



# HEALINGBOWL®

SINGING BOWLS, SETS AND  
APPLICATION METHODS



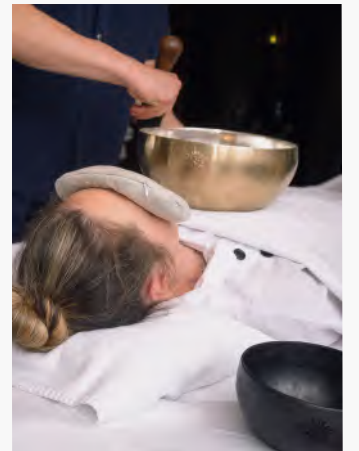
INNOVATIVE TECHNOLOGIES FOR  
BODY RESTORATION  
VIBRO-ACOUSTIC THERAPY



# Singing Bowls and Dr. Surikov's Method



Video link





HEALINGBOWL® — A MARK OF SUPERIOR QUALITY OF SINGING BOWLS AT THE INTERNATIONAL LEVEL



**Healingbowl® is a group of companies** (Malaysia, Russia, USA) and a trademark registered in Russia, Nepal, China, the EU, the USA, India and other countries around the world.

**Dr. Surikov, the founder and owner of the brand, is a highly experienced physician who developed the "Sound-Resonance Therapy" method** for maintaining and restoring health, which demonstrates exceptionally high efficacy.

**The method is based on the use of sound and vibration from singing bowls.** It has been patented in Russia, is used in clinics, and its effectiveness has been confirmed. Scientific work is underway to promote and popularize the method.

**The method** has been highly regarded at the international level since its first presentation in 2013. It continues to be refined and is gaining recognition and development among leading Russian physicians and scientists, representatives of major businesses, regional leaders, private collectors, and healthcare organizations.

We produce **special bowls and unique sets** of singing bowls for use with this method in Nepal under the Healingbowl® brand.

We are elevating a popular hobby to a highly professional level by using exquisite, prestigious instruments.

Healingbowl® works with the Royal Family of Nepal. The method is supported by an ever-growing body of scientific evidence confirming its effectiveness.





## DR. SURIKOV

THE FOUNDER AND OWNER OF THE BRAND, THE AUTHOR OF THE METHODS

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**Victor Petrovich Surikov.** Head of Scientific Work for the Healingbowl® group of companies and brand.

Higher medical education: **anesthesiologist-resuscitator** (Buryat State Medical Academy, Russia, 1998). Competent in laser medicine and reflexotherapy. Studied Eastern medicine techniques in Southeast Asian countries: China, Thailand, Nepal.

In 2011, Victor Petrovich gained a comprehensive understanding of traditional singing bowl techniques in Nepal. As a physician, having found no answers to his professional questions, he began his own research on this topic. For several years, he studied the works of Western scientists and consulted Russian physicists, biologists, musicians, medical doctors, and academicians. The result of his research and personal experience in both Western and Eastern medicine was the development of **proprietary methods**, which are presented in training course programs.

Since 2012, he has been training students from **different countries** in his methods.

He established the operation of a training center in Moscow and the **production of unique singing bowls and sets under the Healingbowl® brand** in Nepal.

He manages the activities of three companies in different countries.





