Remember that this prayer is never to be repeated in your lifetime, trusting God. Furthermore it is not my intention to be in competition with our revered priests in South Africa,

but this research of the Navagraha and the remedial prayers have been researched in Malaysia and India.

Balarishta in [Hindu astrology](#) is one of the Arishtas.

These Arishtas are indicated by certain specific planetary situations or combinations or associations present at the time of one's birth or at the time of query or at a particular muhurta or happening as are revealed by the Natal Chart or the Query Chart or the Muhurta Chart. It is a Dosh.

PRAYER AT HOME AND TEMPLE

- Consult an astrologer to determine the cause.
- Determine the correct Graha and conduct the appropriate remedial poosai.
- Recite the Mah Mrythyunjaya Mantra daily.
- After the havan (Ye-Giam) and offer the priest dakshina fees on a tray with beetle leaf, areca nut, Orchid flower and fruit.
- Pay the Priest and the Temple fees as per their rules.



**THIRUKKURAL: Hook our firmness to
restrain: the sense 5, is heaven to
gain**

BALARISHTA
DOSHAM
in
VEDIC
ASTROLOGY



14. REMEDIAL POOSAI FOR SEVVAAI DOSHA:



NB.

You must follow the prayer below only after you have consulted with a **trained astrologist**, in order to identify your personal Graha / planet and your particular day of prayer. It is strictly recommended that the prayers be conducted for 18 weeks in the temple and must be conducted for 48 days at home according to the Sevvaai Dosha detected. Due to the various situations in our South African way of life, (if it is a matter of desperation the 9 days salt less fast will be acceptable together with the remedial poosai for the recommended for the Sevvaai Dosha.

At the same time this remedial poosai must also be conducted at home for 48 days in the morning or evenings while also performing the remedial prayers at the temple.

Remember that this prayer is never to be repeated in your lifetime, trusting God. Furthermore it is not my intention to be in competition with our revered priests in South Africa, but this research of the Navagraha and the remedial prayers have been researched in Malaysia and India.

PRAYER AT HOME AND TEMPLE

- ◇ Lord Sevvaai is the sole cause of this Dosha.
- ◇ Conduct the remedial poosai for Sevvaai Graha at home and temple. (Refer)
- ◇ The Athidevathai is lord Muruga.
- ◇ Daily recite the Skanda Sasti Kavasam or the Shammuga Kavasam both at home and temple.
- ◇ It is also good to perform the Sahasranaama (1008 Namahas Archanai for lord Muruga).
- ◇ Those who are experiencing difficulty in getting married must sing the Thevaram; “Sandaiyaa Ennvmaal.”(Refer)
- ◇ After the havan (Ye-Giam) and offer the priest dakshina fees on a tray with beetle leaf, areca nut, Orchid flower and fruit.
- ◇ Pay the Priest and the Temple fees as per their rules.

THIRUKKURAL: To endure pain and to pain not others even once is the sign of good penance



THE KOLARU PATHIKAM
BY
THIRUNYAANA SAMBANTHAR

The Kolaru Pathikum sung by Thirugana Sambandhar has 11 Stanza's. Saiva Pulavar, Vidwan K. Chellapa Gounder who published the Thevaram Book Panniru Thirumurai Thirattu included the 1st and last stanza's .Devotees, you can recite these two stanzas's and as you become familiar, then the other hymns can be practiced. We have included the transliteration & translation of only the two stanzas.

1. **Veyuru Tholi Pangan Vidam Unda Kandan**
Miga Nalla Veenai Thadavi
Maasaru Thingal Gangai Mudimel Aninthu Enn
Ulame Punguntha Athanaal
Gnaayiru Thingal Sevvaai Buthan Vyaalan Velli
Sani Paambirandum Udane
Aasaru Nalla Nalla Avai Nalla Nalla
Adiyaar Avarcku Migave

Meaning: The Lord Shiva has entered and seated Himself in my heart permanently with the Bamboo-like shouldered Umadevi on one side of His form; with a black dotted neck on account of having swallowed poison; and as a player of a good musical instrument, Veena beautifying Himself with the crescent moon and the Ganga on his braided hair. The nine planets – the Sun, Moon, Mars, Mercury, Jupiter,

Venus, & Saturn and the two snakes would therefore be good to me and good forever. To the devotees who follow me, they are good forever; good forever.

2 Thenamar Pol(h)il Kol Aalai Vilai Sennel Thunni

Vallar Semponn Enggum Nigal (h) a

Nanmugan Adhiyaya Biramapurathu

Marai Nyaana Nyaana Munivan

Thaanuru Kohlum Naalum Adiyaari Vandhu

Naliyaatha Vanaam Urai sei

Anasol Malaai yodhum Adiyaargal Vaanil

Arasaalvar Anai Namatha



The devotees who sing this decade of versus composed by Thirugnanasambandar, the Brahmin with Verdic knowledge dwelling in Srikazhi, with the intent that the natural evil days and planets shall not harass all Saivaite devotees including himself just like others harassed, shall ascend to rule Heavens. This is our high command.

