

Gladden Library Recommendations 2023

Prepared by:
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GLADDEN VILLAGE

BOOK RECOMMENDATIONS

- **Psycho Logical: Why Mental Health Goes Wrong - and How to Make Sense of It**, by Dean Burnett
- **The Midnight Library**, by Matt Haig
- **A Biography of Loneliness: The History of an Emotion**, by Fay Bound Alberti
- **The Subtle Art of Not Giving a F*ck**, by Mark Manson
- **The Unlikely Pilgrimage of Harold Fry**, by Rachel Joyce
- **Eleanor Oliphant is Completely Fine**, by Gail Honeyman
- **The Life of Pi**, by Yann Martel
- **Mrs. Robinson's Disgrace: The Private Diary of a Victorian Lady**, by Kate Summerscale
- **The Man I Think I Know**, by Mike Gayle
- **The School of Life: An Emotional Education**, by Alain de Botton
- **Little Women**, by Louisa May Alcott
- **A Christmas Carol**, by Charles Dickens

POEM RECOMMENDATIONS

- **"Hope" is the thing with feathers**, by Emily Dickinson
- **Invictus**, by William Ernest Henley
- **The Road Not Taken**, by Robert Frost
- **Song**, by Adrienne Rich
- **Everyone sang**, by Siegfried Sassoon
- **When is that Golden Moment?**, by Eileen Hession
- **Looking for happiness**, by Catherine Pulsifer
- **Mysteries, Yes**, by Mary Oliver
- **One Art**, by Elizabeth Bishop
- **Your life is your life**, by Charles Bukowski
- **All that is gold does not glitter**, by J. R. R. Tolkien
- **O me! O life!**, by Walt Whitman
- **Begin**, by Brendan Kennelly
- **All the way**, by Charles Bukowski
- **Daffodils**, by William Wordsworth
- **Vision**, by Jessie B. Rittenhouse
- **It's September**, by Edgar Albert
- **The Tyger**, by William Blake
- **I Had No Time to Hate**, by Emily Dickinson
- **Dreams**, by Langston Hughes
- **Splendour in the grass**, by William Wordsworth
- **Grant me**, by Edgar A. Guest
- **Come to the Edge**, by Christopher Logue
- **This Little Poem**, by Ian McMillan

*"In principle and reality,
libraries are life-enhancing
palaces of wonder."*

*Gail Honeyman,
Eleanor Oliphant Is
Completely Fine*