## WHAT WE OFFER

### B2B AND B2C

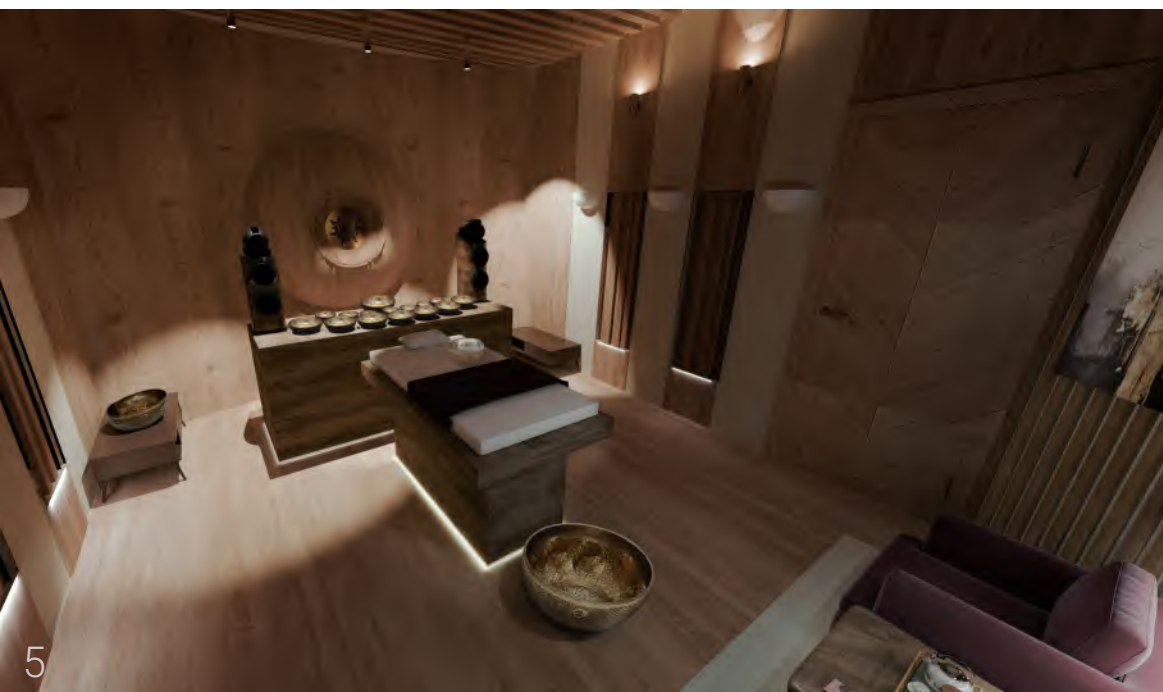


**B2B service. We fully ensure the integration of a new service into your menu.**

- High efficiency
- Maximum environmental friendliness
- Relative ease of use
- Safety, attractiveness and prestige.



- 1. An excellent set of tools**, with personalization options.
- 2. Assistance in creating a service menu** tailored specifically to your needs. We will select suitable algorithms for our methodology.
- 3. Training for your specialists.**
- 4. Methodological printed and video materials.**
- 5. Consulting support** to improve service quality.  
We treat our B2B client as a partner and provide support throughout the contract period, as well as offer updates.
- 6. Additional income from an original service** — singing bowls of various sizes for placement in rooms and sale through retail networks.
- 7. B2C** — we provide private individuals with a unique system for maintaining and restoring balance and health.



# SOUND-RESONANCE THERAPY WITH HEALINGBOWL<sup>®</sup> SINGING BOWLS



Dr. V. P. Surikov's methods have gained absolute **priority among specialists** (in physiotherapy, psychotherapy, and restorative medicine) as the only reliable and comprehensive systemic approach to working with singing bowls. Individuals also readily learn this clear system for home use.

Dr. Surikov's method synthesizes the achievements of **Western medicine, Russian medicine, Traditional Chinese Medicine (TCM), laser medicine, psychotherapy, and other fields**. Algorithms have been developed for applying sound and vibration from singing bowls to:

- prevent diseases;
- strengthen the immune system;
- rapidly restore the functional resources of the mind and body;
- significantly accelerate the treatment of many different diseases.

To monitor effectiveness during sessions, **methods of objective diagnostics** of the body's functional state can be used.

## Dr. Surikov's method is used by:

- specialists in restorative medicine (e.g., reconstructive surgeons);
- sports medicine specialists;
- neurologists;
- physiotherapists;
- manual therapists;
- psychotherapists;
- wellness specialists;
- individuals (for self-recovery).



**The method** is systemic and easy to master. Its results are always predictable and can be readily reproduced. Dr. Surikov's Sound-Resonance Therapy is learned and successfully applied by physicians, massage therapists, wellness specialists, yoga instructors, and psychologists. The specialists we train consistently deliver effective results.