Sirkazhi, encircled with honeyed gardens, sugar cane mills and abundant paddy fields, abounds

every day with golden wealth. Further it was the temple where Brahma worshipped and was the cause for his being blessed with the powers of creation.

PATHIKAM FOR TIMELY MARRIAGES

BY

THIRUNGYAANA SAMBANTHAR

This Pathikam must be sung in its totality with sincerity. This will help you overcome all obstacles towards marriage. This is an excellent Pathikam especially for women.

Devotees, you can recite these three (which is stanza 1, 2 & 11 stanzas's and as you become familiar with these verses then you can attempt to learn the complete Pathikam.

THIRUMARUGAL

THIRUMURAI – 2

PANN – INDHALAM

- 1. Saidaiyaa Yenumaal Saranee Yenumaal
Vidaiyaa Yenumaal Veruvaa Vil) h)
umaal
Madaiyaar Kuvilai Malarum Margal
Udaiyaa Thagumo Ivalul Melive**



Translation: Oh! The Lord of the shrine at Thiru-Marugal

with the blue lotus blossoming eyes in the field canals! This young girl has adhered herself with you and out of intense love she addresses you as one with braided hair; as the only refuge to her: and as one riding on a bull. As she finds no mate, she sinks in fear will it be proper if her mind suffers acutely?

**2 Sindhay Enumal Sivana Enumal
Mundhay Enumal Mudhalva Enumal
Kondhar Kuvilai Kulavam Marugal
Endhay Thagumo Ival Asavara**

Trans: Oh! My father in Thiru-Marugal with blue lotus grown in bunches. She addresses you Oh! The dweller in my mind, the embodiment of all good; the pre-existent of all souls; the Lord of all beings". Will it be proper if her mind sinks with grief.

THIRUKKURAL: Self control will place one among Gods.



ECLIPSE OF THE SUN AND MOON



When an eclipse of the Sun and Moon is taking place in its best to cease all normal activities. You should sit either in your pooja room or any other place and recite the *namahas* of the lord. No poojas should be performed during this period. You must not eat any food either. Immediately after the eclipse has ended you should take a bath. However, if the eclipse occurs during your birth *nakshatra*, you should also recite one of the following mantras:

MANTRA DURING ECLIPSE OF THE SUN

*Inthro Nalo Yamo Ruksho Varuno
Vaayurevacha
Kubera Eesok Nanthu Inthuparaakotta
Vythaam Mama*



MANTRA DURING ECLIPSE OF THE MOON

*Inthro Nalo Yamo Ruksho Varuno
Vaayurevacha
Kubera Eesok Nanthu Arkkoparaakottha
Vythaam Mama*



**MANTRA TO REMOVE OBSTACLES AND OTHER
DIFFICULTIES**

*OM Hoom Namō Heramba Mathamothitha
Mama Sarva Sangastam Nivaaya Svahaa*

MANTRA TO CURE ILLNESS AND REMOVE DANGERS

*OM Mrythyunjaaya Rudraaya
Neelakandaaya Shambave
Amirthesaaya Sarvaaya
Mahaa Devaaya Namaha
Haam Mrythunjjesvaraaya Maan Rakshanthu*

MANTRA TO CURE ILLNESS

OM Hreem Jhum Dhum Durugaayai Namaha



NAVAGRAHA POEM

After the Navagraha prayer
done with the sincerity and love

and

abided by all the requirements:

then

Oh Lord, have mercy on the souls.

Elevate them to a higher plane in the astral world,

and

elevate them to a higher plane in the causal world,

and

elevate them to the highest plane in the causal world,

and

again elevate them to the planes of light of various colours

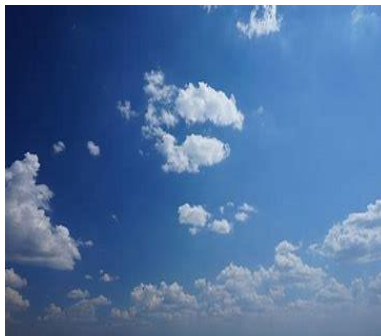
and

again elevate them to the highest plane of light which is your
lotus feet

and

make these souls soluble into your unseen, beginless and
most infinite form,

and We thank you! Oh Lord.



67 MANNIPPU VANDAL

KALAP PIZHAIYUM, KARUDHUP PIZHAIYUM

KASINDHURUGI

NILLAP PIZHAIYUM, NINAIYAP PIZHAIYUM

NIN AINDHEZHUTHAI

SOLLAP PIZHAIYUM, THUDHIYAP PIZHAIYUM

THOZAP PIZHAIYUM

YELLAP PIZHAIYUM PORUTHU ARULVAI KACHI

—

YAGAMANA

Trans : Oh! The Lord presiding at Thiru – Ekambam in Kancheepuram. Bestow grace on me forgiving my folly of not learning the good sacred books; the folly of non-contemplating on the contents of those works, the folly of the mind not fusing with such contemplation, the folly of not uttering the sacred Five letters, the folly of non-meditation on you in my mind, the folly of not praising you with my mouth, the folly of not worshipping you with my hands and all other follies.