**A single session** produces a noticeable positive effect: rapid restoration of energy and emotional balance, as well as reduced pain sensations. **Consequently, clients are willing to accept an offer to undergo a course of sessions.** A course of sessions provides a lasting effect over the long term.

Moreover, clients often wish to acquire a Healingbowl® for their home collection, which creates an additional revenue stream. We provide this opportunity.



### Flexibility and versatility of the method.

The wide range of our algorithms allows selecting those that are suitable for use in a **specific facility** (clinic, wellness hotel), taking into account its specifics and clients' needs. We assist in choosing algorithms for specialist training and in developing a service menu. The simplest and most effective options can be implemented **very quickly — as soon as one week after the start of training.**

All the method's capabilities can be introduced **gradually**. If we train your qualified physician, it will take a bit more time but will enable the delivery of more complex procedures — with the highest level of effectiveness.

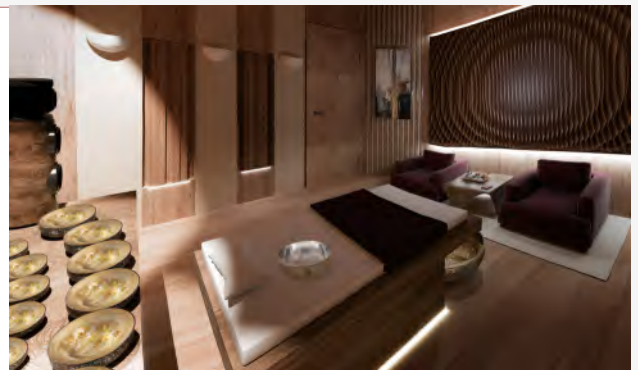


# ACOUSTIC ROOM HEALINGBOWL®



**A powerful innovative solution for restoring energy and health using singing bowls**

**The standard Healingbowl® configuration can be installed** in a dedicated space, which is our advanced engineering development. This is an exceptionally attractive and effective solution.



The room is equipped with **acoustic panels and elements made of natural wood** and other eco-friendly materials, manufactured according to the calculations of our **acoustic engineers**. The space delivers an unprecedented auditory experience created specifically by Healingbowl® singing bowls. **In addition to exceptional sound quality, the room offers a captivating visual experience.** The combination of crystal-clear acoustics with distinct spatial sound and subtle optical illusions creates a transformative atmosphere. This immersive environment facilitates a complete transition into a state of deep relaxation, transporting visitors to an entirely different reality.

## Capabilities of the complex:

- therapy;
- meditation;
- an unforgettable experience;
- self-recovery for staff;
- relaxation for VIP guests.



For the highest level of service, the **Healingbowl® Collectible Set of singing bowls** is ideal — featuring a special design created exclusively for you.



## STANDARD CONFIGURATION FOR SPAS AND CLINICS

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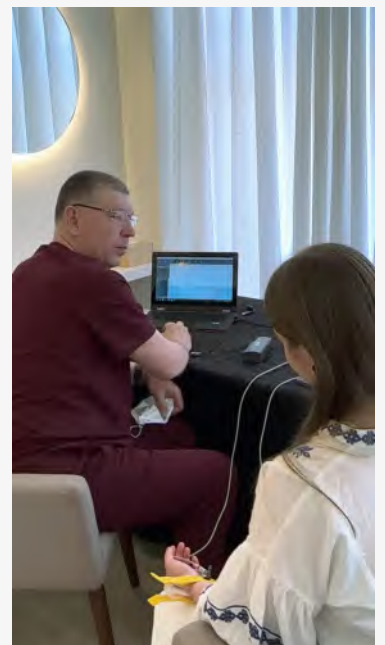


1. Healingbowl® 14-Singing-Bowls Set.
2. 2–3 low-frequency Healingbowl® singing bowls.
3. Healingbowl® «Giant» singing bowl, 35–50 Hz (45–70 cm).
4. High-frequency Tingsha instrument.
5. Custom design development for instrument personalization (singing bowls).
6. Assistance in creating a service menu.

7. Methodological materials and recommendations for combining with massage and cosmetic procedures.
8. Video courses on working with singing bowls and sets to help train the team more quickly.
9. Training for general practitioners to conduct basic sessions.
10. Training for specialists with medical education to provide qualified health-related services.
11. Recommendations on the use of objective diagnostic methods (if necessary).
12. Online or offline support for implementing new services.

**According to objective diagnostics before and after the sessions**, there are noticeable improvements in all age groups:

- functional state of the body
- indicators of autonomic regulation and functional reserves of the body
- indicators of neurohumoral regulation and compensation level
- psycho-emotional state and activity
- adaptive capabilities of the body
- biological age decreases (this can be described as a body rejuvenation effect).



# HEALINGBOWL® SETS

## PROFESSIONAL LINE



Available in **several design** options — premium configuration.

**Personalized designs** are also available: we can place your brand graphics on our singing bowls.



**The Healingbowl® 14-Singing-Bowls Set** — comprising 7 large and 7 small bowls — delivers an unprecedentedly harmonious sound across a frequency range that aligns with normal human physiology.

Using Dr. Surikov's algorithms, a practitioner can quickly guide a listener into a state of deep relaxation and then gently bring them back to a state of healthy alertness. This produces a profound effect of complete restoration of energy and balance, activating the body's self-healing mechanisms.

**It is essential** to use Healingbowl® singing bowls specifically. These sets are designed and crafted expressly for professional use, with the highest level of responsibility. The low-frequency vibrational singing bowls for massage are also unique and specially developed.

# HEALINGBOWL® SETS

## PROFESSIONAL LINE



### Healingbowl® Professional Himalayan Pearl®



**Royal-level craftsmanship.** Superior quality in the production of singing bowls.

**The appearance of Himalayan Pearl®** bowls is captivating. The design combines shades of several types of pearl: white, black, and brown. This is the most challenging finish to produce, which is why the quality of singing bowls selected for the Healingbowl® line is the highest possible. The bowls are large and possess a distinct individual character.

The density, uniformity, and volumetric quality of the sound, the richness of overtones, as well as the perfect combination of tones in the set are mandatory hallmarks of Himalayan Pearl®.



# HEALINGBOWL® SETS

## PROFESSIONAL LINE



### Healingbowl® Chakra Energy®



The design is intended for those who appreciate seeing **images of chakras** and mantric vibration syllables on singing bowls. The images correspond to tonalities (in the Eastern tradition, within the system of the perfect fifth). The singing bowls are of premium quality. They are ideally suited **for professional work** requiring high responsibility. The harmonic alignment of the bowls in a set is always close to perfect.



During practice with the set, the body fully shifts into a mode of self-restoration and relaxation. The deep sound, rich in overtones, has a calming effect, relieves mental tension, and helps create a favourable energy-information environment in the space.



# HEALINGBOWL® SETS

## PROFESSIONAL LINE



### Healingbowl® Professional Black Pearl®



**The Black Pearl® bowl sets combine refined style with deep resonance.** Each piece has a uniform and exceptionally serene appearance.

The black, minimalist premium colour of these bowls and sets makes them a luxurious addition to business-grade spaces.

Black Pearl® sets are favoured by business professionals, managers, and those who appreciate the state of "calm strength".



The set is highly suitable for all types of practices. Professionals value it for its reliability in use — it consistently delivers a stable effect. The sound is calm and profound.



# HEALINGBOWL® SETS

## PROFESSIONAL LINE



### Healingbowl® Professional Surya®



**This is a professional set**, slightly lighter in weight compared to other Healingbowl® models. The design was developed specifically for those who appreciate the appearance of authentic Nepalese bowls. The surface is coated with a special organic lacquer, which makes the bowls less sensitive to environmental conditions and pleasant to the touch.

The set is well-suited for all types of practices in **small spaces**.



Yoga Nidra, sound therapy, psychotherapy, tea ceremonies, concerts, relaxation, spa treatments, and more — all are possible with this set.