68 VAAZHTHU

VAAZHGA! ANDHANAR VANAVAR
ANINAM;
VEEZHGA! THANPUNAL; VANDHANUM
ONGUGA!
AZHGA! THEEYADHELLAM; ARAN
NAMAMA
SOOZHGA! VAIYAGAMUM THUYAR
THEERGAVA.



Trans: Long live the Brahmins and Devas (who worship for the good of the world) and flocks of cows (which yield milk and other things for the worship). (By such worships) Let the cool rain shower without failure. Let the King (who rules the world ethically) be great. Let the wicked ways which destroy the ethical course be drowned. Let the sacred name of Siva be spread out all over the world. Let the good, on that account, be spread over cleaning away misery.



THE SOUTH AFRICAN NATIONAL ANTHEM

**Nkosi sikelel' Afrika
Maluphakanyisw' uphondo lwayo,
Yizwa imithandazo yethu,
Nkosi sikelela, thina lusapho lwayo.**

**Morena boloka setjhaba sa heso,
O fedise dintwa le matshwenyeho,
O se boloke, O se boloke setjhaba sa heso,
Setjhaba sa South Afrika - South Afrika.**

**Uit die blou van onse hemel,
Uit die diepte van ons see,
Oor ons ewige gebergtes,
Waar die kranse antwoord gee,**

**Sounds the call to come together,
And united we shall stand,
Let us live and strive for freedom,
In South Africa our land.**



INTERNATIONAL MOVEMENT FOR TAMIL CULTURE
(SA)
RE: RECOMMENDED MINIMUM PAYMENT FOR
PRAYER
CONDUCTED BY A QUALIFIED PRIEST.



| | |
|------------------------------------|---------|
| Obayam for functions in the Temple | R 200 |
| Temple Wedding | R 2 000 |
| Kalyana Mandapam in a hall | R 3 000 |

| | |
|--|---------|
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ABOUT THE COMPILER



GENERAL SECRETARY OF THE IMTC
SHRI GURU DR P.K MAISTRY

1. Editor “Tecon Magazine of Dudley Technical College, Wolverhampton UK – 1975/76
2. Dental Representative at Kasturba Medical College – Manipal – India 1982.
3. BDS Degrees – Mysore University – India 1983 (Bachelor of Dental Surgery)
4. Representative Foreign Dental Graduates in SA 1984.
5. Registered with Health Professionals Council in 1986.
6. Head Dentistry: Gauteng (House of Delegates) 1984 /1985
7. Former Secretary of the Tamil Rehabilitation Organisation. (TRO) 1991
8. Former Chairperson : Sivan Gyana Sabay – Lenasia in 1992/1994
9. Former Vice President of the Tamil Federation of Gauteng. (TFG)
10. Current Chairperson of Meenakshi Temple since 1994.
11. Golden Shawl Awardee – Penang – Malaysia 2002 from the Meenakshi Temple
12. Chairperson of Meenakshi Trust Fund of South Africa since 1980.
13. Promoted Shows: Veeramani Show, U Strinivas Mandalin Show, Pithukuli Murugadas, and TM Sounderajen, IMTC International Shows in Chatsworth Stadium & Lenasia Stadium, Edward Reddy Show, Eastern Combo Show, Dukes Combo,

Bash Hoosein Show, Croftdene Prayer Group of Unit 5, Chatsworth. Ranjeni Orchestra Show to East London.

Indian Academy Shows in Gauteng.

14. Editor: Ranjeni Orchestra Magazine / South Indian Express / the Express / Tamil Ritualistic Weddings in South Africa & Sri-Lankan Priests. Diaspora Teacher Brochure 2014, and the South African Tamil Priests Brochure 2017.
15. CEO: Meena Foundation (for Cancer well-being) Current.
16. Compere Master of Ceremonies, Function Co-ordinator, Wedding Planner (Functions & Show Promoter) Current.
17. Secretary: International Movement for Tamil Culture (IMTC) SA and Global.
18. Researcher of Religious Matters.
19. Paper Presentation : International Conference on Tamil Education – Chennai, India – 25 Aug 2012
“An Overview of the History of the Tamil people, Sri-Lankan Tamil Issues, Tamil Educational aspects and the way forward”
20. Attended as a Delegate for International Movement for Tamil Culture in India, France & U.S.A, Germany, Malaysia, Singapore, Mauritius, Holland and Switzerland with Dr Mickey Chetty.
21. Editor : Exploitation by the Sri-Lankan priests
22. Re-Registered as a Dentist from 2009 with Health Professions Council of South Africa.



23. Appointed as a Guru {Tamil Literature Society of Tamil Nadu – India} – 2016.
24. Representative of the Tamil Federation of Gauteng /HCC.
25. Former Commissioner of the Pretoria Tamil League [PTL]
26. CEO: MSK Kumba Abishegam -2022
27. Editor : Book on Saivism 2023
28. Editor 2 Meena 2023 – Navagraha Worship in SA.
29. Appointment : South African Hindu Priests Examination officer (via SAHMS)



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