# HEALINGBOWL® COLLECTIBLE SETS FOR DISCERNING CONNOISSEURS



- Healingbowl® Luxury Mustang®.
- Healingbowl® Luxury Old Tibet®.
- Gold and silver plating.
- Custom design.

Healingbowl® works with the royal family of Nepal.

The collectible set differs from the professional one just as a bespoke, handcrafted car differs from the finest mass-produced vehicle.

Each singing bowl in such a set is an individual — unique in its sound and vibration. **The perfect harmony between the bowls** turns the set into a single, cohesive, and powerful instrument.

**The intricate design** treatment elevates the set to the level of a work of art.

The depth, power, and richness of the sound, vibration, and therapeutic effect are **unmatched and truly inimitable.**

As a gift, the owner receives a consultation (training session).



# HEALINGBOWL® SINGING BOWLS

## PROFESSIONAL LINE



These bowls are created specifically for use in Dr. Surikov's contact method. The special application technique requires unique properties.

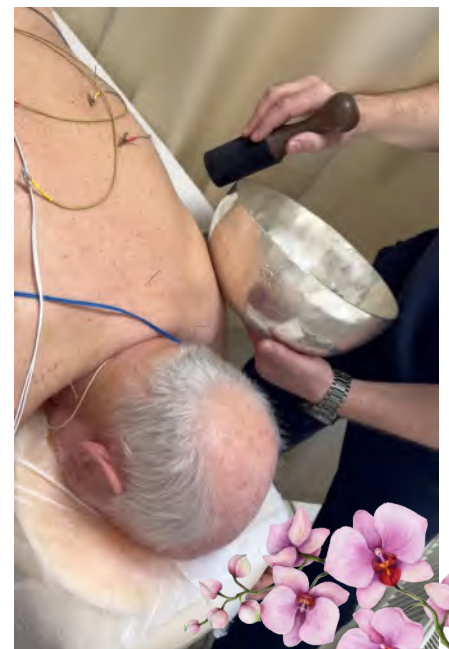
- Healingbowl® Professional Golden Pearl®
- Healingbowl® Professional Surya Pearl®
- Healingbowl® Professional Silver Pearl®

Such bowls are crafted exclusively by hand. A special alloy and forging technique ensure **excellent vibration and a deep, sustained sound** — essential for Dr. Surikov's Sound-Resonance Therapy.



The characteristic surface treatment and the application of a golden patina or a special «silver» coating provide excellent glide during massage and give the bowls a distinctive, one-of-a-kind appearance.

The bowls' unique vibrational properties, with a frequency of 75–100 Hz, allow physicians to use them in clinical settings. The reduction of muscle hypertonus and pain syndromes has been clinically demonstrated. Additionally, these bowls improve blood and lymph properties, produce a detox effect, promote facial rejuvenation, and deliver other positive outcomes.





# HEALINGBOWL® SINGING BOWLS

## GIANT EDITION



### Healingbowl® Professional Giant Bowl Everest®

The bowl with a diameter of 55–65 cm is an integral part of every session. It provides powerful vibration treatment of the body and prepares for the session. It is also ideal for **self-restoration**.



The quality is the highest in all respects. Excellent vibrational properties and a powerful harmonious sound. The vibration lasts for a long time and is transmitted to a **person standing inside the bowl**.

Such bowls are used to improve the functional state of the musculoskeletal system; they help eliminate stagnation, swelling and tension. It is claimed that the condition of blood vessels, muscles, leg joints and the spine improves. Psychologists say that psychological blocks are released.

**The powerful vibration** destroys all factors that hinder the harmonious development and normal functioning of all body systems.

In addition to excellent physical parameters, the impact of the luxurious appearance should not be underestimated.



# PERSONALIZATION CUSTOM DESIGN



## For practice and service provision

On professional bowls, we will engrave the Healingbowl® logo and incorporate elements of your brand using the appropriate method.

For a collectible set, we will agree on a special design in the chosen style.



## For distribution through your retail network and corporate gifting

We will produce a limited edition of singing bowls featuring your symbolism — in various sizes, including very small ones, packaged as gifts — for placement in rooms, for sale, and for special occasions.

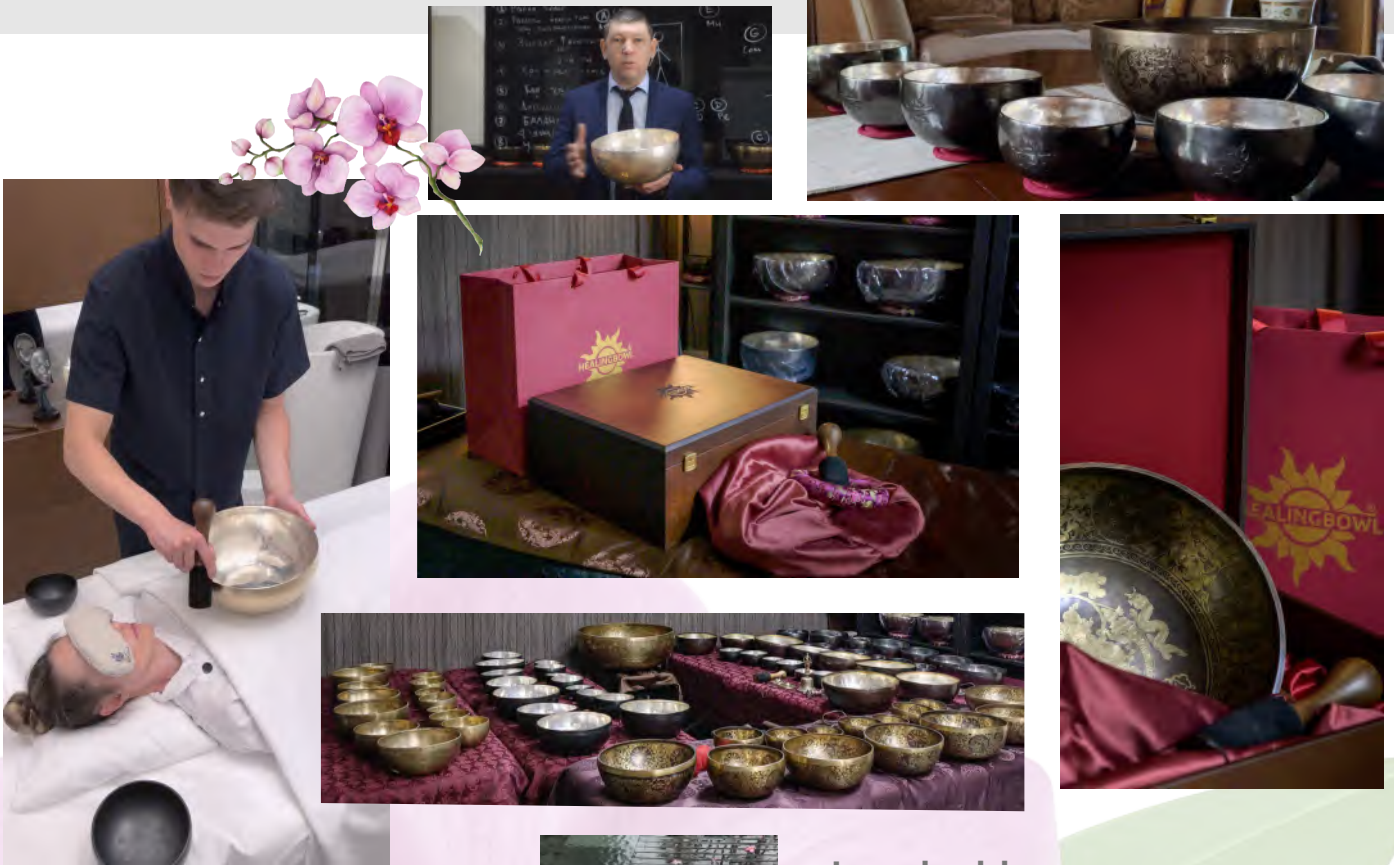
This is a stylish, useful gift that draws attention to your new service and generates additional sales revenue.

The configuration can be either luxurious or premium.



# CONTACTS

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